



Sheena Maharaj, M.S.
Associate Marriage Family Therapist, AMFT # 79147
Supervised By: Brandi Garner, M.S.
Licensed Marriage Family Therapist, LMFT, LIC # 49045
9008 Elk Grove Blvd, Ste. 11, Elk Grove, Ca 95624
Phone: (916) 573-0108, E-Mail: s.maharaj.vylc@gmail.com
Online: visualizeyourlifecounseling.com

Couples Intake

Welcome to Visualize Your Life Counseling Center. So that I may assist you better, please complete the following information.

Date: _____ How were you referred you to us? _____

(#1) Client name _____ Birthdate _____ Age _____

(#2) Client name _____ Birthdate _____ Age _____

Street Address _____ City _____ Zipcode _____

(#1) Home phone _____ Cell phone _____ Work phone _____

(#2) Home phone _____ Cell phone _____ Work phone _____

Single _____ Married _____ Separated _____ Divorced _____ Widowed _____ Other _____

Person to contact in case of emergency: _____ phone _____

Can we identify ourselves as counselors from VYLC Counseling? ___yes___no

Have you ever seen a therapist here? ___yes___no Therapist's Name _____

Have EACH individual fill out his/her own responses to the questions below:

What first attracted you to your spouse/partner? _____

What brought you together?

What are some of the strengths your spouse/partner brings to the relationship? _____

What are some of the strengths you bring to the relationship? _____

What are some of the strengths and things you like about your relationship? _____

What are the (3) most difficult issues or situations you struggle within your relationship right now?

1. _____

2. _____

3. _____
