

WESTMEAD FEELINGS PROGRAM

is now delivering Westmead Feelings Program:
Evidence-based clinical intervention program
designed specifically to build emotion regulation
skills and capacity in autistic children.

Dates: _____

Venue: _____

**Cost of
sessions*:** _____

**Cost of
materials:** _____

The Westmead Feelings Program: Evidence-based clinical intervention program for autistic children. The Westmead Feelings Program is designed specifically to build the emotional and social skills of autistic children.

This group-based intervention program helps autistic children to understand the feelings of themselves and others, and assists them to problem-solve and to regulate their feelings.

Using the Westmead Feelings Program, teachers, parents, clinicians and autistic children can work together to effectively communicate and work through emotions.

*NDIS individual funding may be used to pay for sessions. Please speak to your WFP facilitator about whether this applies to your child. Please speak to your Westmead Feelings Program facilitator about whether this applies to your child.

Speak to us today about enrolling your child in the Westmead Feelings Program

Ph: _____

Email: _____



**the children's
hospital** at Westmead
The Sydney children's
Hospitals Network



AZ PSYCHOLOGY
TO
"ENHANCING MINDS"



WESTMEAD FEELINGS PROGRAM

Developed by The Children's Hospital at Westmead, the Westmead Feelings Program was awarded the Advancement Award by Autism Spectrum Australia (Aspect) for innovation in improving the lives of people on the autism spectrum.



GROUP DELIVERY

Children learn transferable skills with their peers, to recognise and understand emotions in themselves and others.



COMMUNITY BASED

Parents, teachers, school staff and health professionals are upskilled as emotion coaches.



MENTAL HEALTH

Improves emotional competence and mental health in children, family members and teachers.



ACCREDITED FACILITATORS

The Westmead Feelings Program is offered by trained and certified health and education professionals.

For more information about the Westmead Feelings Program, funding, research or how to enrol your child into the program please speak to your health or educational professional or visit www.acer.org/wfp



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