

WESTMEAD FEELINGS PROGRAM

Help your students understand their feelings.



The Westmead Feelings Program is an evidence-based clinical intervention program designed specifically to build emotion regulation skills and capacity in autistic children. Developed by The Children's Hospital at Westmead, the program was awarded the Advancement Award by Autism Spectrum Australia (Aspect) for innovation in improving the lives of autistic people.



GROUP DELIVERY

Children learn transferable skills with their peers, to recognise and understand emotions in themselves and others.



COMMUNITY SUPPORT

Teachers, school staff, parents and health professionals are upskilled as emotion coaches.



MENTAL HEALTH

Improves emotional competence and mental health in children, teachers and family members.



ACCREDITED FACILITATORS

The program is offered by accredited education and health professionals.

For more information about the Westmead Feelings Program, funding, research or how to become accredited, visit www.acer.org/wfp



the children's hospital at Westmead
The Sydney children's Hospitals Network



WESTMEAD FEELINGS PROGRAM

a multi-faceted
approach to cater
to the learning
needs of autistic
children



Promoting positive change in your classroom

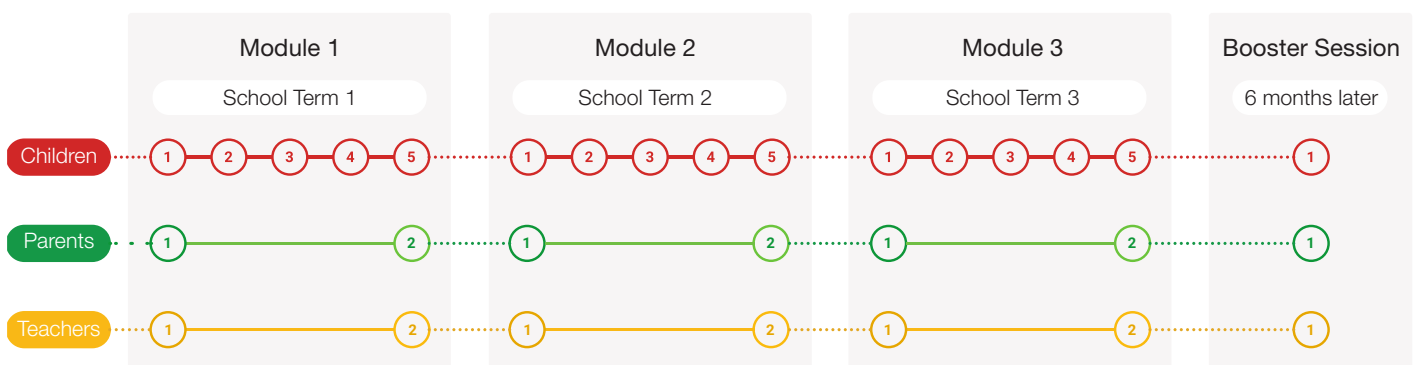
Positive behaviour supports are embedded into the program to enhance children's engagement in learning.

Sessions for educators, parents and carers foster the use of Westmead Feelings Program skills in school, home and community environments.

Evidence-based strategies such as video modelling, social scripts, live modelling and role-play are utilised to promote learning.

Teaching through the use of educational games, activities and interactive videos makes learning fun.

Sessions supporting children throughout the school year



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