

# Mineola Soccer Associaton

## Referee/Coach Quick Guide

Fall 2018

updated 9/14/2018

	U6	U8	U10	U12	U14	U16
Ball Size	3	3	4	4	5	5
Duration	4-10mQ	4-10mQ	2-25mH	2-30mH	2-35mH	2-40mH
Break	2mQ5mH		10mH	10mH	10mH	10mH
Players	4	4	7/5	9/6	11	11
Playtime	50%	50%	50%	50%	n/a	n/a
Keeper	No	No	Yes			
Offside	No		Yes-at build out line	Yes	Yes	Yes
Throw-In	yes.kick-ins, & dribble-in		Yes			
Score from K/O	No	No	Yes	Yes	Yes	Yes
Free Kick I/D	Indrect Only		Indirect/Direct			
Defenders distance from the ball	10 ft.	10 ft.	2 yds on free kicks 2 yds on throw in			
Send-off	No	No	Yes	Yes	Yes	Yes
Substituions	unlimited/any stopp	unlimited/any stopp	unlimited/any stopp	unlimited/any stopp	ball), Goal Kick, during injury, at half, when	
Keep Score	No	No	Yes	Yes	Yes	Yes
Grace Period	10 Minutes					
Crease at the goal	Yes	Yes	No			
Build Out Line	No	No	Yes	No		
Penalty kicks	No	No	Yes	Yes	Yes	Yes
Heading	No	No	No	Yes-discouraged	Yes	Yes

Concussion Initiative Per U.S. Soccer's Concussion Initiative, if a player is suspected to have a head injury the referee is instructed to stop play to allow for treatment/evaluation as needed If the player leaves the field of play for additional evaluation, a substitution can be made in that moment The player with the suspected head injury may not return to the game unless a Health Care Professional (HCP) or Certified Athletic Trainer (ATC) has cleared the player Any coach or parent insisting on returning the player to the game without approved clearance will result in the referee ending the game

Build Out Line The build out line promotes playing the ball out of the back in a less pressured setting When the goalkeeper has the ball in his or her hands during play from the opponent, the opposing team must move behind the build out line until the ball is put into play Once the opposing team is behind the build out line, the goalkeeper can pass, throw or roll the ball into play (punts and drop kicks are not allowed) After the ball is put into play by the goalkeeper, the opposing team can cross the build out line and play resumes as normal The opposing team must also move behind the build out line during a goal kick until the ball is put into play

If a GK drips kicks a ball or punts the ball, a indirect free kick is awarded to the opposing team, If the punt or drop kick occurs within the goal area, the indirect free kick should be taken on the goal area line parallel to the goal line at the nearest point to where the infringement



