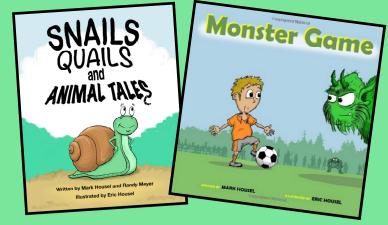
## Family Fun & Fitness Challenge 2023

**So how does it work?** Send us a picture of your family participating in something ACTIVE and FUN holding the logo below to info@houselfitness.com

The TOP 10 entries will receive your choice of one of our books. (\*your pictures will be posted on social media and/or our website\*)





**Active Education - For Kids - By Teachers**