

110 Fun Things To Do Without Electronics

Make a Sandcastle
Make up a game
Build a musical instrument
Play a song
Build a fort using sheets or towels
Build an obstacle course
Play with non-electronic toys
Draw with sidewalk chalk
Exercise outside
Play with bubbles
Go on a bug hunt
Make up a dance
Make a stuffed animal band
Fly a kite
Play with your pets
Go for a walk
Go for a bike ride (PLEASE WEAR A HELMET)
Play on a playground
Listen to music
Have a nerf dart war
Make a dance party
Play a board game
Play a card game
Draw a picture
Read a book
Make a book
Write a letter
Build a tower using plastic cups
Invent a new sport
Write a new song
Plant some seeds
Build a card house
Make a game that uses a ball, a towel, and a toy
Create a time capsule
Make smores
Make a collage with old magazines
Make an indoor obstacle course
Make a playground obstacle course

Play a card game
Learn about your favorite animal
Create a play
Draw a picture of your family
Make a comic book
Make slime
Learn a new instrument
Make a playground obstacle course
See how long it takes to run around your neighborhood
Make a paper airplane
Jump on a trampoline
Create a picture of you
Make colorful designs
Rearrange your room
Draw a map of your town
Make a village using your toys
Make a rainbow of things
Build a house of cards
Bake cookies (Parent help)
Make fruit salad (Parent help)
Water flowers or plants
Learn a magic trick
Write a poem
Make a family newspaper
Learn a card trick
Make up an exercise routine
Walk a mile
Make a smoothie
Take a nature walk
Make a treasure hunt for a friend
Sing some songs
Wash a car
Take an ABC scavenger hunt walk
Do some gardening
Help make dinner
Play hopscotch
Make a miniature book

Paint a rock
Make soup
Interview grandparents
Trace your hands and color
Go to the library
Make a new ending to favorite book
Have a family picnic
Play Frisbee
Volunteer
Make cards for hospital patients
Do a puzzle
Go to a park
Go roller skating or roller blading
Play hide and seek
Go bowling
Play charades
Go on a walk through the woods
Shoot some hoops
Do a family art project
Do yardwork
Clean up a local playground
Help clean up a neighbors yard
Roast marshmallows
Plant a garden
Build a bird feeder
Clean your room—donate unused items
Plant a tree
Pick fruit from a local farm
Go to a zoo or museum
Meditate
Go on a nature scavenger hunt
Make a lemonade stand
Practice your favorite sport

**It's okay to be bored.
Sometimes being bored
is where the MAGIC
happens. Have a great
day and KEEP MOVING!!**

