

So how does our kids club work?

During the week/month/summer give yourself a point for each activity you do that doesn't involve electronics.
(Check our list below of 110 Fun Things to do that don't involve electronics)

Once you complete the Starfish, Turtle, or Dolphin Challenge have the adults you live with, email us and we will send you a prize through email. GOOD LUCK! Please let us know if you have any questions! Our email is info@housefitness.com



Starfish Challenge

14

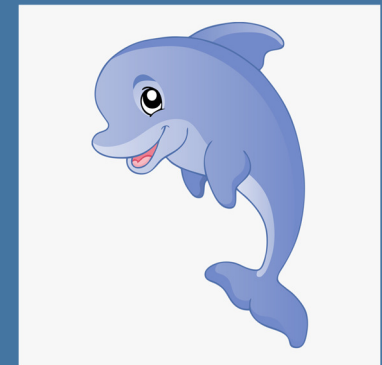
Points



Turtle Challenge

21

Points



Dolphin Challenge

28

Points