



E.D.D HEALING HYGIENE



(Elderly & Developmentally Disabled Healing Hygiene)

As individuals start to get older, maintaining personal hygiene can become an issue. Personal hygiene includes daily tasks such as: bathing, continence care (toileting), skin routines and getting dressed. Good personal hygiene is important for health and well-being. It also helps to build self-esteem and confidence. Poor personal hygiene can cause uncomfortable infections, skin complaints and will impact a person's self-esteem and confidence.

Here are some of the risks associated with inadequate personal hygiene for elderly and developmentally disabled individuals:

- Skin infections
- Roundworm, threadworm & hookworm
- Body odor
- Head lice
- Scabies
- Colds and flu
- Pneumonia

To assist in combatting the above conditions from happening within our community. We have adopted the nursing homes and adult daycare centers within our community. We want to provide PCB's (Personal Care Bags) to each individual within our community. MSASC is asking for your assistance in creating and supplying the following items for the bags.

Personal Care Bag items:

- Tooth brushes
- Tooth paste
- Deodorant
- Lotion
- Wash clothes
- Soap
- Socks (black and white)
- Denture Cleaner

<https://www.youtube.com/watch?v=gBD9kCChfHs> Why personal hygiene is important for the Elderly.

