

PELORUS



Pelorus: a fixed compass used to take bearings relative to a ship's heading.

The Quarterly Newsletter of

Central Coast Women For Fisheries, Inc.

Incorporated May 4, 2006

A Message From the President

Hello Ladies,

Are you wondering what is happening with CCWF? Well, let me tell you as we are coming into our busier time of year. We had the opportunity in September to participate in Morro Bay's Founder's Day Parade and also had an educational table at the Tidelands Park that afternoon. It was a good chance to talk with many locals about our family fishing businesses.

We also have started the groundwork to be able to put interpretive signs in Port San Luis, similar to those we installed in Morro Bay. These are a great way to educate locals and tourists alike about their local fish.

CCWF is keeping updated on what is happening with the wind energy projects in this area. If you have questions regarding these, we encourage you to check out the REACT Alliance website. www.REACTalliance.org REACT is an organization with individuals from multiple areas and interests working together to educate the community about the local wind energy projects. Our Sheri Hafer is on their board.

CCWF is also working with Sea Grant to provide a fishermen's first aide and safety class for our local ports. We are expecting this to be held Nov 16 & 17 in Morro Bay. Check out the flyer on page 2 for more information.

Anyone available on Saturday Oct 12, we will be doing education and making fish prints with the kids at the Maritime Family Fun Day in Morro Bay, as well as selling tuna stuffed avocados. With doing 2 booths there, we can always use more hands.

Lastly, be watching in December for information about the Morro Bay Lighted Boat Parade. We will be selling hot chocolate and goodies again. Hope to see you at one of these events.

Lenore Ward, President

Fall 2024

Volume 19, Issue 3

Inside this issue:

MB 60th 2

Maritime Fun Day 2

CCWF Board And email 2

Training Opportunity 2

Aloha 3

Cooking with CCWF 3

Where are They Now 4

Pages from the Past 5

The Last Word 6

City of Morro Bay 60th Anniversary Celebration

Saturday, September 7, 2024 was the day citizens celebrated their town becoming a city 60 years earlier. CCWF members participated in the morning parade, then in the afternoon had a booth at Tidelands Park with educational displays about the local commercial fishing, and about CCWF's interactions with the community.



It was a beautiful day at Tidelands Park for Morro Bays 60th celebration.
(Picture above and to the left)

Maritime Family Fun Day

This year's Maritime Family Fun Day is Saturday, October 12 from 10am to 4pm.

This event celebrates Morro Bays waterfront and will have plenty of activities, food and fun for kids and adults. Besides CCWF's fish print booth and albacore stuffed avocados, there's knot tying, fishing games, sand castle building, exhibits, and much more. It will be held at the Maritime Museum area on the Embarcadero.

CCWF Board of Directors

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CCWF email:
ccwf@womenforfish.org

+FAST
Fisherman First Aid
and Safety Training
Fisherman Led Injury Prevention Program

Sea Grant
CALIFORNIA



**FREE TRAINING FOR LICENSED
COMMERCIAL FISHERS, OR
THOSE INTERESTED IN FISHING:**

✓ USCG-recognized First Aid/CPR/AED certification

✓ Wilderness First Aid principles

✓ Common fishing hazard assessments

✓ Free lunch & snacks!

NOVEMBER 16-17, 2024

8:30 AM - 3:30 PM

209 Surf St.

Morro Bay, CA 93442

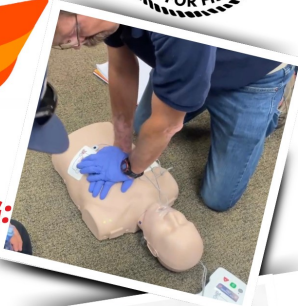
INTERESTED?

CONTACT ASH:

858-922-7263

apalinkas@ucsd.edu

Or talk to your local community organizer



SCAN
to register or for more
info



ALOHA: (In Hawaiian, “Aloha “ means love: CCWF uses it to say both “hello” and “farewell” with love.)



Our Aloha committee is there for you. The committee sends cards and flowers, but we need you to make the call and let us know of the need and the address. Members are encouraged to contact the committee and help CCWF observe occurrences throughout our community, whether happy or sad.

CCWF sent a card to
Jackie Nungaray.
As a past member, Jackie did an
incredible amount for CCWF. We
think of her often and appreciate
all she has done.



Check out the CCWF website:
www.womenforfish.org
For news, events, projects, programs and
much more, including past issues of the
newsletter. We are also on Facebook.



CCWF sent a Thank You card to
Kim Bennets
for his donation to our
organization. Being a member, he
and his wife, Carol, live in Texas.

Just a reminder, if you haven't paid your membership dues,
please do. It's \$20 a year and can be sent to;

CCWF
785 Quintana Rd. #106
Morro Bay, CA 93442

Your membership is valuable to the organization and much
appreciated by all of us!

CCWF sent a card to
The Black Brant Group
For their generous donation to our
Fishing Heritage Scholarship Program.
The Group is based out of Morro Bay.

COOKING WITH CCWF and FRIENDS

This time of year it's possible to buy albacore directly from the fishermen on the docks. It varies from year to year. Also, the local fish markets typically have good quality canned albacore. An old cookbook from a garage sale that just said "Seafood Recipes" had these, which is another way to eat delicious albacore.

Albacore Dip

About 1 and 1/2 cup albacore
2 cups sour cream
1/3 cup Chili Sauce
1 envelope dehydrated onion soup mix
crackers

Albacore Dip Directions

Flake tuna in a bowl.
Add sour cream, Chili Sauce and dry soup mix.
Mix well, cover and refrigerate at least 3 hours for
Flavors to blend.
Serve with crackers.

Albacore Spread Ingredients

About 1 and 1/2 cups albacore
2 packages cream cheese (3 ounce each), softened
2 tsp. horseradish
1/2 tsp. Worcestershire Sauce
1/4 cup finely chopped onion
1/2 tsp. celery salt
3 Tbsp. mayonnaise
1/4 tsp pepper
Assorted crackers

Albacore Spread Directions

Flake tuna in a bowl. Add cream cheese and mix well.
Add remaining ingredients, except crackers, and blend.
Refrigerate, then serve with crackers.

Where are They Now? Matt Duffy, past recipient of Fishing Heritage Scholarship

by Sharon Rowley

In June 2019, CCWF did a Facebook profile on **Matt Duffy**. He was a fisherman, but had to change his career, so he received scholarships for 4 years from our Fishing Heritage Scholarship Program. He was going to Cuesta at the time and had plans for Cal Poly to pursue a degree in Psychology. Today, Matt is near graduation and his sights are on grad school to be a Marriage and Family Therapist. One of his successes is now being a certified alcohol and drug counselor and he's busy with a full case-load.

As a little boy, he loved to fish. When his family went to Lake Tahoe, they were at the pool and he was sitting on a rock with a fishing pole. His grandmother worked as bookkeeper for Chris's Landing in Monterey, so while growing up he got to go deep sea fishing on the boats sometimes. He also fished off docks whenever he could.

When older, Matt worked commercial fishing for several years in various fisheries, including slime eels out of Morro Bay and Eureka and long lining for black cod. At times, he also worked on passenger sport fishing boats out of Morro Bay, and for awhile in Alaska. He worked at *Great Alaska Adventures*, taking anglers offshore for halibut.

Fishing was a job Matt loved and planned on continuing, maybe having his own boat someday or getting a captain license. However, life took him down another path when he developed medical issues and became partially blind. Not being able to work on boats anymore, he started college. His qualities of hard work and dedication as a fisherman carried through to his studies to become a counselor. Later, his kidneys became diseased and he had to go on dialysis for a few years. He was on a kidney transplant list for three and a half years until he received them, and a pancreas too. It's been two 2 years since the transplants and he is currently healthy and stable. He's also forever grateful to an organ donor he doesn't know for saving his life.

Matt may have lost a job he loved as a fisherman, but countless others gained a person who is helping them with their problems through his counseling. A college counselor once wrote of Matt years before, "He is not only motivated and driven, but caring and compassionate as well. Matthew always puts others before himself and his passion to help people in crisis is both heartwarming and commendable."

Matt still gets the pleasure of fishing by hopping on a sport boat once in awhile, and he fishes off his kayak in the back bay for bat rays. They get pretty big he says, and he ends up just going for a wild ride as a hooked up ray drags him all over the place.



Matt with a lingcod during his fishing days.

Matt at Cuesta College as a speaker.

Matt's life took a sharp turn due to life-threatening medical issues. He had to give up a career he loved in the fishing business, but he didn't let it get him down. With his years of studying, compassion and gentle nature, he has become a successful counselor.



Pages From the Past

The Historical Society of Morro Bay was formed in 1993 and is run by volunteers, which they always appreciate more of. They have accomplished many things over the years to preserve Morro Bay's history, including collecting over 5,000 photographs and thousands of documents, which are available for research. Several projects are in progress today, including 'Hidden History', which consists of display panels along the waterfront. One of them was recently installed about Morro Bay Women in Fishing. The organization has a treasure trove of photos and stories about the women, who over many years, have worked in the fishing business or were a big part of fishing families. There are so many great women with their stories, it was hard to choose only the few they could put on the panel., but these ladies represent some facets and generations. The Historical Society is looking for more photos and stories about Morro Bay Women in Fishing. Check out their website: historicalmorrobay.org.



The Historical Society's Hidden History panels are at different locations along Morro Bay' waterfront. It's one of their on-going projects. This one (picture to the left) is the most recent and is on the 700 block of the Embarcadero.

Morro Bay maritime Museum

Another interesting source for history is the Morro Bay Maritime Museum. In the early 1990's one man, Brent Roberts, got together a few interested folks and had meetings. It grew, and in 1995 they became a non-profit organization. They eventually got a location and a building and are now a prominent visitor center on the waterfront. They have several projects and educational displays, a major one being the "Maritime Oral History Program.", which can be found on their website.

morrobaymaritime.org

oldmorrobay.com

oldmorrobay.com is a website for interesting info about Morro Bay history from early explorers of the area, and the 1800's to present. There are several sections, just click on a title that interests you. One of the sections is "Abalone and Fishing." A subtitle under that is "Barbara Stickel's History of Morro Bay Fishermen." Click on a fisherman's name to read about them.

San Simeon - G. Hearst's Pier, "New" airport on left -- albacore fleet in, as usual for October, 1940's.



Salty History

For Facebook users, the public group page Salty History is a great resource for mostly US west coast fishing history. It's the result of countless hours of research and some expense by retired commercial fisherman, Barbara Stickel. She posts daily, sometimes multiple times about fisheries, boats, fishermen, their experiences and more. The picture to the left is from a 1948 newspaper article she posted. To read it, go to the "search" on the Salty History page and type in San Simeon. It mentions the fishermen were getting a starting price of \$490 a ton, which would be about \$6,500 in 2024.



Central Coast Women
For Fisheries, Inc.

785 Quintana Road, #106
Morro Bay, CA 93442

www.womenforfish.org

Please Note: The Quintana Road address for mail is a postal box only.

The Last Word by Tavis O. Evans

Travis has contributed to our Newsletter over many years. This is one of his poems,
and has been in a past issue.

Destiny

I strolled along the seashore one early sunny day,
Across the harbor a large sailing ship was leaving the quay.
Her varnished masts and spars shone in the morning sun.
The white sails billowed in the breeze, eager for the run.

Quickly she moved out into the oceans deep
As if she had an ordered deadline to meet.
Entranced, I stood and admired her strength and beauty;
She eagerly departed as if on a call of duty.

Soon, her sails, like a cloud on the blue horizon, hung.
Though out of sight, she sailed on, duty-bound, the voyage begun.
Finally someone at my side said, "There, she's gone."
Gone? Gone from our sight, but not surely gone!

Her mission is not finished; there is surely more.
She is still able and destined to reach yonder shore.
Could our life's voyage be compared to this lovely ship?
Won't we too, sooner or later, make this trip?

Perhaps just when a grief-stricken voice mourns, "she's gone",
On yonder shore a joyful one shouts, "Welcome home!"
So have faith; let your cargo be one of hope and love and more,
As we sail steadily on toward that heavenly shore

Our daily lives are busy with well-made plans,
Still God says, "My timing is different from
man's."
Our anchors are in the haws pipe; we are under-
way.
To enjoy the trip, make the most of each day.

Travis O. Evans

