

PELORUS

Pelorus: a fixed compass used to take bearings relative to a ship's heading.

The Quarterly Newsletter of

Central Coast Women for Fisheries, Inc.

Incorporated May 4, 2006



A Message From the President

Hello Friends,

By the time you receive this I am guessing you are winding down, and cleaning up after Christmas. Now it is back to our usual routines. I am hoping you will mark your calendar for the Feb 8 Albacore Enchilada sale; it is a fun time working together, and is our biggest fundraiser. We will need help again. You can also mark your calendar to attend any of the meetings we have for CCWF on Zoom. We have these monthly, usually the 3rd Wed of the month. We will send out the link and specifics for each of these meetings. It is a good way to stay informed about fishing issues, to see what CCWF is doing, and to have your input.

As you can see in the newsletter we did a recent educational event with kids at the Maritime Family Fun Day, and also at the Morro Bay Anniversary celebration. Thank you Craig Barbre and Hope Padalino for making the beautiful corn hole game for that. CCWF also had a successful fundraiser at the Lighted Boat Parade thanks to everyone that helped and made treats.

CCWF is currently working on interpretive signs for Port San Luis, similar to those we did in Morro Bay. We are also discussing reviving some version of the Kids at Sea program in this area, so we are busy.

Thank you members for your involvement in CCWF and hope to see you all soon,

Lenore Ward, President

Winter 2024

Volume 19, Issue 4

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Maritime Family Fun Day



The Maritime Family Fun Day was held at Tidelands Park on Morro Bay's waterfront on October 12, 2024. CCWF participated again by having the popular fish print booth for kids. Adults have been sighted enjoying it too. Members also made and sold albacore stuffed avocados.

Participation in community events during the year is also an opportunity to educate the public about the local commercial fishing.

Boat Parade

The annual Lighted Boat Parade was held in Morro Bay on Saturday, Dec. 7.

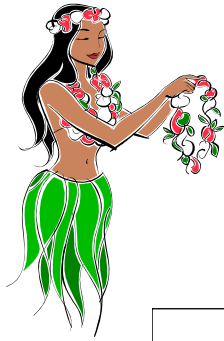
CCWF members had a booth on the South T-pier with baked goods, and hot drinks to offer the large crowd that turned out for this event. This has become one of the yearly fundraisers to support the organization and its projects.

A Huge Thank You
to everyone that baked the goodies
and helped at the booth.



Thank You to
Danna Joy Dykstra-Coy
for her beautiful capture of the 2024
Crab Pot Christmas tree on Morro
Bay's South T-pier
She is well-known for her exceptional
photos, including the local land and
seascapes.
Her great photos can be viewed on her
Facebook page; Danna Joy Images.

ALOHA: (In Hawaiian, “Aloha “ means love: CCWF uses it to say both “hello” and “farewell” with love.)



Our Aloha committee is there for you. The committee sends cards and flowers, but we need you to make the call and let us know of the need and the address. Members are encouraged to contact the committee and help CCWF observe occurrences throughout our community, whether happy or sad.

CCWF Board of Directors

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CCWF email:
ccwf@womenforfish.org

CCWF sent a card to
Travis Evans
To wish him

a Happy 102nd Birthday.
And let him know how much we
appreciate him.



CCWF sent a card to
Diane Schoditsch

For her generous donation to the
CCWF Fishing Heritage
Scholarship Program

Check out the CCWF website:
www.womenforfish.org

For news, events, projects, programs and
much more, including past issues of the
newsletter. We are also on Facebook;
Central Coast Women for Fisheries

COOKING WITH CCWF and FRIENDS

The “Faces of California Fishing” is gone, but not forgotten. Lori French created this program and kept it going as long as funds were available. She promoted fishermen, their families and their way of life. One of the projects she did was collecting recipes from fishermen up and down the California coast. They were put on cards, which featured a picture of them on their boat.

This recipe for a fish breading is good. Lee Furtado on the fishing vessel Sea Star is on the card and his wife Dolores’s recipe is on the back.

Fisherman’s Crispy Coating

Ingredients

- 1 egg
- 1 cup milk
- 1 cup crisp riced cereal, crushed
- 1/4 cup flour
- 1/4 cup cornmeal
- 1 1/2 tsp lemon pepper
- 1/4 tsp seasoned salt
- 1/8 tsp onion salt
- 1/8 tsp garlic salt
- 4 white fish fillets (about 1 3/4 to 2 lbs.)

Directions

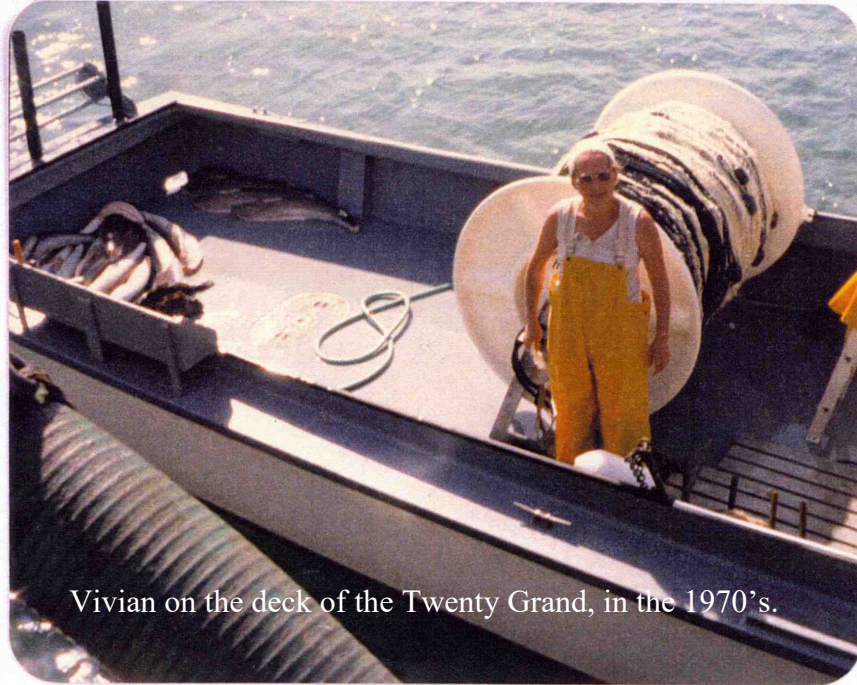
In a shallow bowl, whisk together egg and milk.
In large, resealable bag, combine cereal, flour, cornmeal and seasonings.
Shake to mix.
Dip fish fillets into egg mixture, then coat with dry mix.
In large skillet, heat 1/4 inches of oil over medium high heat.
Fry fillets 5 to 7 minutes on each side or until fish flakes easily with a fork.





Vivian Bartello

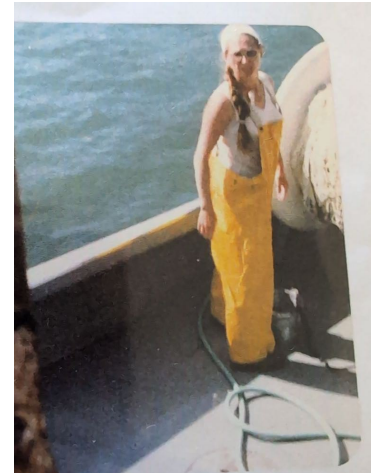
Central Coast Women for Fisheries member, Vivian Bartello, passed on November 13, 2024 at 87. She was a well-loved, long time Morro Bay resident and a generous spirit who gave service to her community. She was a commercial fisherman in her younger years, fishing with her husband Sam Bartello on the vessels *Twenty Grand* and *Tiberius Sea*. At one time they also fished the vessels *Sea Bird* and *Liguria*. One of their targets was white sea bass and Sam became popularly known as Sea Bass Sam. After Sam passed in 1993, Vivian was one of the leaders of the Odd Fellows BayRock Lodge for many years. She helped with charitable projects for the community, including acquiring scholarship funds for Morro Bay High seniors. She has been described by some as “One of the toughest ladies I knew.”



Vivian on the deck of the Twenty Grand, in the 1970's.



60 lb White Sea Bass



Pictures donated by
Janice Enns, her long time
friend.



Pages From the Past



The Morro Bay Maritime Museum has completed another project to preserve valuable history and honor the commercial and sport fishing industry. There's 10 outdoor panels at the museum location on the waterfront. The 3 panels pictured here are of the sport fishing. There are 7 panels full of commercial fishing, including the abalone history. Lots of research was done by Barbara Stickel (who flew out from her home in Florida to help) and the layout by Scott Mather. The Museum staff also appreciated the many local families that contributed photos, articles and stories.

Pictured below and to the right is a past Morro Bay business from the 1960's and 70's. Brebes Fisheries unloaded boats and processed fish at a building on the waterfront location and also up the hill not far, on Beach Street. They also ran charter boats for a few years with brothers Rusty and Bruce Brebes selling tickets and operating the tackle store that was next to the fuel dock. Brebes Ocean House was out front, and a popular place for the fishermen, especially mornings for coffee and breakfast, when they were in from trips. This was also in the days when all the waterfront restaurants served fresh, local rock fish.



The pier on the left is before a ramp and boat slips were built.





Central Coast Women for
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Please Note: The Quintana Road address for mail is a postal box only.

Decades ago, when there were a lot more commercial fishing boats, they would raft along side each other at the piers in Morro Bay. At times, many boats were from out of town, especially during albacore season, and there would be a big community of fishermen living on their boats. They would get together on their time off, mingle with the locals, having great times on their boats and in the bars.

Travis Evans recounts some of the good times from the 1950's, 60's and 70's, exchanging stories from the past. This is just an a short excerpt from his memories.

"I wonder how many remember those good old days with friends like Charlie Stephens, Wayne Smith, Virgil Northrop, Charlie Haglund, Red Doyle and so very many others that have enriched my life. I have been blessed with so many years in the fishing fleet.

...Charlie Stephens on the "Rio" and Charlie Haglund on the "Azalea" and Tommy Thompson on the "Virginia," plus a couple of others whose names I've forgotten, went south to Costa Rica to make their fortunes fishing. I think the venture was fostered and possible partially sponsored by the French Sardine Canning Company. The American fishermen on that wild venture didn't reap the great rewards they had hoped for, but those of us that were left here, wishing we could make the trip, sure enjoyed the wild stories they told when they returned!

They sailed southward wondering, wild-eyed, committed, and expectant. They returned weary, bedraggled, defeated and discouraged, but with some interesting stories. My favorite was told by the two Charlies around the galley table on the "Arctic", side-tied in Morro Bay. Each Charlie seemed to be trying to outdo the other, explaining how they devised methods of keeping the cockroaches out of the butter and the condensed milk cans. Joe Giannini, myself, Little Billie (the "Arctic's" crewman), and a couple of other fishermen would have been rolling on the galley deck if there had been room!

And how about Chollie on the "Stampede II", who would become really enraged if anyone would mistakenly call him Charlie. The "ninety day wonder" captain on the big white Coast Guard cutter, using an electric powered megaphone did! He was meeting the "Stampede II" just outside of the bar at the Columbia River and announced, "Charlie, you need to take your staysail down. The bar is breaking a little rough today." Chollie's angry retort (in his heavy Norwegian accent) was "You rrrun your boat and I'll rrrun mine!"