

PELORUS

Pelorus: a fixed compass used to take bearings relative to a ship's heading.

The Quarterly Newsletter of

Central Coast Women For Fisheries, Inc.

Incorporated May 4, 2006



A Message From the President

Hello Members,

As summer approaches I am looking forward to warmer weather, but also a few things that CCWF is involved in. First of all, April 14 is the Blessing of the Fleet that MBCFO puts on each year, and we usually bring desserts to the lunch at the Vets Hall. It is always fun to see everyone there.

It is time for electing new board members for our organization. If you are interested in being on the board, or would like to nominate someone, please call me, Lenore at 805-550-0253, or talk to another board member. This election will be followed by an annual general meeting with a date TBA. Also a reminder not to miss the scholarship deadline of May 31st if you or a family member are furthering their education. You can find information on our website. Then on October 12 we will again be doing fish prints at the Maritime Family Fun Day, put it on your calendar. A Big thank you to everyone who helped with the albacore enchilada sale! They are all sold and the event was a good success

CCWF has also recently replaced the dock carts in Morro Bay for the fishermen. The old ones from years ago had worn out or gone missing. They are labeled and out on the docks now. Please keep an eye on them so they are maintained properly and so we don't lose any more. These will be a help for the fishermen who are hauling supplies and gear back and forth to their boats.

Wishing you all a pleasant summer,
Lenore Ward, CCWF President

Apply for Scholarships Now! Apply by May 31, 2024

The guidelines are on the CCWF website at www.womenforfish.org. Applications and a recommendation form can be printed from there. If you're renewing, send us a note or email stating you want to renew and the name of the school you're attending.

For any question or help obtaining the application, contact:
Sharon Rowley srowley303@gmail.com or 805-674-4854

Spring 2024

Volume 19, Issue 1

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2024 Albacore Enchilada Fundraiser

This year's fundraiser was another success. 477 trays, which is 1,908 albacore enchiladas, were made in a matter of about 7 to 8 hours at the Morro Bay Community Center. Much appreciation goes to several people that helped to make this happen, including some of our local fishermen.

CCWF had this annual event the day before Super Bowl Sunday. Over the years, we have developed many repeat customers that look forward to these delicious enchiladas. One tray of 4 can feed two, especially with a side dish or two.

We thank the community for buying these hundreds of trays and supporting our organization. It's our biggest fundraiser and we'll be making them again next year.



Fishermen Wayne Moody and Derrel Terra behind him. Derrel caught and supplied the albacore for the enchiladas and his fish was in prime condition. Wayne has supplied the fish many times in the past.



This is just part of the crew that put together the fresh ingredients to make the albacore enchiladas.

It was a day of work, and also a day to get-together for visiting and laughter.

A huge **THANK YOU** to all that helped!



Sheri Hafer, long time CCWF member and secretary, is sauteing albacore. She does a tremendous amount of work for CCWF and does many things for other groups and causes as an advocate for fishermen.

ALOHA: (In Hawaiian, “Aloha “ means love: CCWF uses it to say both “hello” and “farewell” with love.)



Our Aloha committee is there for you. The committee sends cards and flowers, but we need you to make the call and let us know of the need and the address. Members are encouraged to contact the committee and help CCWF observe occurrences throughout our community, whether happy or sad.



CCWF Board of Directors

President:

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Sharon Rowley srowley303@gmail.com

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Treasurer:

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Director:

Becka Kelly bkelly@morrobayca.gov

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ccwf@womenforfish.org

2023 Morro Bay Lighted Boat Parade

Unlike last year, the parade wasn't rained out and hundreds lined the waterfront to watch the parade of lighted boats and get in the holiday spirit.

The picture to the left is courtesy of Colleen Kane, and is the *Bonnie Marietta* owned by Mark Tognazzini. Mark participates yearly and decorates his boat beautifully.

CCWF had a stand on the south T-pier selling hot chocolate with homemade marshmallows and various baked goods, including cookies. It's one of the fundraisers they have each year and this year's was another success.

COOKING WITH CCWF and FRIENDS

This recipe was submitted by Sheri Hafer.
It's a different taste for eating salmon.

Note that after making the dry Spice Mixture, there will be a good amount left-over.



Ingredients

One to two pounds salmon fillet
1/4 cup olive oil
2-4 tablespoons Moroccan Spice Mixture, recipe below
2 gloves garlic
1/4 cup finely chopped cilantro
Juice of 1/2 a lemon
Salt and ground pepper to taste.

Moroccan Spice Mixture

1/2 cup smoked paprika
1 tablespoon cumin
1/4 teaspoon cinnamon
1/4 teaspoon ground cloves
1 teaspoon ground ginger
1/2 teaspoon ground coriander
1/2 teaspoon ground pepper

Directions

Cut salmon into small portions.
In bowl, combine oil, spice mixture, garlic, cilantro, Lemon juice, salt and pepper.
Coat salmon evenly with the Moroccan Spice Mixture and marinate at least 20 minutes.

Grilling: grill salmon over medium high charcoals or gas grill, flesh side down, 3-5 minutes until browned. Flip, cook other side 3-5 minutes.

Baking: Bake in shallow dish, uncovered, 375 degrees For 15 minutes.

Either way, salmon is done when it flakes easily with a fork and uniform color. Should read at least 145 degrees.

Pages From the Past

Dick Sylvester

by Sharon Rowley

When Dick Sylvester was born in 1939, ranching and fishing were the main ways of making a living for many on California's central coast. Getting up early and hard work were a way of life. Dick grew up this way, helping on his grandfather's ranch as a child, including getting up early to milk cows. In his teens, he also helped his father, Joe, at his abalone plant in Avila and fished with him on his boat. He also kept busy tending on boats for his uncles, who were abalone divers. These early years were the beginning of a lifetime for his love of making a living at sea.

In 1960, at the young age of 21, Dick married a young beauty, Trudy Pierce. Uniting these two extended families brought together a rich history of fishing and tug boat services from the Sylvester side, and the Pierce family's history in the local abalone industry, as well as over 300 years and 14 generations of the Salinan Tribe that lived in what is now San Luis Obispo and Monterey counties. Trudy was an elder and one of her relatives, Suzanne Pierce Taylor, wrote a treasure trove of information in her book about Salinan history: *The Ancestors Speak*.

Dick bought a boat in 1963 and named it after his wife, the *Trudy S*. He made a good living with various fisheries, including salmon, albacore, rock cod, herring and shark. At one time he also worked on a purse seiner in Alaska, and just out of high school, worked on Mannie Gorgita's boat out of Santa Barbara for harpooning swordfish and trapping lobster. In the earlier years on the *Trudy S*, he could fish mainly the summer months and make a comfortable living to take care of his family and raise their 4 daughters; Terry, Tina, Tammy and Tracie.

The *Trudy S* was built in Wilmington in 1947 by a man with the last name of DeMaglio. According to Dick, he also built the *Dor-Ann*, which was fished out of Morro Bay for several years by Sandy Winston. Dick fished every year, except one, in 1960, when he married Trudy. He worked on the Sylvester tugs that year. After buying his boat in 1963, he continued to fish for the next 54 years until 2017 when he retired. His well-maintained boat was a fixture in Morro Bay and when he wasn't out fishing, the *Trudy S* was in the foreground of countless picturesque scenes of the harbor and Morro Rock that were captured in photos and paintings by tourists and locals alike.



Buying the *Trudy S* in 1963, Dick Sylvester kept it in such good shape that he was able to fish this same boat for 54 years.



Like many fishermen, there was plenty of work to do at home too.



Not only a good fisherman, Dick was a great father, and grandfather. His family meant the world to him. He treated them with much love and respect and was a good teacher to the younger generation, including having one of his grandsons as a deckhand for the summer. His daughter, Terry White (Sylvester at the time), was so enthusiastic to go fishing with her dad, that she went time after time, even though she knew she would get sea sick. She also helped her dad at haul-out time to sand and paint the boat. Hanging out with her dad is one of her greatest memories. Dick got to enjoy 10 grandchildren and 10 great grandchildren. His granddaughter, Tawny, summed things well: “His legacy is not just in the years he lived, but in the lives he touched, the hearts he warmed, the relationships he forged. He was a man of great integrity... He was the kind of man who knew the value of hard work, the importance of honesty, and the strength of humility. “

Trudy Sylvester passed away in 2017 after 57 years of marriage with Dick. She was always supportive of his fishing ventures and became famous in the area for her delicious cakes. She made them for many local kid’s birthdays as they grew up, wedding cakes and more. She was also well-loved by kids in the community, as she was a teacher’s aide at the Elementary School for 37 years. She was also an active member of Central Coast Women for Fisheries, using her exceptional art talent for the organization’s needs and helping with fundraisers. One of the biggest projects, the “Those Who Wait” statue at Morro Rock took 10 years of CCWF fundraising and grants. Like so many others, she and her family would wave good-bye when Dick was leaving on a trip, or wait at the harbor mouth for the first glimpse of his boat returning. The statue honors these loved ones that wait.

During the most recent years when Dick was still fishing, it was harder to make a living. Many factors were involved, including stricter fishing regulations and the economy. Dick said he still loved getting up early in the morning and the independence of his job at sea. He left a giant footprint on the community after he passed away on November 13, 2023. He was a strong advocate for the fishermen and belonged to the Morro Bay Commercial Fishermen’s Organization. After his passing, several members got together to make sure his boat was preserved and it will be on display as part of the Morro Bay Maritime Museum. Dick Sylvester's interview, as well as interviews with many other fishermen, are on the Morro Bay Museum website; morrobaymaritime.org. Scroll down to “Research Library”, then click on “Oral Histories.”



Dick unloading salmon on one of his last trips before retiring in 2017.



Trudy and Dick Sylvester with their 4 daughters: Terry, Tammy, Tina and Tracie.



Central Coast Women
For Fisheries, Inc.

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www.womenforfish.org

Please Note: The Quintana Road address for mail is a postal box only.

This poem was read at Dick Sylvester's Celebration of Life.

The Smile

“Though your smile is gone forever,
And your hand we cannot touch
Still we have these memories
Of the one we loved so much.
Your memory is our keepsake
With which we will never part
He has you in his keeping
We have you in our hearts.



It is sad to walk the road alone,
Instead of side-by-side.
But to all, there comes a moment
When the ways of life divide.
You gave us years of happiness
Then came sorrow and tears
But you left us beautiful memories
We will treasure through the years.”

Author Unknown

