



Idaho Dash Track Club

2022-23 Indoor Meet Schedule

Date	Event	Location
December 11, 2022	FastTrak Opener*	Houston, Tx
December 17, 2022	Spokane Speed Games*	Spokane, Wa
January 14-15, 2023	Spokane HS Invitational**	Spokane, Wa
January 20-21, 2023	BYU HS Invitational*	Provo, Ut
January 27, 2023	Snake River MS/HS Open*	Pocatello, Id
February 4-5, 2023	Houston Youth Open* Airforce HS Invite Utah Oval?*	Houston, TX Colorado Springs, Co Salt Lake City, Ut
Feb 16-18, 2023	Simplot Games**	Pocatello, Id
March 3-4, 2023	STCU West Coast Championships*	Spokane, Wa
March 10-12, 2023	Nike Indoor Nationals*** New Balance Indoor Nationals*** (Qualifying times required)	New York, NY Boston, Ma

*Middle School, High School, and Open athletes can compete

**High School Athletes Only can compete

***Middle School and High School Athletes can compete only if they hit qualifying marks

The meets on Jan 27 and Feb 4-5 are tentatively scheduled. I may change or find something else but will update schedule when that occurs. We may also cancel to be better prepared for Simplot and West Coast Championships.