

July/August Food Program Menu 2022

| | Monday 25 | Tuesday 26 | Wednesday 27 | Thursday 28 | Friday 29 |
|-----------|--|--|--|--|---|
| Breakfast | Corn Flakes Mandarin Oranges Milk | Bagels and Cream Cheese Fruit Medley Milk | Bran Flakes WG 100% Orange Juice Milk | Pancakes WG Applesauce Milk | Kix Cereal Bananas Milk |
| Lunch | Meatballs Roll Green Beans Fresh Pears (Applesauce for 1's) Milk | Pasta Alfredo Broccoli Oranges Milk | Chicken Salad on Croissant Mixed Veg Tropical Fruit Milk | Turkey and Cheese Sandwich Salad (Mixed Veggies for 1's) Watermelon Milk | Chicken Quesadillas Corn Apples (Applesauce for 1's) Milk |
| Snack | Goldfish WG String Cheese | Ritz Crackers 100% Juice | Animal Crackers Milk | Yogurt Bananas | Cheese Its WG Pickles |

| | Monday 1 | Tuesday 2 | Wednesday 3 | Thursday 4 | Friday 5 |
|-----------|---|---|--|---|--|
| Breakfast | Pancakes WG Fruit Medley Milk | Biscuits Mandarin Oranges Milk | Cheerios WG 100% Orange Juice Milk | Bran Flakes WG Applesauce Milk | Blueberry Muffins Bananas Milk |
| Lunch | Grilled Cheese Mixed Veg Watermelon Milk | Hot Dog on Bun Corn Apples (Applesauce for 1's) Milk | Chicken Nuggets Cornbread Carrots Mixed Fruit Milk | Mac and Cheese Broccoli Oranges Milk | Ham and Cheese Sandwich Salad (Mixed Veggies for 1's) Fresh Pears (Applesauce for 1's) Milk |
| snack | Pretzels 100% Juice | Ritz Crackers WG Sliced Cheese | Graham Crackers Milk | Yogurt Bananas | Goldfish WG Pickles |

- Milk is unflavored for Ages 1-5, School Age can have flavored milk
- 1's drink whole milk. 2's and up drink 1% milk
- Menu is subject to change
- "WG" denotes "Whole Grain"

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