


Food Program Menu November 2020

	Monday 16	Tuesday 17	Wednesday 18	Thursday 19	Friday 20
Breakfast	Corn Flakes Pears Milk	Bagel and Cream Cheese Mandarin Oranges Milk	Cheerios WG 100% Orange Juice Milk	Waffles WG Applesauce Milk	Blueberry Muffin Bananas Milk
Lunch	Mac and Cheese Broccoli Pineapple Milk	Chicken Patty On Bun WG Mixed Veggies Apples (Applesauce for 1's) Milk	Cheese Quesadilla Corn Mixed Fruit Milk	Ham and Cheese Sandwich Salad (Mixed Veggies for 1's) Tropical Fruit Milk	Turkey and Gravy Hawaiian Roll Green Beans Fruit Medley Milk
snack	Goldfish WG 100% Juice	Club Crackers String Cheese	Graham Crackers Milk	Bananas Yogurt	Ritz Crackers WG Sliced Cheese

	Monday 23	Tuesday 24	Wednesday 25	Thursday 26	Friday 27
Breakfast	French Toast Sticks Applesauce Milk	Bagel and Cream Cheese Mandarin Oranges Milk	Bran Flakes WG 100% Orange Juice Milk		
Lunch	Fish Fingers Corn Bread Peas and Carrots Pineapple Milk	Cheese Pizza Green Beans Mixed Fruit Milk	Chicken Nuggets Hawaiian Roll Mixed Veggies Pears Milk	WS Closed Happy Thanksgiving! 	WS Closed
snack	Cheese Its WG String Cheese	Goldfish WG 100% Juice	Animal Crackers Milk		

- Milk is unflavored for Ages 1-5, School Age can have flavored milk
- 1's drink whole milk. 2's and up drink 1% milk
- Menu is subject to change
- "WG" denotes "Whole Grain"