

Food Program Menu September 2019

	Monday 9	Tuesday 10	Wednesday 11	Thursday 12	Friday 13
Breakfast	Pancakes WG Applesauce Milk	Kix Cereal Mandarin Oranges Milk	Cheerios WG 100% Orange Juice Milk	Blueberry Muffin Pears Milk	Bran Flakes WG Bananas Milk
Lunch	Chicken Patty on Whole Wheat Bun (Chicken Nuggets for 1's/2's) Mixed Veggies Pineapple Milk	Mac and Cheese Broccoli Apples (Applesauce for 1's) Milk	Chicken Salad on Croissant Carrots Tropical Fruit Milk	Bologna and Cheese Sandwich Tater Tots Bananas Milk	Meatballs Garlic Bread Green Beans Mixed Fruit Milk
snack	Chex Mix Milk	Goldfish WG 100% Grape Juice	Graham Crackers Milk	Ritz Crackers WG Pickles	Club Crackers Sliced Cheese

	Monday 16	Tuesday 17	Wednesday 18	Thursday 19	Friday 20
Breakfast	Waffles WG Applesauce Milk	Mini-Wheats WG (Cheerios for 1's/2's) Pears Milk	Bagel and Cream Cheese 100% Orange Juice Milk	Pancakes WG Mandarin Oranges Milk	Biscuit Bananas Milk
Lunch	Grilled Cheese Broccoli Mixed Fruit Milk	Chicken Noodle "Cacciatore" Green Beans Apples (Applesauce for 1's) Milk	Tuna Salad on Croissant Carrots/Peas Tropical Fruit Milk	Turkey and Cheese Sandwich Tater Tots Pineapple Milk	Cheese Quesadilla Corn Oranges Milk
snack	Animal Crackers Milk	Saltines String Cheese	Goldfish WG 100% Apple Juice	Bananas Yogurt	Cheese Its WG Pickles

- Milk is unflavored for Ages 1-5, School Age can have flavored milk
- 1's drink whole milk. 2's and up drink 1% milk
- Menu is subject to change
- "WG" denotes "Whole Grain"

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