



**DAILY LUNCHES ARE
OPEN TO THE PUBLIC**
Age 60+ \$6
Under age 60 \$7
Lunch Served
M-F 11:00-12:30

Yarnell Regional Community Center

www.yarnellrcc.org
928-427-6347

May 2021 Menu (subject to change)
Club Yarnell Events Listed in Italics



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>The Dining Room will re-open beginning May 5. Happy Cinco de Mayo. There will be no more Curbside Takeaway. Enjoy Dining Room seating (with COVID safety precautions) or come inside and purchase a meal to go.</p>					1
2	<p>3 Curbside Only Baked Cod, Rice Pilaf Asparagus Coleslaw & Pineapple</p>	<p>4 Curbside Only Egg Casserole w/sausage, peppers, mushrooms, onion Hash Browns Whole Wheat Bread Salad & Pineapple</p>	<p>5 Beef Enchiladas Rice, Refried Beans Salad & Apricots <i>9am Bloomer-Rang Iris Farm Adventure 602-399-1679</i></p>	<p>6 Drumsticks Mac & Cheese Succotash Salad & Grapes</p>	<p>7 Sloppy Joes on Whole Wheat Bun, Tater Tots Broccoli & Carrots Salad & Melon</p>	8
<p>9 ♥ MOM</p>	<p>10 Chicken Tenders Sweet Potato Fries Mixed Veggies Whole Grain Roll Salad & Strawberries <i>Reader's Delight @ Library 12:30</i></p>	<p>11 Meatloaf Mashed Potatoes & Gravy Green Beans Whole Wheat Roll Salad & Grapes <i>Blood Pressure Checks 11-12</i></p>	<p>12 Beef Ravioli w/Mushroom & Pepper Sauce Spinach, Garlic Bread Salad & Pears</p>	<p>13 Stuffed Peppers Rice Pilaf Corn & Peas Salad & Fruit Cocktail</p>	<p>14 Tilapia, Tater Tots Veggie Medley Whole Wheat Roll Salad & Orange Slice</p>	15
16	<p>17 Salisbury Steak w/ Mushrooms & Peppers over Noodles, Broccoli Whole Wheat Roll Salad & Mandarin Oranges</p>	<p>18 Baked Chicken Stuffing Yams Salad & Peaches <i>Blood Pressure Checks 11-12</i></p>	<p>19 Sweet & Sour Pork Fried Rice Veggie Egg Roll Fortune Cookie Salad & Pineapple</p>	<p>20 Baked Ham w/Pineapple Scalloped Potatoes Lima Beans Salad & Jell-O w/Pears <i>Don Albright's Geology Field Trip 9am @ YRCC</i></p>	<p>21 Beefy Mac & Cheese Cauliflower Apple Cobbler Salad & Grapes</p>	22
23	<p>24 Swedish Meatballs, Fettuccine Spinach Garlic Bread Salad & Pineapple</p>	<p>25 Pot Roast, Baked Potato Peas & Carrots Whole Wheat Roll Salad & Strawberries <i>Blood Pressure Checks 11-12</i></p>	<p>26 Chicken Pot Pie Green & Yellow Squash Whole Wheat Roll Salad & Peaches</p>	<p>27 Lasagna Italian Veggies Dessert (TBA) Salad & Grapes</p>	<p>28 Country Steak w/Sausage Gravy Mashed Potatoes Mixed Veggies WW Bread Salad & Mandarin Oranges</p>	29
<p>30 🚩</p>	<p>31 Chicken Sandwich on Whole Wheat Bun Tater Tots, Corn on the Cob Tomato & Green Chili Salad & Grapes</p>	<p>Free Blood Pressure checks by Yarnell Fire Dept resumes May 11</p>			<p>Thrift Store Open Monday – Saturday 9am-2pm</p>	

Services are funded by the Older Americans Act, SSBG funds and the State of Arizona. Funding is allocated on a regional basis from the Arizona Department of Economic Security, Division of Aging and Adult Services (DAAS) to area Agencies on Aging. Eligibility for programs: Seniors or adults with disabilities. Additional requirements may vary by program. Client contributions are encouraged and are vital for continuation of the programs. Language assistance and alternate forms of communication are available upon request under Titles VI and VII of the Civil Rights Act of 1964 (Title VI and VII) and the Americans with Disabilities Act of 1990 (ADA) Section 504 of the Rehabilitation Act of 1973 and the Age Discrimination Act of 1975. Area Agency on Aging NACOG prohibits discrimination in admissions, programs, services, activities or employment based on race, color, religion, sex, national origin, age, and disability. Area Agency on Aging NACOG must make a reasonable accommodation to allow a person with a disability to take part in a program, service, or activity. Auxiliary aids and services are available upon request to individuals with disabilities.