

January 2018



## Yarnell Regional Community Center

Serving the Weaver Mountains' Communities

22302 S. Hwy 89, PO Box 641

Yarnell, Arizona, 85362

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[www.yarnellcommunitycenter.org](http://www.yarnellcommunitycenter.org)

The Yarnell Regional Community Center hosts local events, regular activities, serves weekday lunches, operates a thrift store, promotes fun and quality of life for our neighbors and manages programs to aid the food insecure in our area. **Sign up for e-news at [yarnellcommunitycenter.org/newsletter](http://yarnellcommunitycenter.org/newsletter)**

As a community, we have experienced the loss of many friends and neighbors in the last few months. Tragic, unexpected accidents and long-term illnesses coming to an end. The Yarnell Regional Community Center lost a dedicated volunteer who contributed many, many hours toward making us what we are today. Bill Ferguson was a Thrift Store volunteer for more years than I can count. His familiar face, signature tobacco pipe and endless stories of his biker days were a mainstay for first time visitors and regular customers. Bill lost his battle with cancer on December 20th and will be missed.

The coming of the New Year ushers in a time of reflection for many. What to keep and what to discard in order to make changes for the better in a person's life. At the Community Center discussions of that nature take place on a daily basis. Staff, members, volunteers, board members and casual visitors all have something important to contribute to that discussion. We think we have made some important and useful changes to our operation in order to continue to have a positive impact on the community we serve. We have some exciting and useful plans for 2018 that contribute to our mission. We will share those with you at our annual meeting in February. We hope you want to be a part of that.

Have a very happy and safe New Year.

See the January Lunch Menu for **CLUB YARNELL EVENTS**.

*Kim*

**Board Meetings** are held the second Tuesday of the month at 3:00pm at the Center. If you are interested in becoming a YRCC board member, our elections will be held at our Annual Meeting on February 20. Please speak with any current board member with your questions. We have four openings; candidates will have their bios and interest statements prepared prior to the Annual Meeting. Our next regular meeting, which will also serve as the Nominating Meeting, will be January 9.

**Membership** – your YRCC membership expires at the end of the fiscal year. Please rejoin for \$15.00 per calendar year, per person (free if you are over 75). Applications are available online or at the Center. Benefits of membership include, but not limited to, one free meal per calendar year and 50% off one single purchase four times per calendar year on regularly priced items (does not pertain to Bag Days).

## January 2018

### Indian Pudding

Serves 8|Calories 110|Fat 2g|Protein 4g|Carbohydrate 20g|Sodium 55mg|

This baked pudding combines milk and cornmeal with spices to produce a custard-like desert that you can serve on special occasions.

2 ½ cups non-fat milk	½ cup cornmeal	½ tsp cinnamon
½ cup non-fat milk (cold)	1 T margarine	
½ cup molasses	½ tsp ginger	

Preheat oven to 325 degrees. Lightly grease 1-quart baking pan. In a saucepan, heat 2 ½ cups of milk to a simmer. In a bowl, mix together the other ½ cup cold milk with cornmeal. Add cornmeal mixture to warm milk, stir well. Cook 20 minutes over low-medium heat. Stir often to prevent scorching. Cook until thickened. Remove pudding from heat. Stir in margarine, molasses, ginger, and cinnamon. Pour into greased baking pan. Bake for 55 to 60 minutes. When a knife is inserted and comes out clean, the pudding is done. Cut into 8 squares before serving. Serve warm.

There are many ways to donate to the YRCC. Visit [www.yarnellcommunitycenter.org](http://www.yarnellcommunitycenter.org) and click on the Donate link. Thank you for your support.

### THRIFT STORE

Mon-Fri 9am-2pm and Sat 9am-1pm

**New items arrive every day. Shop often and come early.**

**\$4 BAG DAYS – January 26 & 27**

**CLOSED NEW YEAR'S DAY**



**Furniture discount days:** January 19 & 20 - **50% off furniture.** We appreciate donations to our thrift store, yet there are a few items we cannot take. Big tube TVs of any size and box springs and mattresses. No Thrift stores take these items anymore. Thanks for saving us time and money by taking those items right to the dump.

**Shop [www.smileamazon.com](http://www.smileamazon.com)** – choose Yarnell Senior Citizens, Inc., as your charity. A percentage of your purchase will be sent to us every quarter.

**Shop EBAY Items** - <https://www.ebay.com/usr/seniorsplus-22302>.

**Please Remember** – When you are donating a high-end expensive item to the Thrift Store to mention this to the staff so your item can be priced, and placed, appropriately. **Do not leave outside after hours.**

**Free Blood Pressure Checks Every Tuesday 11am**

**Provided by the Yarnell Fire Department**