

July 2018



Yarnell Regional Community Center

Serving the Weaver Mountains' Communities

22302 S. Hwy 89, PO Box 641

Yarnell, Arizona, 85362

928-427-6347

www.yarnellcommunitycenter.org

The Yarnell Regional Community Center hosts local events and regular activities, and serves weekday lunches, operates a thrift store, promotes fun and quality of life for our neighbors, and manages programs to aid the food insecure in our area. **Visit the website for current events, information, and much more.**

The Community Center would like to welcome some recent additions. Ellen has been volunteering in our kitchen since May and has recently increased her commitment to the Center. Barbara and Tyson have recently signed up as Meals on Wheels drivers and will begin serving our community in this capacity very soon! We are also saying our goodbyes (some temporary, some permanent) to Harry, a Meals on Wheels driver, and to Tim, Anne, and Stacy, a few of our dedicated Thrift Store volunteers. Thank you to all: past, present, and future for helping to sustain and build our mission!!

Donations to the Community Center can come in many forms. Our volunteers and board members donate a tremendous amount of their time. Many of you have donated goods to be sold in our thrift store. Many others have donated financially as they are able or have donated materials and labor needed for various projects and maintenance of our building and grounds. To all those who have given in one or more of these ways over the years, we thank you, and we appreciate you!! Keep up the good work!! With all that is being done for us, we could still use some more help. Current needs include volunteers for the thrift store (sorting, pricing, and displaying donations), and an on-call pick up team with a little muscle and a truck or trailer to pick up and/or deliver larger donations and merchandise (donation of a good running pick up or box truck - or the funds to purchase one - would be quite helpful as well!).

And one final "thank you" to all of you who frequent our Thrift Store! You are also a big piece of what keeps us going year after year. I hope you enjoyed our Summer Sidewalk Sale in June. If you haven't been here in a while, come do some shopping, and join us for lunch!!

See the July Lunch Menu for **CLUB YARNELL EVENTS**.

Mike

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Sponsorship of the YRCC Newsletter is \$60 per issue. If you would like to sponsor an issue of the YRCC Newsletter, please call or e-mail Mike.

July 2018

Pecan, Pear, Pomegranate Kale Salad

Serves 8 / Calories 230 / Fat 21g / Saturated Fat 2.5g / Protein 2g / Carbohydrate 11g / Sodium 75mg / Fiber 3g

1 bunch kale, stems removed	1/3 cup extra-virgin olive oil, plus
2 small pears, sliced	3T, divided
3/4 cup fresh pecan halves	1/2 cup pomegranate seeds
1/3 cup apple cider vinegar	2T coarse grain mustard
Pinch of kosher salt	pinch of cracked black pepper



Chop or shred kale into small pieces and transfer to large bowl. Drizzle 3 tablespoons olive oil on kale. Massage kale about 3-5 minutes, or until kale becomes glossy, deep green and begins to tenderize. Add pear slices, pecan halves and pomegranate seeds; toss with kale. Add remaining olive oil, apple cider vinegar, mustard, salt and pepper to canning jar and secure lid. Shake for several seconds until dressing comes together. Drizzle over salad and toss to coat. Serve immediately or allow salad to marinate in dressing up to 30 minutes before serving.



SAVE THE DATE – The YRCC 2nd Annual Country Fair is coming on September 15. This year's Fair promises to be bigger and better than last year. Held at the historic Peoples Valley School on Highway 89, this fun event will feature music, games, food, contests and more. If you would like to volunteer to help with this event, or for more information, or to be a vendor, please call Phyllis at 916-960-6663.

Did you know? The Community Center is available for rent! Host your family gathering or business function. Rates for non-profits, churches, civic, service and government organizations are just \$15 per use for the dining room and an additional \$15 per use for the kitchen. For profit businesses and private events are \$25 per hour for the dining room and an additional \$25 per hour for the kitchen. If you need a YRCC employee to assist with your event, the rate per employee is \$15 per hour. Call the Center to schedule your event NOW!

THRIFT STORE

Mon–Fri 9am–2pm and Sat 9am–1pm

\$5 Bag Days – July 27 & 28

Furniture discount days: July 20 & 21 — 50% off furniture.

Shop www.smileamazon.com — choose Yarnell Senior Citizens, Inc., as your charity. A percentage of your purchase will be sent to us every quarter.



The **YRCC Board meets** the 2nd Tuesday of each month at 2:30pm. All meetings are open to the public and we would love to have you attend and learn more about YOUR Community Center.

Become a **Service Area Ambassador**. SAA's attend our board meetings and help with our outreach, programming and planning. We would love to have SAA's from Skull Valley and Kirkland. If you would like to be an SAA, contact Michelle at 614-353-4271.

**Free Blood Pressure Checks Every Tuesday 11am-12 Noon
Provided by the Yarnell Fire Department**