

## Weekly Plan 02 October 2023 - 06 October 2023

Mon (2)	Tue (3)	Wed (4)	Thu (5)	Fri (6)
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Pancakes, Strawberries, Unflavored Whole Milk 1%	Scramble Egg, Sausage, Oranges, Unflavored Whole Milk 1%	Bagel (WG), Cream Cheese/Jelly, Apple, Unflavored Whole Milk 1%	French Toast, Grapes, Unflavored Whole Milk 1%	Banana, Cheese Toast (WG), Unflavored Whole Milk 1%
LUNCH	LUNCH	BREAKFAST	LUNCH	LUNCH
Rice mixed with chicken, Bean, Fruit Cocktail, Unflavored Whole Milk 1%	Mashed Potato, Ground Beef, Dinner Roll (WG), Mixed Vegetable, Pineapple, Unflavored Whole Milk 1%	Unflavored Whole Milk 1%, Fishstick, Mac n Cheese, Corn, Peaches	Dinner Roll (WG), Greenbean, Chicken Teriyaki, Rice, Mandarin Oranges, Unflavored Whole Milk 1%	Hamburger Bun (WG), Beef Pattie, Lettuce/Tomatoe, Applesauce, Unflavored Whole Milk 1%
PM SNACK	PM SNACK	BREAKFAST	PM SNACK	PM SNACK
Yogurt, (WG pita crackers)	Graham Cracker	Goldfish, Apple Juice	Grape Juice, Infant/Toddler One's, Animal Cracker	Cheese String, Ritz Cracker
			PM SNACK	
			Nacho Cheese, Apple Juice	