

Resource List

Finding a psychiatrist or doctor takes time. Here are some resources and referrals to help make the process as smooth as possible.

Austin Clinical Trial Partners is always getting new clinical research studies! To learn about our new studies, please visit our website at www.austinclinicaltrialpartners.com/current-studies or call us at [512-521-0595](tel:512-521-0595).

Crisis Resources

National Suicide Prevention Lifeline

 988lifeline.org

 [988](tel:988)

Crisis Text Line

 Text "HOME" to 741741

Veterans Crisis Line

 Veteranscrisisline.net

 [988](tel:988) then Press 1 or text 838255

The Trevor Project- LGBTQ+ Suicide Help

 thetrevorproject.org

 [866-488-7386](tel:866-488-7386) or text "START" to 67878

Comprehensive Care Services

Lone Star Circle of Care

 lonestarcare.org

 [512-686-0534](tel:512-686-0534)

Behavioral, medical, pharmacy, dental, virtual services. Accepts most insurances and Medicare/Medicaid/CHIP. Sliding fee scale and assistance programs available for noninsured.

People's Community Clinic

 austinpcc.org

 [512-748-4939](tel:512-748-4939)

Behavioral and medical services for all ages. Accepts insurance/Medicare/Medicaid/CHIP. Sliding fee scale for noninsured

Integral Care – Travis County

 integralcare.org

 CRISIS HOTLINE [512-472-4357](tel:512-472-4357)

To request an appointment, complete the online contact form on the website

Bluebonnet Trails Community Services -Bastrop, Burnet, Caldwell, Williamson Counties

 bbtrails.org

 CRISIS HOTLINE [800-841-1255](tel:800-841-1255)

 [844-309-6385](tel:844-309-6385)

Local Mental Health Centers

Hill Country Mental Health and Developmental Disabilities Center – Hays, Llano, Blanco Counties

 hillcountry.org

 CRISIS HOTLINE [877-466-0660](tel:877-466-0660)

 [830-792-3300](tel:830-792-3300)

Capitol Area Counseling

 cacaustin.org

 [512-302-1000](tel:512-302-1000)

Sliding fee scale. Individual, family, group therapy available. Weekend and evening appointments.

Samaritan Center


 samaritan-center.org

 [512-451-7337](tel:512-451-7337)

Individual, group, family therapy. Veteran's services. Accepts most insurances. Sliding fee scale for noninsured.

YWCA Counseling Services

 ywcaAustin.org

 [512-326-1222](tel:512-326-1222)

Individual, couples, and family counseling. Sliding fee scale

Resource List

Support and Educational Resources

Austin Mental Health Community


 austinmhc.org

 512-442-3366

Various support groups, mentorship, community resources, and education opportunities

The Austin Center for Grief and Loss

 austingrief.org

 512-472-7878

Therapy and support groups for children and adults who have experienced loss. Sliding fee scale.

National Alliance on Mental Illness (NAMI)

 namicentraltx.org/resources

 512-420-9810

All around great resource to find useful information

Communities for Recovery


 communitiesforrecovery.org

 512-758-7686

Various peer-led support and recovery groups for substance use and co-occurring mental health conditions

Depression and Bipolar Support Alliance

 dbsalliance.org

 800-826-3632

Useful Websites for Finding a Psychiatrist, Therapist, or other Provider:

 Psychologytoday.com

 Zocdoc.com