Avril Whitney

Look Around In Wonder February 2, 2020

There is Death Over there On the horizon A gold framed doorway A step across a threshold Whatever my pathway is Whatever the scenery along the way Eventually I will step Through the door, as so many before me The moment I was born, death appeared in the distance An inevitable journey This then is not good news or bad It simply, is what it is What then Am I going to do while I am here? What is it like to be **Em-bodied** Here I am Right here As me Apparently unique And staring in my own life How lucky How horrible How terrifying How wonderful

I could resist, and often do

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Avril Whitney Page 2 Life is hard work Misperceptions to have Crisis and unfolded laundry everywhere But if I am quiet And pay attention sometimes There is this amazing thing called Love That can happen and make everything beautiful Worthwhile, fantastic even Love for all of it The whole whirlwind The raw untamed wilderness of every day I am more than the entry or the exit Whatever lies on either side of birth and death Seems pretty vast My ticket to this earth ride Is having a body So While I am breathing I will do my best to love as much as I can Including me And to look around in wonder



