



**Peak Counseling**  
 (A Company of Eric Unruh Counseling, LLC)  
 17105 Park Place Street  
 Eagle River, AK 99577  
 907-622-1002  
**Fax #: 907-622-8808**

**Authorization to Release Confidential Information**

**1. PATIENT INFORMATION**

Patient last name \_\_\_\_\_ First name \_\_\_\_\_ MI \_\_\_\_\_  
 Date of birth \_\_\_\_\_  
 Patient former name (if any) \_\_\_\_\_  
 Patient address \_\_\_\_\_  
 Patient e-mail \_\_\_\_\_  
 Patient home phone \_\_\_\_\_ Work phone \_\_\_\_\_ Cell  
 phone \_\_\_\_\_

**2. RECIPIENT AUTHORIZATION**

I, \_\_\_\_\_, do hereby authorize **Peak Counseling**  
 (Patient name or representative) (Provider)

to release my patient information to: \_\_\_\_\_  
 (Name of person/facility to receive mental health record)

Street address \_\_\_\_\_  
 Phone \_\_\_\_\_ Fax: \_\_\_\_\_

**3. INFORMATION TO BE RELEASED**

- My entire mental health record
- OR
- Assessment
- Chart Notes / Progress Notes
- Treatment Plan
- Discharge Summary
- Other : \_\_\_\_\_

**4. DATE(S) OF INFORMATION TO BE DISCLOSED:**

From \_\_\_\_\_ to \_\_\_\_\_  
 If left blank, information from the past two (2) years will be disclosed.

**5. INCLUSION OF PRIVILEGED INFORMATION:**

\_\_\_\_ By initialing, I understand these records may contain information regarding mental health and/or drug/alcohol abuse.

(I understand that my health information is protected under the federal regulations governing the Confidentiality of Alcohol and Drug Abuse Patient Records, 42 C.F.R. Part 2 that re-disclosure is prohibited, and the Health Insurance Portability and Accountability Act of 1996 (HIPAA) 45 C.F.R. Parts 160 and 164 and cannot be disclosed without my written consent unless otherwise provided for in the regulations. The information used or disclosed pursuant to this authorization may be subject to re-disclosure by the recipient and no longer will be protected by the HIPAA Privacy Law. )

**6. REVOCATION:**

Would you like to set a date to revoke this release of information? No \_\_\_ Yes \_\_\_  
 If yes, date to be revoked: \_\_\_\_\_

## 7. SIGNATURE OF PATIENT

(I authorize the release of my confidential protected health information, as described in my directions above. I understand that this authorization is voluntary, that the information to be disclosed is protected by law, and the use/disclosure is to be made to conform to my directions. The information that is used and/or disclosed pursuant to this authorization may be re-disclosed by the recipient unless the recipient is covered by state laws that limit the use and/or disclosure of my confidential protected health information.)

Client or Guardian's Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Print Name: \_\_\_\_\_

If signed by a personal/legal representative, state your relationship to patient and/or reason and legal authority for signing:

Patient is:  minor  incompetent  disabled  deceased

Legal authority:  parent  legal guardian  next of kin of deceased

Signature of Staff Witness Attesting to Identity and Authority \_\_\_\_\_

Date \_\_\_\_\_