

**Presentation Titles for Keynotes**

**The Seven Cs**…What the NAVY taught me about Business & Life

**The 3D Approach to Creating Change** for Exceptional Results -

**The One Thing**…Master what Matters to You -or- Bring Your Life and Work into Focus

**Make Your Message Memorable** – 5 principles for Setting you and your business apart through effective communication

**Harnessing the Change Monster** to Build an Effective Business Culture

**Workshops and Seminars**

The One Thing Productivity Workshop

The Front Porch Approach to Relaxed Productivity

The 3D Approach - Optimizing Change for Results

Intentional Innovation Essentials for Business Sustainability

Thinking Inside the Box – 11.3 Timeless Rules of Applied Creativity

A Communications Crash Course for Business Owners & Networkers