

**Central VA Intergroup's
Twelve Step Within Committee Presents a Virtual Workshop
"You Can't Keep It, Unless You Give It Away:
Maintaining Abstinence Through Service"
January 18, 2026 2:00 p.m. - 4:00 p.m. Eastern**

Zoom Meeting ID: 368-705-321 Password: 951 753 2460

Come join with other OA fellows for a workshop that focuses on how we maintain our abstinence through giving service. We will also celebrate OA's 66th Birthday, which is January 19.

During this workshop there will be a speaker who will share how performing service has strengthened their recovery. Participants will be engaged in fun, interactive and educational activities to learn more about the many different levels of and ways to give service.

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