

# SOUL —AND— STEEL

## CLASS INFORMATION & PRICING



### *Yoga Flow*



### *Yoga Release*



### *HIIT Pilates*



### *Mat Pilates*

### PRICING

- \$15 Drop-In Rate
- \$150 Unlimited Monthly Classes
- \$100 10-Class Pass

### GRAND OPENING SPECIALS

- \$79 – 10-Class Pass
- \$99 – Unlimited Classes

### CLASS INFO

- All classes 50-minutes long
- Shower on site
- Small, non-intimidating environment

TO SIGN UP FOR CLASSES, VISIT THE MINDBODY APP