

# LFSHB LITTLE LEAGUE TEE BALL DIVISION

## Tee Ball Format

It's our obligation as a league to continue to structure our league in such a way that our players can get the maximum learning and positive experience out of it. With this said we have structured our TEE BALL Division in such a way that each player will have the opportunity to increase their repetition learning the skills needed to progress in this sport.

## Pre-season Practices: Dates TBA

- Indoor Practices begin in March with 1 practice each week, usually lasting 60 minutes. Indoor practices are Saturday mornings. When the weather gets warmer practices will move outdoors.

## Start of the season: Dates TBA

- Your child's team will meet twice a week
  - 1 team practice during the week (Mon-Fri) lasting no more than 1 hour.
  - Saturdays session Weeks 1-4
    - Will be instructional clinics with all teams participating at the same time in our skills and drills format with teams rotating through 5 stations in the 90 min format.
  - Saturdays sessions Weeks 5-8
    - Games will begin. Each team will play 1 game on a Saturday, each game is about 45 min long.

## Uniforms

Players will get a hat, jersey, and socks. You must buy your own **WHITE** baseball pants. You can find pants on Amazon for \$10.

## Equipment needed

- Glove
- Cleats for outdoor use or sneakers for any indoor practices
- Bat – USA approved
- Helmet (optional) league supplies
- **Closeoutbats.com has a tee ball bundle for \$29 (bat, glove and helmet)**

## Parents' obligations

- To be supportive and willing to help coach and communicate with coach volunteers
- To volunteer in the Snack Stand

## Our outlets

Website address: [LFSHlittleleague.com](http://LFSHlittleleague.com)

Facebook page: Little Ferry South Hackensack Little League

Email address: [LFSHbaseball@gmail.com](mailto:LFSHbaseball@gmail.com)