

VOLUNTEERS

I'm interested in potentially managing a team, what would be involved?

Good managers are key to making T-Ball/Farm Baseball Teams a successful experience for the players and their families. It's not a small amount of effort, but the season passes very quickly, and it's extremely rewarding. With the help of your assistants you'd teach the kids the very basics of the game during practices and then during the regular season you'll work with the other managers and assistants to ensure the games are a safe and enjoyable experience for the players. Please express your interest at the Registration sessions or contact us via the LFSHB website

How can I help?

Every Volunteer Manager needs support from the other team parents. They will need reliable assistant coaches as well as other assistance with the kids both on the field and in the dugouts. If baseball isn't your thing you may be able to help by organizing team outings, or events, or after game snacks.

Scheduling

When is the season?

Farm Baseball season consists of multiple games and practices, from February to Late May. Post-Season All Star selections play in the first week June.

When do the practices begin?

Gym practices are scheduled early in year in order to assist in the development of kids. As soon as the snow melts, the fields are playable, and the temperatures mild enough for the kids to be comfortable.

When will the schedule be available?

The season schedule is typically available by mid-March and will be provided on the website and by the Team Coaches to parents.

Where and when are the games and practices held?

Practices are typically held once or twice a week held on a weeknight beginning at the 5:30 PM or 6:30 PM time slot and/or pre-season Saturdays. There are no Sunday LFSHB Little League practices/games. Sundays are left open for the club and travel teams.

Games are scheduled on **WEEKDAYS** AND **SATURDAYS**. **PRACTICE** schedules vary from week to week due to Field Availabilities.

Games and practices are held at the LFSHB Farm and Minor Fields. In addition, the Farm Baseball teams are scheduled for **AWAY** games against local little league partners, Ridgefield and Ridgefield Park.

For example, LFSHB Teams 1,2,3 and 4 will play **Intra-League games on weekdays**.

On Saturdays, the teams will be scheduled for **HOME** or **AWAY** Inter-League games. In the event of adverse weather, **Games may be delayed or postponed**. Most games are delayed and played later in the day or at the LFSHB Fields as they are likely less affected by rainwater.

For example, LFSHB Team 1 is scheduled to play in RP on Saturday 12 Noon. Rain delay occurs. Game may be played in RP at 1:00 PM or moved to LFSHB Complex for a 12 noon or later time due to field availability. This effort is made in order for the players to get exposure to playing in the games.

Any Weekend cancellations will be scheduled for Weekday games.

As a league and managers, we attempt to schedule games within a short period of time in the rain delay in order to allow the players and parents to fulfill their other personal commitments. This is a very fluid process but we will communicate with the Team parents 24 hours prior to the games and throughout the game day when those games are affected by weather.

Equipment

What equipment do I need to purchase?

Each player should have their own glove, bat, and a water bottle. The team has batting helmets, though many parents choose to purchase their own. A gear bag and Rubber cleats are not required but many parents select to purchase them. In colder periods in the season, many players elect to wear Cold Weather apparel underneath their baseball jerseys. Sweatshirts can be worn in practice and in Dugout but cannot be worn over Team Jerseys on Game Days.

Are there guidelines for bats and gloves that you recommend?

For gloves you should look at a size between 9 and 11 inches. The most important thing is that it is well broken-in or soft enough for the player to be able close it. It should be large enough for a baseball to easily fit inside yet not too big and heavy for the young player to be able to control easily. Bats generally range between 24 and 28 inches long with a weight ranging from 13 to 18oz. The most commonly used bats are 24-27 inches long and 14-16 oz in weight. The most important consideration is that the bat is not too heavy for the child to control. Too light is much better than too heavy, because attempting to swing a too heavy bat will make the instruction of good hitting mechanics very difficult and the child is likely to develop bad habits that they will only have to “unlearn” later.

Indoor Hitting Instruction begins in March 8, 2020.