



**The Barbara Christie Program
Addressing Mental Health Issues of
Students: Social & Emotional Wellness**
(This workshop is designed for elementary to college
counselors)

Brian Gerety (co-founder/executive director)
Gary Silverstein (co-founder/executive clinical director)
Therapy Center in Bedford

Students are exhibiting stress, depression and anxiety resulting in emotional dysregulation and school avoidance. Gary and Brian have been treating student's grade school through college for over twenty five years. Listen as these clinicians share their experience and offer solutions -how therapies like CBT and DBT are effective and what counselors can do to support students with mental health issues.

March 28, 2019

3:30pm-6:00pm

Registration begins at 3:30pm

Knollwood Country Club
200 Knollwood Rd Ext, Elmsford, NY 10523

RSVP: <https://wprcamar28.eventbrite.com>

WPRCA Members-Free/Non-members \$25.00

Hosted by



Felician University is a private Roman Catholic university in New Jersey. The university has two campuses, one in Lodi and one in Rutherford.