

CONFIDENTIAL HEALTH INFORMATION QUESTIONNAIRE

This information is needed so we can better serve you. Please fill in ALL portions of the form. If you need assistance, please ask our receptionist, and we will be happy to have our Patient Services Representative help you.

PATIENT INFORMATION:

First/Last Name: _____ Nickname: _____ Date: _____

Street Address: _____

City: _____ State: _____ Zip: _____

Home Phone #: _____ Cell Phone #: _____ Work #: _____

Age: _____ Date of Birth: _____ Marital Status: M S D W

E-mail address: _____

Is your visit due to an accident? No / Yes-Motor Vehicle / Yes-Other Accident

Are you a Medicare patient? No / Yes Medicare #: _____

PRIMARY CARE PHYSICIAN:

Name: _____ Telephone Number: _____

Address: _____

EMPLOYMENT INFORMATION:

Your Occupation: _____ Employer: _____

Employer Street Address: _____

Employer City, State, Zip Code _____ Work Phone #: _____

SPOUSE INFORMATION:

Your Spouse's Name: _____

Spouse's Contact #: _____

EMERGENCY CONTACT/FAMILY INFORMATION:

Name of person(and relationship) to contact in case of emergency:

Emergency contact phone number(s): _____

Name of nearest relative (and relationship) not living with you / phone number(s):

REFERRAL INFORMATION:

Who referred you to this office so we may thank them? _____

In order to determine if care can be of benefit to you, this office will extend the courtesy of an initial consultation without charge. If the doctor might be able to help you with your condition, are you interested in seeking care?

Yes Unsure

THERE WILL BE NO CHARGED SERVICES WITHOUT YOUR INFORMED CONSENT.

I attest that the above information is true and correct to the best of my knowledge. I further understand that any charges incurred by me in this office are my sole responsibility, despite any insurance plan, legal involvement, or settlement.

Patient or Guardian Signature: _____ Date: _____

Parent or Guardian Name: _____

Patient Number: _____

NOTICE OF INFORMATION PRACTICES

Protecting the privacy of your personal health information is important to us. This notice describes how information about you may be used and disclosed and how you can get access to this information. Please review it carefully.

Disclosure of your protected health information without authorization is strictly limited to defined situations that include emergency care, quality assurance activities, public health research, and law enforcement activities. Any other disclosure for the purpose of treatment, payment or practice operations will be made only after obtaining your consent. You may request restrictions on disclosures.

Disclosures of protected health information are limited to the minimum necessary for the purpose of the disclosure. This provision does not apply to the transfer of medical records for treatment.

You may inspect and receive copies of your records within 30 days of a request to do so. There may be a reasonable cost-based fee for photocopying, postage and preparation.

You may request changes to your records. Our practice has the right to accept or deny your request.

We maintain a history of protected health information disclosure that is accessible to you.

In the future, we may contact you for appointment reminders, announcements, and to inform you about our practice and its staff.

Our practice is required to abide by this notice. We have the right to change this notice in the future. Any revisions will be prominently displayed in a clearly visible location in our office.

You may file a complaint about privacy violations by contacting our Chiropractic Director, Dr. B.B. Berger D.C. This notice is effective September 1, 2003.

Name _____ Date of Birth _____

Signature _____
Patient / Guardian Signature

Insurance Information (complete only if insurance card not provided at check-in)

Company Name _____ Work Phone _____

Address _____
Street or Box Number City State Zip

Employer _____ Address _____

Occupation _____ Phone Number _____

Patient Number: _____

PATIENT CONSENT AUTHORIZATION

Consent for Treatment: I voluntarily consent to the rendering of care, including treatment and performance of diagnostic procedures. I understand that I am under the care and supervision of the attending physician and it is the responsibility of the staff to carry out the instructions of such physician(s).

Assignment of Benefits: I hereby assign payment directly to the physician(s) accepting this assignment of medical benefits applicable and otherwise payable to me but not to exceed the physician's regular charges. I understand that I am financially responsible for charges not covered by this assignment and for all charges that the insurance carrier declines to pay.

Release of Information: the physician(s) may disclose all or part of the patient's record to any person or corporation which is or may be liable under a contract to the physician(s) charges, including but not limited to, insurance companies, worker's compensation carriers, welfare funds, or the patient's employer.

H.M.O. Disclaimer: I certify that if I am presently enrolled in a Health Maintenance Organization (HMO) plan I am responsible for obtaining the necessary pre-authorizations and referrals. Subsequent rejection of an HMO claim will constitute responsibility for payment of the total claim amount billed.

Medicare Patient Certification – Patients Certification Authorization to Release Information and Payment Request: I certify that the information given by me in applying for payment under Title XIII and/or Title XI of the Social Security Act is correct. I authorize any holder of medical or other information about me, to release to the Social Security Administration or its intermediary carriers, any information needed for this or related Medicare claim. I request that payment of authorized benefits to be made on my behalf. I assign the benefits payable for physician(s) services. I understand that I am responsible for my health insurance deductibles and coinsurance.

Verification of Non-Pregnancy (Female Patients Only): By my signature on this form I do hereby state that to the best of knowledge, I am not pregnant, nor is pregnancy suspected or confirmed at this particular time. Date of last menstrual period _____.

Consent to Treatment of Minor Child: If applicable: I hereby authorize the clinical and ancillary staff of Highland Park Wellness & Rehab to administer as they so deem necessary to my child.

Printed Patient's Name

Patient's Signature

Date

Guardian Name (Printed)

Relationship to Patient

Guardian Signature, if patient is a minor

Date

Witness

Date

Patient Number: _____

HIGHLAND PARK WELLNESS & REHAB - Dr. Burton Berger, D.C.
5634 Dyer St • Dallas, Texas 75206 • 214-219-3900 • 214-219-1207 (fax)
www.highlandparkwellness.com

FINANCIAL POLICY

Our policy is to extend to you the courtesy of allowing you to assign your insurance benefit directly to us. This policy reduces your out-of-pocket expense and allows you to place your family under care.

1. **If You Do Not Have Insurance:** All payments are expected at the time of service or by an authorized payment plan. Our payment plans make care an affordable part of your family budget. Any personal balance not paid by Friday is automatically charged to your designated card.
2. **If You Have Insurance:** All deductibles and co-payments are expected at the time of service or by an authorized payment plan. Your co-insurance balance may not exceed \$100 or care may be terminated. Our payment plans make care an affordable part of your family budget. Any personal balance not paid by Friday is automatically charged to your designated card.

You are considered a cash patient until you bring in your completed insurance forms, and we qualify and accept your insurance coverage. We do not accept assignment for secondary insurance carriers, but will be happy to provide you with an itemized statement for your secondary carrier.

The Undersigned has made, constituted and appointed, any these presents does hereby make Highland Park Wellness & Rehab and any of its duly authorized agents and employees as to be the undersigned's true and lawful Attorney in Fact for and in the undersigned's name, place and stead to endorse any all checks, drafts or money orders which are payable for services rendered in the office of Highland Park Wellness & Rehab.

If your carrier has not paid a claim within sixty (60) days of submission, you agree to take an active part in the recovery of your claim. If your insurance carrier has not paid within ninety (90) days of submission, you accept responsibility for payment in full of any outstanding balance and authorize us to use your credit card to collect full payment.

3. If you discontinue care for any reason other than discharge by the doctor, all balances will become immediately due and payable in full by you, regardless of any claim submitted.

I have read and fully understand the financial policy of Highland Park Wellness & Rehab.

Signature: _____ Date: _____

Witness: _____ Date: _____

I agree to the above terms and authorize you to bill the charge card indicated. I understand that should payment not be received within sixty (60) days after submission of my claim, or should I terminate care before being dismissed by my provider, I will be charged the amount due.

For your convenience you **MAY** retain your credit card number on file with us.

CREDIT CARD: AMEX VISA MC DISCOVER

Name as it appears on card: _____

Card # _____ Exp. Date: _____ Auth Code: _____ Billing Zip Code: _____

Signature: _____ Date: _____

REVIEW OF SYSTEMS: Check only the ones you now have or have had in the past.

GENERAL	Now	Past	THROAT	Now	Past	GASTROINTESTINAL	Now	Past
Weakness	<input type="checkbox"/>	<input type="checkbox"/>	Soreness	<input type="checkbox"/>	<input type="checkbox"/>	Abdominal Pain	<input type="checkbox"/>	<input type="checkbox"/>
Fatigue	<input type="checkbox"/>	<input type="checkbox"/>	Bad Tonsils	<input type="checkbox"/>	<input type="checkbox"/>	Nausea	<input type="checkbox"/>	<input type="checkbox"/>
Fever	<input type="checkbox"/>	<input type="checkbox"/>	Hoarseness	<input type="checkbox"/>	<input type="checkbox"/>	Bloated	<input type="checkbox"/>	<input type="checkbox"/>
Chills	<input type="checkbox"/>	<input type="checkbox"/>	Pain	<input type="checkbox"/>	<input type="checkbox"/>	Belching	<input type="checkbox"/>	<input type="checkbox"/>
Night Sweats	<input type="checkbox"/>	<input type="checkbox"/>	Trouble	<input type="checkbox"/>	<input type="checkbox"/>	Heartburn	<input type="checkbox"/>	<input type="checkbox"/>
Fainting	<input type="checkbox"/>	<input type="checkbox"/>	Swallowing	<input type="checkbox"/>	<input type="checkbox"/>	Indigestion	<input type="checkbox"/>	<input type="checkbox"/>
SKIN			Recurrent	<input type="checkbox"/>	<input type="checkbox"/>	Irregular Bowel Habits	<input type="checkbox"/>	<input type="checkbox"/>
Color Changes	<input type="checkbox"/>	<input type="checkbox"/>	Infections	<input type="checkbox"/>	<input type="checkbox"/>	Constipation	<input type="checkbox"/>	<input type="checkbox"/>
Nail Changes	<input type="checkbox"/>	<input type="checkbox"/>	NECK			Diarrhea	<input type="checkbox"/>	<input type="checkbox"/>
Hair Changes	<input type="checkbox"/>	<input type="checkbox"/>	Neck Enlargement	<input type="checkbox"/>	<input type="checkbox"/>	Gas	<input type="checkbox"/>	<input type="checkbox"/>
Moles	<input type="checkbox"/>	<input type="checkbox"/>	Stiff Neck	<input type="checkbox"/>	<input type="checkbox"/>	Hemorrhoids	<input type="checkbox"/>	<input type="checkbox"/>
Rashes	<input type="checkbox"/>	<input type="checkbox"/>	Soreness	<input type="checkbox"/>	<input type="checkbox"/>	Poor Appetite	<input type="checkbox"/>	<input type="checkbox"/>
Sores	<input type="checkbox"/>	<input type="checkbox"/>	Lumps	<input type="checkbox"/>	<input type="checkbox"/>	Food Intolerance	<input type="checkbox"/>	<input type="checkbox"/>
Weakness	<input type="checkbox"/>	<input type="checkbox"/>	Masses	<input type="checkbox"/>	<input type="checkbox"/>	Bloody Stools	<input type="checkbox"/>	<input type="checkbox"/>
HEAD			BREASTS			Black Stools	<input type="checkbox"/>	<input type="checkbox"/>
Headaches	<input type="checkbox"/>	<input type="checkbox"/>	Discharge	<input type="checkbox"/>	<input type="checkbox"/>	GENITOURINARY		
Injuries	<input type="checkbox"/>	<input type="checkbox"/>	Lumps	<input type="checkbox"/>	<input type="checkbox"/>	Urgency	<input type="checkbox"/>	<input type="checkbox"/>
Bumps	<input type="checkbox"/>	<input type="checkbox"/>	Pain	<input type="checkbox"/>	<input type="checkbox"/>	Incontinence	<input type="checkbox"/>	<input type="checkbox"/>
Last Eye Exam _____			Bleeding	<input type="checkbox"/>	<input type="checkbox"/>	Straining	<input type="checkbox"/>	<input type="checkbox"/>
Glasses	<input type="checkbox"/>	<input type="checkbox"/>	Nipple Changes	<input type="checkbox"/>	<input type="checkbox"/>	Back Pain	<input type="checkbox"/>	<input type="checkbox"/>
Contacts	<input type="checkbox"/>	<input type="checkbox"/>	Skin Changes	<input type="checkbox"/>	<input type="checkbox"/>	Frequent Voiding	<input type="checkbox"/>	<input type="checkbox"/>
Cataracts	<input type="checkbox"/>	<input type="checkbox"/>	Bloated	<input type="checkbox"/>	<input type="checkbox"/>	Stones	<input type="checkbox"/>	<input type="checkbox"/>
EARS			LUNGS			Burning	<input type="checkbox"/>	<input type="checkbox"/>
Hard of Hearing	<input type="checkbox"/>	<input type="checkbox"/>	Cough	<input type="checkbox"/>	<input type="checkbox"/>	Bed Wetting	<input type="checkbox"/>	<input type="checkbox"/>
Deafness	<input type="checkbox"/>	<input type="checkbox"/>	Phlegm	<input type="checkbox"/>	<input type="checkbox"/>	Small Stream	<input type="checkbox"/>	<input type="checkbox"/>
Ringing	<input type="checkbox"/>	<input type="checkbox"/>	Blood	<input type="checkbox"/>	<input type="checkbox"/>	Discharge	<input type="checkbox"/>	<input type="checkbox"/>
Discharge	<input type="checkbox"/>	<input type="checkbox"/>	Short of Breath	<input type="checkbox"/>	<input type="checkbox"/>	Impotence	<input type="checkbox"/>	<input type="checkbox"/>
Earache	<input type="checkbox"/>	<input type="checkbox"/>	Wheezing	<input type="checkbox"/>	<input type="checkbox"/>	Dribbling	<input type="checkbox"/>	<input type="checkbox"/>
Itching	<input type="checkbox"/>	<input type="checkbox"/>	Pain	<input type="checkbox"/>	<input type="checkbox"/>	Cloudy Urine	<input type="checkbox"/>	<input type="checkbox"/>
Dizziness	<input type="checkbox"/>	<input type="checkbox"/>	Congestion	<input type="checkbox"/>	<input type="checkbox"/>	Urine Color _____		
Room Spins	<input type="checkbox"/>	<input type="checkbox"/>	Inhalant Exposure	<input type="checkbox"/>	<input type="checkbox"/>	Spotting Between Periods	<input type="checkbox"/>	<input type="checkbox"/>
NOSE			HEART			Menstrual Cramps	<input type="checkbox"/>	<input type="checkbox"/>
Decreased Smell	<input type="checkbox"/>	<input type="checkbox"/>	Murmur	<input type="checkbox"/>	<input type="checkbox"/>	Discharge	<input type="checkbox"/>	<input type="checkbox"/>
Bleeding	<input type="checkbox"/>	<input type="checkbox"/>	Palpitations	<input type="checkbox"/>	<input type="checkbox"/>	Itching	<input type="checkbox"/>	<input type="checkbox"/>
Pain	<input type="checkbox"/>	<input type="checkbox"/>	Rapid Heartbeat	<input type="checkbox"/>	<input type="checkbox"/>	Painful Intercourse	<input type="checkbox"/>	<input type="checkbox"/>
Discharge	<input type="checkbox"/>	<input type="checkbox"/>	Swollen	<input type="checkbox"/>	<input type="checkbox"/>	Irregular Periods	<input type="checkbox"/>	<input type="checkbox"/>
Obstruction	<input type="checkbox"/>	<input type="checkbox"/>	Extremities	<input type="checkbox"/>	<input type="checkbox"/>	Hot Flashes	<input type="checkbox"/>	<input type="checkbox"/>
Post Nasal Drip	<input type="checkbox"/>	<input type="checkbox"/>	Cold Extremities	<input type="checkbox"/>	<input type="checkbox"/>	Contraception Type _____		
Deviated Septum	<input type="checkbox"/>	<input type="checkbox"/>	Chest Pain/Pressure	<input type="checkbox"/>	<input type="checkbox"/>	Age at 1 st Period _____		
Runny Nose	<input type="checkbox"/>	<input type="checkbox"/>	Varicose Veins	<input type="checkbox"/>	<input type="checkbox"/>	Duration of Cycle _____		
Sinus Congestion	<input type="checkbox"/>	<input type="checkbox"/>	Blood Clots	<input type="checkbox"/>	<input type="checkbox"/>	Duration of Flow _____		
MOUTH			Blue Extremities	<input type="checkbox"/>	<input type="checkbox"/>	# of Pregnancies _____		
Bleeding	<input type="checkbox"/>	<input type="checkbox"/>	BLOOD			# of Births _____		
Sores	<input type="checkbox"/>	<input type="checkbox"/>	Anemia	<input type="checkbox"/>	<input type="checkbox"/>	# of Miscarriages _____		
Dental Problems	<input type="checkbox"/>	<input type="checkbox"/>	Low Blood Iron	<input type="checkbox"/>	<input type="checkbox"/>	# of Abortions _____		
Bad Breath	<input type="checkbox"/>	<input type="checkbox"/>	Easy Bruising	<input type="checkbox"/>	<input type="checkbox"/>	Menstrual Flow <input type="checkbox"/> Heavy <input type="checkbox"/> Mod <input type="checkbox"/> Light		
Loss of Taste	<input type="checkbox"/>	<input type="checkbox"/>	Easy Bleeding	<input type="checkbox"/>	<input type="checkbox"/>	Last Period _____		
Dry Mouth	<input type="checkbox"/>	<input type="checkbox"/>	Swollen Nodes	<input type="checkbox"/>	<input type="checkbox"/>	Last Pap Smear _____		
Ulcers	<input type="checkbox"/>	<input type="checkbox"/>	Painful Nodes	<input type="checkbox"/>	<input type="checkbox"/>	Last Vaginal Exam _____		
Blisters	<input type="checkbox"/>	<input type="checkbox"/>	Sugar in Blood	<input type="checkbox"/>	<input type="checkbox"/>	Last Mammogram _____		
			Red Spots	<input type="checkbox"/>	<input type="checkbox"/>	Last Prostate Exam _____		

REVIEW OF SYSTEMS: Check only the ones you now have or have had in the past.

NEUROLOGIC	Now	Past	PSYCHIATRIC	Now	Past	MUSCULOSKELETAL	Now	Past
Seizures	<input type="checkbox"/>	<input type="checkbox"/>	Hyperventilation	<input type="checkbox"/>	<input type="checkbox"/>	Muscle Pain	<input type="checkbox"/>	<input type="checkbox"/>
Vertigo	<input type="checkbox"/>	<input type="checkbox"/>	Insecurity	<input type="checkbox"/>	<input type="checkbox"/>	Muscle Weakness	<input type="checkbox"/>	<input type="checkbox"/>
Dizziness	<input type="checkbox"/>	<input type="checkbox"/>	Depression	<input type="checkbox"/>	<input type="checkbox"/>	Muscle Cramps	<input type="checkbox"/>	<input type="checkbox"/>
Hand Trembling	<input type="checkbox"/>	<input type="checkbox"/>	Troubled Sleep	<input type="checkbox"/>	<input type="checkbox"/>	Muscle Twitching	<input type="checkbox"/>	<input type="checkbox"/>
Loss of Sensation	<input type="checkbox"/>	<input type="checkbox"/>	Irritable	<input type="checkbox"/>	<input type="checkbox"/>	Joint Stiffness	<input type="checkbox"/>	<input type="checkbox"/>
Incoordination	<input type="checkbox"/>	<input type="checkbox"/>	Undecidedness	<input type="checkbox"/>	<input type="checkbox"/>	Joint Pain	<input type="checkbox"/>	<input type="checkbox"/>
Loss of Facial	<input type="checkbox"/>	<input type="checkbox"/>	Timid	<input type="checkbox"/>	<input type="checkbox"/>			
Weak Grip	<input type="checkbox"/>	<input type="checkbox"/>	Hallucinations	<input type="checkbox"/>	<input type="checkbox"/>	ENDOCRINE		
Paralysis	<input type="checkbox"/>	<input type="checkbox"/>	Loss of Memory	<input type="checkbox"/>	<input type="checkbox"/>	Weight Loss	<input type="checkbox"/>	<input type="checkbox"/>
Difficult Speech	<input type="checkbox"/>	<input type="checkbox"/>	Alcoholism	<input type="checkbox"/>	<input type="checkbox"/>	Weight Gain	<input type="checkbox"/>	<input type="checkbox"/>
Tingling	<input type="checkbox"/>	<input type="checkbox"/>	Drug Addiction	<input type="checkbox"/>	<input type="checkbox"/>	Extremely Thin	<input type="checkbox"/>	<input type="checkbox"/>
Loss of Memory	<input type="checkbox"/>	<input type="checkbox"/>	Drug Dependent	<input type="checkbox"/>	<input type="checkbox"/>	Heat Intolerance	<input type="checkbox"/>	<input type="checkbox"/>
Numbness	<input type="checkbox"/>	<input type="checkbox"/>	Suicidal Thoughts	<input type="checkbox"/>	<input type="checkbox"/>	Cold Intolerance	<input type="checkbox"/>	<input type="checkbox"/>
			Extreme Worry	<input type="checkbox"/>	<input type="checkbox"/>	Hair Changes	<input type="checkbox"/>	<input type="checkbox"/>
			Sexual Problems	<input type="checkbox"/>	<input type="checkbox"/>	Breast Changes	<input type="checkbox"/>	<input type="checkbox"/>

IMMUNIZATION/VACCINATION

DPT	<input type="checkbox"/>	<input type="checkbox"/>
Mumps	<input type="checkbox"/>	<input type="checkbox"/>
Smallpox	<input type="checkbox"/>	<input type="checkbox"/>
Typhoid	<input type="checkbox"/>	<input type="checkbox"/>
Tetanus	<input type="checkbox"/>	<input type="checkbox"/>
Measles	<input type="checkbox"/>	<input type="checkbox"/>
Pneumococcal	<input type="checkbox"/>	<input type="checkbox"/>
Influenza	<input type="checkbox"/>	<input type="checkbox"/>
Polio	<input type="checkbox"/>	<input type="checkbox"/>
MMR	<input type="checkbox"/>	<input type="checkbox"/>
Shingles	<input type="checkbox"/>	<input type="checkbox"/>
COVID-19	<input type="checkbox"/>	<input type="checkbox"/>

PAST MEDICAL HISTORY, Check only the ones you have had in the past.

Hay Fever	<input type="checkbox"/>	Epilepsy	<input type="checkbox"/>
Mumps	<input type="checkbox"/>	Paralysis	<input type="checkbox"/>
Rheumatic Fever	<input type="checkbox"/>	Polio	<input type="checkbox"/>
Allergies	<input type="checkbox"/>	Mental Illness	<input type="checkbox"/>
Angina	<input type="checkbox"/>	Alcoholism	<input type="checkbox"/>
Cancer	<input type="checkbox"/>	Depression	<input type="checkbox"/>
Tumor	<input type="checkbox"/>	Nervous Breakdown	<input type="checkbox"/>
Blood Disease	<input type="checkbox"/>	Migraine	<input type="checkbox"/>
Leukemia	<input type="checkbox"/>	Gout	<input type="checkbox"/>
Heart Trouble	<input type="checkbox"/>	Hemorrhoids	<input type="checkbox"/>
Varicose Veins	<input type="checkbox"/>	Prostate Problems	<input type="checkbox"/>
Phlebitis	<input type="checkbox"/>	Sexual Problems	<input type="checkbox"/>
Hypertension	<input type="checkbox"/>	Gonorrhea	<input type="checkbox"/>
Stroke	<input type="checkbox"/>	Syphilis	<input type="checkbox"/>
Ulcers	<input type="checkbox"/>	Diabetes	<input type="checkbox"/>
Jaundice	<input type="checkbox"/>	Bladder Trouble	<input type="checkbox"/>
Skin Trouble	<input type="checkbox"/>	Kidney Stones	<input type="checkbox"/>
Gallstones	<input type="checkbox"/>	Kidney Infections	<input type="checkbox"/>
Liver Trouble	<input type="checkbox"/>	Diabetes	<input type="checkbox"/>
Hepatitis	<input type="checkbox"/>	Bladder Trouble	<input type="checkbox"/>
Parasites	<input type="checkbox"/>	Dysentery	<input type="checkbox"/>

BLOOD TYPE

A +	<input type="checkbox"/>	A -	<input type="checkbox"/>
B +	<input type="checkbox"/>	B -	<input type="checkbox"/>
AB +	<input type="checkbox"/>	AB -	<input type="checkbox"/>
O +	<input type="checkbox"/>	O -	<input type="checkbox"/>
Other:	_____		

BLOOD TRANSFUSIONS

Date _____
Date _____
Date _____
Date _____

Date of Last Chest X-Ray _____	<input type="checkbox"/>	Normal	<input type="checkbox"/>	Abnormal
Last TB Skin Test _____	<input type="checkbox"/>	Normal	<input type="checkbox"/>	Abnormal
Allergies _____				

MEDICATIONS / SUPPLEMENTS: (list all current prescriptions, over the counter medications, vitamins and supplements)

Patient Name _____ Date _____ Number _____

FAMILY HISTORY List any of the diseases listed above which run in your family.

Relative	Age if Living	Age at Death	Cause of Death	State of Health	Illnesses
Father					
Mother					
Brother(s)					
Sister(s)					
Maternal Grandfather					
Maternal Grandmother					
Paternal Grandfather					
Paternal Grandmother					

SOCIAL HISTORY Check the boxes and fill in.

Current Weight: _____ Have you recently lost or gained weight? _____

Mental Work Heavy Moderate Light Hours per day _____

Physical Work Heavy Moderate Light Hours per day _____

Exercise Heavy Moderate Light Hours per week _____ Type _____

Smoking Current Previous Packs/Day _____ No. of Years _____

Alcohol Beer/Week _____ Liquor/Week _____ Wine/Week _____ No. of Years _____

Caffeine (Coffee, Tea, Cola) Cups / Day _____ No. of Years _____

Aspirin No./Day _____ No. of Years _____ Others _____

MARK THE AREAS OF YOUR SYMPTOMS ON THE FIGURES TO THE RIGHT. Use the following symbols:

Aches ^^^^ Numbness oooo Pins/Needles ●●●● Stabbing
////

MARK AN "X" ON THE LINES:

How bad are your symptoms now?

_____ None _____ Most Severe

How bad have they been in the past?

_____ None _____ Most Severe

