



Premier Hospice

THE GIFT OF GRIEF

Joy Tomorrow through Today's Sorrow

www.premierhospicetx.com

Joseph Chinn

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My name is Joseph Chinn. I am honored to walk alongside you in this painful process. Please accept my humblest condolences for your loss.

I will be here during the following few months with a listening ear, and as a part of the greater Premier Hospice Team around you. You are not alone. We honor the life of your loved one, and we commit to doing what is within our power to provide you with comfort and care as you begin this delicate journey of grief. Again, from all of us at Premier, you are not alone.

- *Joseph Chinn*

Here For You

Our Intentionally
Designed Offering
of Help and Hope
for You

At Premier Hospice, our goal is to provide you with an experience of care that both honors the life of your loved one and expands your access to the comfort of knowing *that you are not alone.*

We are available, not to give you false hope or to place unrealistic demands on your emotional health, but to offer assistance and support as we walk beside you in this stage of your journey. We know that this process began before we arrived, so we crafted this resource to honor the significant strides you have made and to encourage you in your next steps along the way.

Perhaps more than any other question, this one will be repeated far more than you care to hear it. There may be days that come when you feel that you have no desire to respond to its unapologetic open ended-ness. No matter how you feel and whenever it arises, remember that you are free to have no answer, and free to venture no answer at all. **You are in a process** which may at once both provide you with and leave you bereft of certain vocabulary depending on the time, or day, or both. Take the time you need to speak truthfully and openly, and when the time is right.

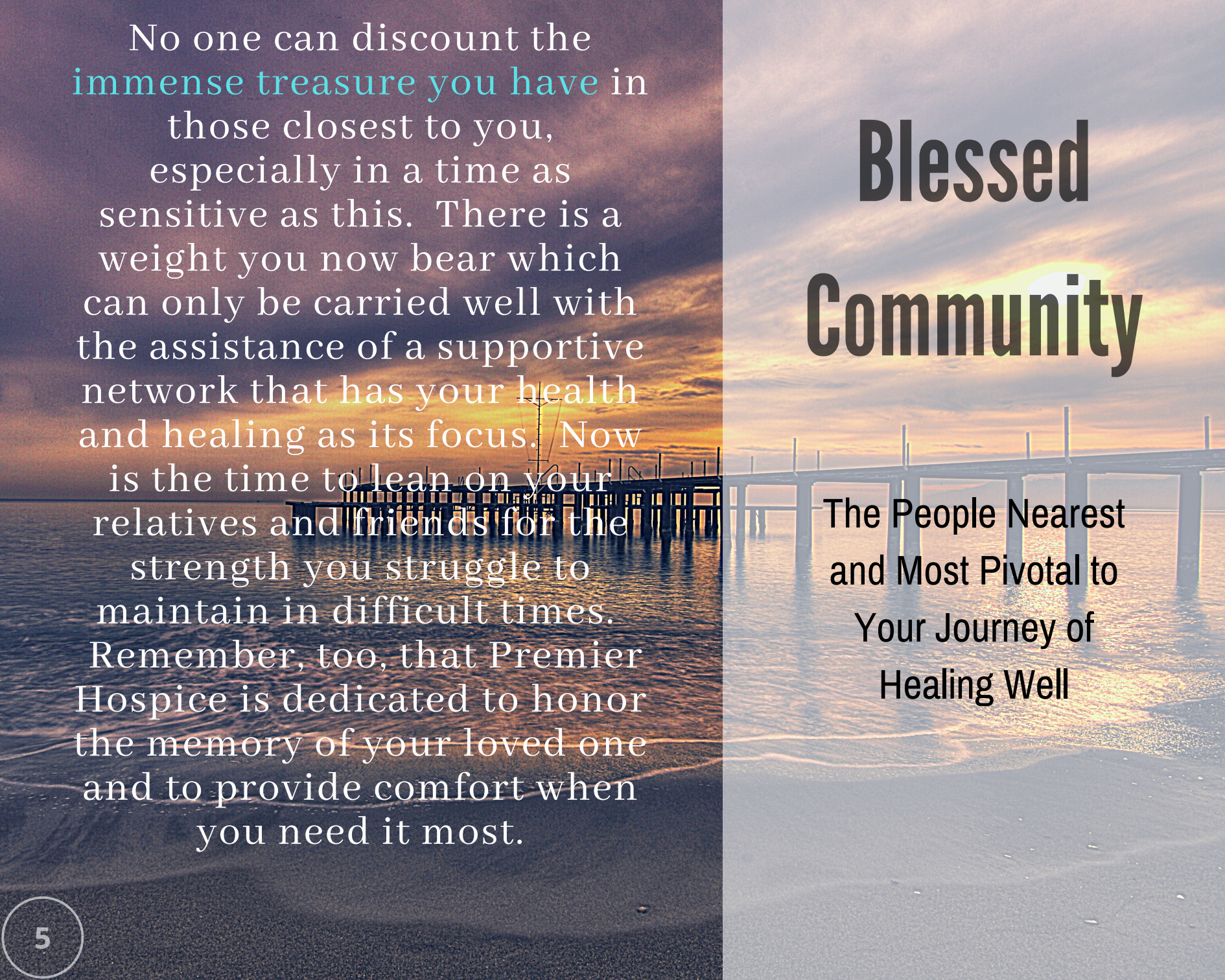
How You Are Doing

The One Question
Which Will Feel Too
Frequently Asked
No Matter the Good
Intentions

Living Each Moment

The Daily Courage
of Stewarding Grief
through the Ebbs
and Flows of
Evenings and
Mornings

There is no universal standard for the length of time you are 'supposed' to grieve for your loved one. **Your experience is unique** to you. You are going to feel any number of emotions and reactions internally throughout each day. The solemn opportunity you have is to receive each of those moments as a way both to honor your loved one and take one more step toward an ever-broadening expression of grief. In the tears, anger, sadness, and questions which arise, remember that you are the steward of your heart and mind.



No one can discount the
immense treasure you have in
those closest to you,
especially in a time as
sensitive as this. There is a
weight you now bear which
can only be carried well with
the assistance of a supportive
network that has your health
and healing as its focus. Now
is the time to lean on your
relatives and friends for the
strength you struggle to
maintain in difficult times.
Remember, too, that Premier
Hospice is dedicated to honor
the memory of your loved one
and to provide comfort when
you need it most.

Blessed Community

The People Nearest
and Most Pivotal to
Your Journey of
Healing Well

Trading Lenses

Reorienting Life and
Determining to Be
Fully Present in
Every Experience

At a point defined by the (at times) unspoken expectations of others, you may feel mentally distanced by certain family members and friends, especially when the persistence of your grief coincides with the finitude of their emotional endurance with you. In these moments, remember that there is no stringent rule governing your process of mourning. You may take the time you need to grieve in the healthiest way you know how. Gradually, you will begin to notice a change. Your sense of loss may never end, but you will regain your equilibrium if you keep moving forward.

The background of the advertisement is a serene coastal scene at sunset. The sky is filled with soft, golden light from the setting sun, which is visible on the right side. The sun's rays create a shimmering reflection on the calm water. In the middle ground, a long wooden pier with many vertical support posts extends from the shore into the sea. The foreground shows a dark, sandy beach with gentle waves lapping at the shore. The overall mood is peaceful and contemplative.

Premier Hospice

When Time Matters Most
Honoring Life
and
Providing Comfort
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Created for



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