**High Ropes Level I Certification Event for 2020 PRCA Conference**

**Topics to include:**

Pre-operational Inspection, Setup, Self-Climbing / belaying

Use of equipment (harnesses, claws, helmets, safety devices, etc.),

Belay, Knots, Rescue, Self-Rescue, Group Facilitation and leadership,

Legal considerations (risk management), “What If?”, and other relevant topics!

(Visit to 2nd nearby challenge course? Engage Low course participants in some way?)

**Wednesday, March 4, 2020**

**10:00 Welcome, introductions and paperwork!**

10:15 Introduction of equipment, Group facilitation, Leadership,

Proper fitting of harnesses, helmets, claws. Demonstration of group facilitation to begin on elements. Transitioning to leadership of elements. Introduction to dynamic verses static belay systems of a traditional high elements. Introduce belaying.

**12:15 Lunch**

1:00 Continue with morning session allowing time for experiential learning. Set-up and take down, practice, equipment storage, belay practice, etc.

**3:00 Short Break**

3:30 Introduction of Specialty elements/situations (Freestanding activity facilitation: Ziplines, Climbing walls, Giant swings, etc.)

**5:30 Supper**

6:30 Classroom sessions: Emergency Procedures, Debrief, Legal Considerations, Knots, etc.

9:00 Time for networking, decompression and rest!

**Thursday, March 5, 2020**

**7:30 Breakfast**

8:15 Rescue topics and practice.

**11:30 Lunch**

12:15 Introduction of Pre-operational Inspection and recognition of construction issues.

2:00 Review, additional coverage of systems not found at site, questions, etc.

**4:30 Dismiss to leave and head to PRCA Conference.**