



Barnabas Behavioral Healthcare Pain Medication Screening Patient Form

When is your pain at its WORST?	<input type="checkbox"/> Sitting	<input type="checkbox"/> Lying down
	<input type="checkbox"/> Standing	<input type="checkbox"/> Touching/Pressure
	<input type="checkbox"/> Ambulatory	<input type="checkbox"/> Weather
	<input type="checkbox"/> Physical Activity	

In your own words, please tell us what you do to help relieve the stress associated with your pain:

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Have you ever received mental health treatment?  YES  NO

<input type="checkbox"/> Out Patient	Dates _____	<input type="checkbox"/> In Patient	Dates _____
Name of Provider _____		Name of Provider _____	

In the following area, please place a check next to each item which indicates an area of concern to you. Please place two checks by items which are most important (you may add comments.)

<input type="checkbox"/> Anxiety	<input type="checkbox"/> Troubling memories	<input type="checkbox"/> Unfairly treated by others
<input type="checkbox"/> Depressed mood	<input type="checkbox"/> Inability to relax	<input type="checkbox"/> Repetitive behaviors
<input type="checkbox"/> Guilt feelings	<input type="checkbox"/> Memory difficulties	<input type="checkbox"/> Drinking or drug problems
<input type="checkbox"/> Over activity	<input type="checkbox"/> Lack of confidence	<input type="checkbox"/> Rely too much on others
<input type="checkbox"/> Weight loss	<input type="checkbox"/> Can't make decisions	<input type="checkbox"/> Suspicious of others
<input type="checkbox"/> Weight gain	<input type="checkbox"/> Bitterness or resentment	<input type="checkbox"/> Recent loss of someone
<input type="checkbox"/> Headaches	<input type="checkbox"/> Periods of over activity	<input type="checkbox"/> Sexual problems/concerns
<input type="checkbox"/> Feelings of inferiority	<input type="checkbox"/> Eating problems	<input type="checkbox"/> Family quarreling
<input type="checkbox"/> Loss of interest	<input type="checkbox"/> Shy or awkward with others	<input type="checkbox"/> Fearful of things or situations
<input type="checkbox"/> Poor sleeping	<input type="checkbox"/> Unable to trust others	<input type="checkbox"/> Religious/spiritual concerns
<input type="checkbox"/> Repetitive ideas	<input type="checkbox"/> Change in eating habits	<input type="checkbox"/> Cardiovascular /heart problems
<input type="checkbox"/> Thought of suicide	<input type="checkbox"/> Fighting/arguing with others	<input type="checkbox"/> Alcohol/drug problem in family
<input type="checkbox"/> Wish to hurt others	<input type="checkbox"/> Can't stand up for myself	<input type="checkbox"/> Unusual/strange experiences
<input type="checkbox"/> Marital relationship	<input type="checkbox"/> Can't say "no" to others	<input type="checkbox"/> Stress from recent event
<input type="checkbox"/> Financial problems	<input type="checkbox"/> Poor adjustment to job/school	<input type="checkbox"/> Divorce/separation difficulty
<input type="checkbox"/> Lonely/too few friends	<input type="checkbox"/> Bad temper/anger problems	<input type="checkbox"/> Troubling habits/thoughts
<input type="checkbox"/> Unhappy most of the time	<input type="checkbox"/> Difficulties with opposite sex	<input type="checkbox"/> Feeling rejected by family
<input type="checkbox"/> Problem with children	<input type="checkbox"/> Stomach or bowel disturbance	<input type="checkbox"/> Other (specify)

Have you ever personally experienced:

<input type="checkbox"/> Child Abuse	<input type="checkbox"/> Eating Disorder
<input type="checkbox"/> Elder Abuse	<input type="checkbox"/> Poor Impulse Control
<input type="checkbox"/> Sexual Abuse	<input type="checkbox"/> Family Member Suicide
<input type="checkbox"/> Physical Abuse	

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*This notice describes how medical, drug and alcohol and psychological related information about you may be used and disclosed and how you can get access to this information. Please review it carefully.*

### **General Information**

Information regarding your health care, including payment for health care, is protected by two federal laws; the Health Insurance Portability and Accountability Act of 1996 ("HIPAA"), 42 U.S.C. 1320det seq., 45 C.F.R. Part 160 & 164 and the Confidentiality Law, 42 U.S.C. 290dd-2, 42 C.F.R. Part 2. Under these laws, Barnabas Behavioral Healthcare LLC may not say to a person outside Barnabas Behavioral Healthcare LLC that you attend the practice, nor may Barnabas Behavioral Healthcare LLC disclose any information identifying you as a client, or disclose any other protected information except as permitted by federal law.

Barnabas Behavioral Healthcare LLC must obtain your written consent before it can disclose information about you for payment purposes. For example, Barnabas Behavioral Healthcare LLC must obtain your written consent before it can disclose information to your health insurer in order to be paid for services. Generally, you must also sign a written consent before Barnabas Behavioral Healthcare LLC can share information for treatment purposes or for health care operations. However, federal law permits Barnabas Behavioral Healthcare LLC to disclose information without your written permission in the following situations:

1. Pursuant to an agreement with a qualified service organization/ business associate
2. For research, audit or evaluations.
3. To report a crime committed on Barnabas Behavioral Healthcare LLC premises or against Barnabas Behavioral Healthcare LLC personnel.
4. To medical personnel in a medical emergency.
5. To appropriate authorities to report suspected child abuse or neglect or domestic violence.
6. As allowed by a court order.

For example, Barnabas Behavioral Healthcare LLC can disclose information without your consent to obtain legal or financial services, or to another medical facility to provide health care to you, as long as there is a qualified services organization/ business associate agreement in place.

Barnabas Behavioral Healthcare LLC may need to share your protected health information with third party "business associates" that perform various activities such as laboratory services and billing partners. Whenever an arrangement between our office and a business associate involves the use or disclosure of your protected health information, we will have a written contract that contains terms that will protect the privacy of your protected health information.

Before Barnabas Behavioral Healthcare LLC can use or disclose any information about your health in a manner which is not described above, it must first obtain your specific written consent allowing it to make the disclosure. Any such written consent may be revoked by you in writing at any time.

### **Your Rights:**

Under HIPAA you have the right to request restrictions on certain uses and disclosures of your health information. At your request, Barnabas Behavioral Healthcare LLC will not disclose information to your health insurance plan about any services for which you have paid out-of-pocket. Barnabas Behavioral Healthcare LLC is not required to agree to any other restrictions you request, but if it does agree, then it is bound by that agreement and may not use or disclose any information which you have restricted except as necessary in a medical emergency.

You have the right to request that we communicate with you by alternative means or at an alternative location.

Barnabas Behavioral Healthcare LLC will accommodate such requests that are reasonable and will not request an explanation from you. Under HIPAA you also have the right to inspect and copy your own health information maintained by Barnabas Behavioral Healthcare LLC, except to the extent that the information contains psychotherapy notes or information compiled for use in a civil, criminal or administrative proceeding or in other limited circumstances.

Under HIPAA you also have the right, with some exceptions, to amend health care information maintained in Barnabas Behavioral Healthcare LLC records, and to request and receive an accounting of disclosures of your health related

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information made by Barnabas Behavioral Healthcare LLC during the six years prior to your request. You also have the right to receive a paper copy of this notice.

### **Barnabas Behavioral Healthcare LLC Duties:**

**Barnabas Behavioral Healthcare LLC will not share your protected health information for marketing or fundraising purposes, nor will we ever sell your protected health information without your prior approval.**

**Barnabas Behavioral Healthcare LLC is required by law to maintain the privacy of your health information and to provide you with notice of its legal duties and privacy practices with respect to your health information. Barnabas Behavioral Healthcare LLC is required by law to abide by the terms of this notice. Barnabas Behavioral Healthcare LLC reserves the right to change the terms of this notice and to make new notice provisions effective for all protected health information it maintains. You may access a revised version by accessing our website, or you may request a copy by calling the office and requesting that a revised copy be sent to you in the mail or asking for one at the time of your next appointment.**

### **Questions and Complaints:**

If you want more information about our privacy practices or have questions or concerns, please contact our Compliance Officer Peter Zaepfel at 803-216-0850.

If you are concerned that we may have violated your privacy rights, or you disagree with a decision we made about access to your health information or in response to a request you made to amend or restrict the use of disclosure of your health information or to have us communicate with you by alternative means or at alternative locations. You may complain to us using the contact information listed at the end of this Notice. You also may submit a written complaint to the U.S. Department of Health and Human Services. We will provide you with the address to file your complaint with the U.S. Department of Health and Human Services upon request.

We support your right to the privacy of your health information. We will not retaliate in any way if you choose to file a complaint with us or the U.S. Department of Health and Human Services.

If you have any questions or comments regarding your Protected Health Information, feel free to contact our Compliance Officer. The contact information is provided below.

Contact Officer: Peter Zaepfel, Corporate Compliance Officer Telephone: 803-216-0850 Fax: 803-216-0420  
Address: 409 Evelyn Drive Columbia, South Carolina 29210

## Acknowledgement of Receipt of Privacy Practices

I have read, understood, and received a copy of Barnabas Behavioral Healthcare LLC Notice of Privacy Practices and a copy of this form will be retained in my medical chart.

Signed: \_\_\_\_\_ Date: \_\_\_\_\_

Printed Name: \_\_\_\_\_

### Authorization to Disclose Information

I understand that my records are protected under the applicable state law governing health care information that relates to mental health services and under the federal regulations governing Confidentiality of Alcohol and Drug Abuse Patient Records 42CRF Part 2, and cannot be disclosed without my written consent unless otherwise provided for in state or federal regulations. I also understand that I may revoke this content at any time except to the extent that action has been taken in reliance on it. This release will expire 12 months after first signed.

\_\_\_\_\_ I want my annual screening report released to my Referring Doctor

\_\_\_\_\_ I DO NOT want this information released to my Referring Doctor

Patient \_\_\_\_\_ Date \_\_\_\_\_

Parent/Guardian \_\_\_\_\_ Date \_\_\_\_\_

Witness \_\_\_\_\_ Date \_\_\_\_\_

Barnabas Behavioral Healthcare, LLC  
**Consent to Treatment**

I \_\_\_\_\_, (your name) give permission for **Barnabas Behavioral Healthcare, LLC** to give me psychological treatment/ assessments/ testing/ screenings/ medical treatment. I allow **Barnabas Behavioral Healthcare, LLC** to file for insurance benefits to pay for the care I receive and I am responsible for prompt payment for my portion of my bill should I not have insurance or it is determined by my insurance company to be "patient responsible".

I understand that:

**Barnabas Behavioral Healthcare, LLC** will have to send my medical record information to my insurance company.

I must pay my share of the costs.

I must pay for the cost of these services if my insurance does not pay or I do not have insurance.

An assessment letter will be sent to my referring provider with the result of my assessment

I understand:

I have the right to refuse any procedure or treatment.

I have the right to discuss all medical treatments with my clinician.

I can cancel my appointment outside of 24 business hours without incurring a no show charge (business hours are M-F 8AM-5PM)

It is my responsibility to remember my appointment date and time and it is only a courtesy for me to receive a reminder call, email, or text.

Patient \_\_\_\_\_ Date \_\_\_\_\_

Parent/Guardian \_\_\_\_\_ Date \_\_\_\_\_

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	Not at All	Several Days	More than half the days	Nearly Every Day
1. Little interest or pleasure in doing things				
2. Feeling down, depressed, or hopeless				
3. Trouble falling or staying asleep, or sleeping too much.				
4. Feeling tired or having little energy				
5. Poor appetite or overeating				
6. Feeling bad about yourself- or that you are failure or have let yourself or your family down				
7. Trouble concentrating on things, such as reading the newspaper or watching television				
8. Moving or speaking so slowly that other people could have noticed. Or the opposite-being so fidgety or restless that you have been moving around a lot more than usual				
9. Thoughts you would be better off dead or hurting yourself				
10. If you checked off any problems, how difficult have these problems made it for you to do your work, take care of things at home, or get along with other people?				Not at all difficult
				Somewhat difficult
				Very difficult
				Extremely Difficult

SCORE: \_\_\_\_\_

**Section 1 – Pain intensity**

- I have no pain at the moment
- The pain is very mild at the moment
- The pain is moderate at the moment
- The pain is fairly severe at the moment
- The pain is very severe at the moment
- The pain is the worst imaginable at the moment

**Section 2 – Personal care (washing, dressing etc)**

- I can look after myself normally without causing extra pain
- I can look after myself normally but it causes extra pain
- It is painful to look after myself and I am slow and careful
- I need some help but manage most of my personal care
- I need help every day in most aspects of self-care
- I do not get dressed, I wash with difficulty and stay in bed

**Section 3 – Lifting**

- I can lift heavy weights without extra pain
- I can lift heavy weights but it gives extra pain
- Pain prevents me from lifting heavy weights off the floor, but I can manage if they are conveniently placed, eg. on a table
- Pain prevents me from lifting heavy weights, but I can manage light to medium weights if they are conveniently
- I can lift very light weights
- I cannot lift or carry anything at all

**Section 4 – Walking**

- Pain does not prevent me walking any distance
- Pain prevents me from walking more than 1 mile
- Pain prevents me from walking more than 1/2 mile
- Pain prevents me from walking more than 100 yards
- I can only walk using a stick or crutches
- I am in bed most of the time

**Section 5 – Sitting**

- I can sit in any chair as long as I like
- I can only sit in my favourite chair as long as I like
- Pain prevents me sitting more than one hour
- Pain prevents me from sitting more than 30 minutes
- Pain prevents me from sitting more than 10 minutes
- Pain prevents me from sitting at all

**Section 6 – Standing**

- I can stand as long as I want without extra pain
- I can stand as long as I want but it gives me extra pain
- Pain prevents me from standing for more than 1 hour
- Pain prevents me from standing for more than 30 minutes
- Pain prevents me from standing for more than 10 minutes
- Pain prevents me from standing at all

Sections Completed: \_\_\_\_\_

Total Score Page 1: \_\_\_\_\_



**Section 7 – Sleeping**

- My sleep is never disturbed by pain
- My sleep is occasionally disturbed by pain
- Because of pain I have less than 6 hours sleep
- Because of pain I have less than 4 hours sleep
- Because of pain I have less than 2 hours sleep
- Pain prevents me from sleeping at all

**Section 8 – Sex life (if applicable)**

- My sex life is normal and causes no extra pain
- My sex life is normal but causes some extra pain
- My sex life is nearly normal but is very painful
- My sex life is severely restricted by pain
- My sex life is nearly absent because of pain
- Pain prevents any sex life at all

**Section 9 – Social life**

- My social life is normal and gives me no extra pain
- My social life is normal but increases the degree of pain
- Pain has no significant effect on my social life apart from limiting my more energetic interests eg, sports
- Pain has restricted my social life and I do not go out as often
- Pain has restricted my social life to my home
- I have no social life because of pain

**Section 10 – Travelling**

- I can travel anywhere without pain
- I can travel anywhere but it gives me extra pain
- Pain is bad but I manage journeys over two hours
- Pain restricts me to journeys of less than one hour
- Pain restricts me to short necessary journeys under 30 minutes
- Pain prevents me from travelling except to receive treatment

**Sections Completed**

Page 1 \_\_\_\_\_ X 5 = \_\_\_\_\_

Sections Completed

Page 2 \_\_\_\_\_ X 5 = \_\_\_\_\_

Add Above

Total

Total Score Page 1 \_\_\_\_\_

Total Score Page 2 \_\_\_\_\_

Add Above

Total

X 100=\_\_\_\_\_ /Total Section Completed Score = \_\_\_\_\_%

# Pain Medication Questionnaire

Consider the following statement and indicate rather you Disagree, Somewhat Disagree, are Neutral, Sometimes Agree, Agree by placing a mark in the corresponding box to the right of the statement.

Disagree  
 Somewhat Disagree  
 Neutral  
 Somewhat Agree  
 Agree

1.	I believe I am receiving enough medication to relieve my pain	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2.	My doctor spends enough time talking to me about my pain medication during appointments.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3.	I believe I would feel better with a higher dosage of my pain medication.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4.	In the past, I have had some difficulty getting the medication I need from my doctor(s)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5.	I wouldn't mind quitting my current pain medication and trying a new one, if my doctor recommends it.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6.	I have clear preferences about the type of pain medication I need.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7.	Family members seem to think that I may be too dependent on my pain medication.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8.	It is important to me to try ways of managing my pain in addition to the medication (relaxation, biofeedback, physical therapy, TENS unit, etc.)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
9.	At times, I take pain medication when I feel anxious and sad, or when I need help sleeping.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
10.	At times, I drink alcohol to help control my pain.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
11.	My pain medication makes it hard for me to think clearly sometimes	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
12.	I find it necessary to go to the emergency room to get treatment for my pain	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
13.	My pain medication makes me nauseated and constipated sometimes.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
14.	At times, I need to borrow pain medication from friends or family to get relief.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
15.	I get pain medication from more than one doctor in order to have enough medication for my pain.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
16.	At times, I think I may be too dependent on my pain medication	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
17.	To help me out, family members have obtained pain medications for me from their own doctors.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
18.	At times, I need to take pain medication more often than it is prescribed in order to relieve my pain	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
19.	I save any unused pain medication I have in case I need it later.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
20.	I find it helpful to call my doctor or clinic to talk about how my pain medication is working.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
21.	At times, I run out of pain medication early and have to call my doctor for refills	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
22.	I find it useful to take additional medications (such as sedatives) to help my pain medication work better.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
23.	How many painful conditions (injured body parts or illnesses) do you have?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
24.	How many times in the past year have you asked your doctor to increase your prescribed dosage of pain medication in order to get relief?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
25.	How many times in the past year have you run out of pain medication early and had to request an early refill?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
26.	How many times in the past year have you accidentally misplaced your prescription for pain medication and had to ask for another?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>