



# Costa Mesa Fire & Rescue Community Emergency Response Team (CERT) Training March 2019



The Community Emergency Response Team (CERT) Program is presented by **Costa Mesa Fire & Rescue** and is designed for the citizen responder. The CERT course prepares and teaches community members to become better prepared for emergencies, how to suppress small fires, assist with medical emergencies, conduct light search & rescue and how to organize people and resources before, during and after a major disaster. There is no fee to attend this program other than your commitment of time and effort.

In the event of a major emergency, the CERT community members may also assist local public safety officials. CERT graduates are registered as Disaster Service Workers and are protected under CA State Worker's Compensation guidelines while training or assisting during a disaster. The City of Costa Mesa is dedicated to creating a strong CERT program. CERT members meet the 2<sup>nd</sup> Thursday of every month to practice and learn new skills.

## **WEEKEND CERT COURSE – Friday to Sunday**

**March 8, 9 and 10, 2019**

**Friday evening hours 6-10 pm and both weekend days 8:30 am to 4:30pm**

**Contact the Costa Mesa Fire & Rescue CERT Coordinator at (714) 327-7406 or email [brenda.emrick@costamesaca.gov](mailto:brenda.emrick@costamesaca.gov) to reserve your place in the next Community Emergency Response Team training.**

## **CERT COURSE CONTENT**

### **EARTHQUAKE AWARENESS AND PREPAREDNESS**

- The Earthquake Threat in Southern California
- Workplace/Personal and Family Preparedness

### **DISASTER FIRE SUPPRESSION TECHNIQUES**

- Fire Chemistry/Fire Extinguisher Use/ Creative Firefighting Techniques
- Utility Control
- Hazardous Materials Awareness

### **DISASTER MEDICAL OPERATIONS – SESSION I and II**

- Recognizing and Treating Life Threatening Injuries
- Triage (Systematic treatment of multiple victims)
- Treatment Area Management

### **TEAM ORGANIZATION AND MANAGEMENT**

- Incident Command System (ICS) & Developing a Response Team

### **LIGHT SEARCH AND RESCUE**

- Search Techniques & Rescue Methods

### **COMMUNITY PREPAREDNESS AND HOMELAND SECURITY**

- Disaster Psychology (Emotional First Aid for Victims and CERT)
- Terrorism Awareness – Homeland Security

### **DISASTER SIMULATION**

- Disaster Exercise, Exercise Critique and Graduation Ceremony