How To Say No

– I am Not comfortable with that Suggestion. -- I'm sorry, that doesn't work for me. -– No, thank you. – That's not Something I'm interested in doing right now. – Unfortunately, the Answer is no. -No, I don't think so. -Not this time around. - It's a hard pass from me on that one. -I can't Commit to that at the moment. -That isn't going to fit into my plans right now. I appreciate the offer, but I have to decline. -No, thanks for thinking of me, though. -- Not this time, but maybe next time. -Thanks but no thanks.

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0 —	I'd rather not do that right now.
0 —	No go for me.
0 —	—— It's not something I'm able to do right now. ————
0 —	No. sorry.
0 —	That won't work out for me.
0 —	Sorry, not today.
0 —	———— I'm afraid my answer has to be no. —————
0 —	Not this time.
0 —	———— Unfortunately, it's a no from me. —————
0 —	No can do.
0 —	It's a definite negative. ————————————————————————————————————
0 —	——— My response has to be a solid "no." —————
0	The answer is still "no." —————
0 —	My decision is "no."

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O — Nope. —
That won't fit into my schedule. ————
O — I have other commitments. —
O — It isn't possible.
O — Not happening. —
O ———— No way. ————
O — Negative. —
Out of the question.
O ————————————————————————————————————
O — Definitely not. —
O ————————————————————————————————————
My reply is negative.
O — Sorry Charlie — —
O — Nothing doing. —

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O — Afraid not. —	
Forget about it	
Can't do.	
O ————————————————————————————————————	
O — Won't happen. —	
Absolutely out.	
Certainly not.	
O — How about "no?" —	
O — Never mind. —	
O —	
I hope you will find these terms helpful.	
Remember to take baby steps. Try saying no to smaller things.	
Like the extra cup of coffee. Or to desert	
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