



\*\*\* Submit a separate form for each match

NAME: \_\_\_\_\_  
POSITION: \_\_\_\_\_

JERSEY COLOR: \_\_\_\_\_  
JERSEY NUMBER: \_\_\_\_\_

\* Mark your top 5 plays to be included in your video

PLAY #	TOP 5 PLAY	FILE NAME	TIME CODE	DESCRIPTION OF PLAY
Example:	*1	Video01.mov	0:24 – 0:36	Tackle to regain possession, pass forward
1				
2				
3				
4				
5				
6				
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25				

#### PROJECT FURTHER VIDEO TIPS:

- **Your highlight video should be 3-4 minutes** with your **best plays first**
- The 1st minute of your video is the most important, as this is the first impression college coaches will have of you as an athlete
- **When sending in your video**, please make sure to include your **jersey number** and **jersey color** for each game – this is needed to correctly identify you!
- In addition, **personal identifiable characteristics** are also helpful – i.e. shoe/sock color, hair style
- Please **DO NOT RECORD OFF A SCREEN**. Due to copyright laws, we are unable to use this footage and will have to ask you to provide the original copies.
- With any questions please reach out to [Media@LevlUpMedia.com](mailto:Media@LevlUpMedia.com)