

ADHD-RS-IV WITH ADOLESCENT PROMPTS*†

	None	Mild	Moderate	Severe		None	Mild	Moderate	Severe
9. Forgetful in daily activities	0	1	2	3	14. On the go, "driven by a motor"	0	1	2	3
Do you forget a lot of things in your daily routine? Like what? Attending a class? Chores? Work? Appointments or obligations? Meetings with friends?					Is it hard for you to slow down and do one thing for a long period of time?				
Do you forget to bring things to school or work, such as school or work materials or assignments due that day?					Do you feel like you (often) have a lot of energy and that you always have to be moving, are always "on the go"?				
Do you need to write regular reminders to yourself to do most activities or tasks, otherwise you will forget?					Do you feel like you're driven by a motor?				
If you don't write something in your school planner are you likely to forget to do it?					Do you feel unable to relax? Does it interfere with your ability to fall asleep at night?				
10. Squirms or fidgets	0	1	2	3	15. Talks excessively	0	1	2	3
Can you sit still or are you always moving your hands or feet, or fidgeting in your chair?					Do you talk a lot? All the time? More than other people?				
Do you tap your pencil or your feet? A lot? Do people notice?					Do you talk out of turn in class?				
Do you regularly play with your hair or clothing?					Do people (parents, teachers, friends) complain about your talking? Is it a problem?				
Do you consciously resist fidgeting or squirming?					Are you often louder than the people you are talking to?				
Do the teachers comment on your fidgeting or squirming at school?					16. Blurts out answers	0	1	2	3
Do your parents comment on your fidgeting or squirming at the dinner table?					Do you give answers to questions before someone finishes asking?				
Is it difficult for you when you cannot be physically active?					Do your teachers complain about answering their questions prematurely?				
11. Can't stay seated	0	1	2	3	Do you say things before it is your turn?				
Do you have trouble staying in your seat? At work? In class? At home (eg, watching tv, eating dinner)? In church or temple? When playing video games?					Do you say things that don't fit into the conversation? With your parents? Friends? Classmates?				
Do you choose to walk around rather than sit?					Do you do things without thinking? A lot?				
Do you have to force yourself to remain seated?					17. Can't wait for turn	0	1	2	3
Is it difficult for you to sit through a long meeting, class, or lecture? Do teachers ever comment on your inability to remain seated?					Is it hard for you to wait your turn in conversation, when playing games, in line: (like the lunchroom), or while driving?				
Do you try to avoid going to functions that require you to sit still for long periods of time?					Are you frequently frustrated with delays?				
12. Runs/climbs excessively	0	1	2	3	Do your parents comment on your trouble waiting? Does it cause problems?				
Are you physically restless?					Do you put a great deal of effort into planning for not be in situations where you might have to wait?				
Do you feel restless inside? A lot?					18. Intrudes or interrupts others	0	1	2	3
Do you feel more agitated when you cannot exercise on an almost daily basis?					Do you talk when others are talking without waiting until you are acknowledged?				
Do you have trouble staying seated at the table through an entire meal?					Do you butt into others' (your parents', friends', or siblings') conversations before being invited?				
13. Can't play/work quietly	0	1	2	3	Do you interrupt others' activities when they are busy? Do you have trouble waiting for your parents to finish something they are doing before asking them a question?				
Do you have a hard time playing quietly?					Is it hard for you to wait to get your point across in conversations or at meetings?				
During leisure activity (nonstructured times or on your own, such as reading a book, surfing the Internet, listening to music, playing a board game) are you agitated or unhappy?									
Do you always need to be busy after school, work, or when your family goes on vacation?									

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