

Young Children Feelings Checklist

Child's Name _____ Date of Birth _____

Date Checklist Completed _____ Gender F M

MY CHILD:

Is almost always interested in playing with other kids. Y N

Frequently appears sad or says he/she feels sad. Y N

Has a lot of trouble following simple directions or rules. Y N

Seems not to be as excited about play or activities as much as other kids. Y N

Whines or cries a lot. Y N

Can't pay attention to games or tasks for very long. Y N

Keeps to him/herself. Y N

Pretend plays about scary or sad things. Y N

Blames him/herself for things. Y N

Seems to lack confidence. Y N

Doesn't react to things that other children his/her age find exciting or upsetting. Y N

Often seems to be very tired and has low energy. Y N

Seems to feel overly guilty. Y N

Failed to gain weight or has lost weight (without being on a diet). Y N

Used to behave his/her age but now seems to act younger (for example, used to be potty trained but now soiling clothes). Y N

Seems more irritable or grouchy than other children his/her age. Y N

SIGNATURE: _____ **Date:** _____

Please Print Name Here: _____