



## How to Measure Your Head for a Custom Wig

Accurate measurements are essential to ensure your cranial prosthesis fits securely, comfortably, and looks natural. You'll need a soft measuring tape, a mirror (or a helper), and about 5–10 minutes.

### 1. Circumference

Measure around your entire hairline — starting at the center of your forehead, going around the back of your head, behind your ears, and back to the front.

### 2. Front to Nape

Place the measuring tape at your natural front hairline and run it over the crown to the nape of your neck.

### 3. Ear to Ear (Across Forehead)

Start at the top edge of one ear, go across your forehead, and end at the top edge of the opposite ear.

### 4. Ear to Ear (Over Top)

Start at the top of one ear, measure over the top of your head (crown), and end at the top of the other ear.

### 5. Temple to Temple (Around Back)

Measure from one temple around the back of your head to the other temple.

### 6. Nape Width

Measure the width of your neck at the nape (just above where your neck meets your shoulders).

### ■ Pro Tips:

- Keep the tape snug but not tight.
- Write down your measurements in inches.
- Always double-check or have someone assist you for best results.
- Use a measurement sheet to stay organized.