



Channel Islands Women's Sailing Association
April - August 2022

Ahoy CIWSA Members and Friends!

Welcome to our newest CIWSA members, Capt Christine Healy, Judy Kay, Theresa Madden, returning member Mary Ann Wales, and a belated welcome to Alison Rowe, long-term WAILANI crew member and new CIWSA member in January!

Keep an eye out for CIWSA emails and Google Form invitations to meetings, daysails, events, field trips, and webinars. Feel free to forward to your like-minded friends! Non-members are welcome to attend a daysail and 2 shoreside events to get to know us before joining. (See membership and renewal information at the end of this update.)

Your suggestions for nature-, ocean-, and sailing-related topics, speakers, and online resources are always welcome. When Zoom attendance is available, use this link (<https://us02web.zoom.us/j/3996134278?pwd=YlVJJeENmNDc4S1hYOVFVWm11MkZKQT09>) or go to www.zoom.us.com, select Join a Meeting, and when requested, enter Meeting ID: 399 613 4278 and Passcode: 9Lfakk.

The annual Newport to Ensenada Race (N2E) begins Friday, April 22, as 120 boats attempt the 123nm course to Ensenada while another 50 will sail to Dana Point (N2DP) or San Diego (N2SD). This year, your Commodore and CIWSA crew (Kelly Sloan and Alison Rowe) have 'jumped ship' from WAILANI, my Tartan Ten, and will be racing with Capt Kathy St Amant, SCYA Rear Commodore and Women's Boating Event Chair, on RASCAL, a Hunter Legend 37.5, in PHRF-C Class. To follow us online and cheer us on, download the application "YB Races" to your android or iOS device and add the "Newport to Ensenada 2022" race for a slightly delayed display of every boat's position and statistics! Other competitors from Ventura County include PARADISE FOUND (also PHRF-C), UHAMBO (PHRF-A), TAZZY (CRUZ-SPIN-B), KASTOR POLLUX and WAHOO (ORCA-A), and CHRONIC and 5150 (PHRF-UL-B).

We recently traveled to Newport and met a number of CIWSA members and prospective members at Gail Hine's 32nd Sailing Convention for Women, which was postponed from February 6 to April 2 and canceled altogether in 2021 due to COVID. It was a perfect day on and off the water for the 150+ attendees and coaches! After a full day of workshops, on-the-water courses, and camaraderie, we got together for a photo before the sit-down dinner, raffles, and inspiring speaker.



CIWSA attendees at the Sailing Convention for Women, Bahia Corinthian Yacht Club, Newport, CA, April 2. LtoR: Robbie Skidmore, Gina Marcaccio, unnamed new CIWSA friend, Tina Todd, Rachel Chaus, Mary Ann Wales, Jane Thomas, and Sarah Freifeld.

- **MONTHLY MEETINGS AND OTHER LAND-BASED EVENTS** - We meet on the 2nd Thursday of most months (except July and August). Live attendees will congregate at Channel Islands Yacht Club (CIYC, 4100 Harbor Blvd, Oxnard) on the downstairs covered patio with a big-screen monitor and propane heaters, as needed. We usually bring in a dinner option from a local restaurant. RSVP for food through the Google Form invitation, which is usually emailed 5-7 days before the meeting. Additionally, we're coordinating a Harbor Cleanup Day on April 23 and a Splash Party/BBQ on July 10.
 - **Saturday, April 23 - Earth Day Harbor Cleanup** - Approximately 10:00am - 2:00pm, with a group lunch (optional). Sign up via the Google Form invitation (https://docs.google.com/forms/d/e/1FAIpQLSe7cQJGyNWIM5tproCXXpp4IEIk4W_Mb2vUFzUaH4sipgZewQ/viewform?vc=0&c=0&w=1&flr=0) and meet at the Peninsula Yacht Marina parking lot (near the end of Peninsula Rd). CIWSA Board Members, Lauren Copus and Michele Ackerman, will coordinate cleanup efforts by land and by sea (with kayaks) around the Fairwind Yacht Club docks. A group lunch afterward is also an option.
 - **Thursday, May 12 - 6:30PM to 8:30PM, CIYC Patio** - Live Meeting with Video Stream Only (No Zoom) - **Docking Made Easy**, presented by Cruising World and American Sailing Association - CIWSA Commodore Jane Thomas will stream a 30min program presented by America's Cup veteran Peter Isler with tips on docking under sail upwind and downwind as well as with a single engine and twin screws. Sign up: https://docs.google.com/forms/d/e/1FAIpQLSdRZ0mh3L-ug77DR5mPOE7IxZdsfy1cSoLDu8J_8_dHr_uPDg/viewform?vc=0&c=0&w=1&flr=0
 - **Thursday, June 9 - 6:30PM to 8:30PM, CIYC Patio** - Hybrid (Live + Zoom) - **Fun with Sailing Knots** - Capt Dawn Brooks returns to CIWSA to share her fun tips for tying our most useful sailing knots as well sailing stories from her recent adventures. Bring a piece of scrap line about 3' in length (or knot) and join the fun!
 - **Sunday, July 10 - Summer Splash Party & BBQ** - Approximately 2:00pm - 5:00pm - BYOB, a dish to share, and your PFD with a replacement cartridge! CIWSA will supply the BBQ, and Karen Branch will provide the pool and patio.

- **DAYSAILS AND OTHER SAILING ADVENTURES** - Sailors of all skills levels are welcome to attend our Keelboat Daysails, usually held the 2nd Thursday and 4th Sunday each month, weather-permitting. RSVP for a Daysail through the Google Form Daysail invitation. We rely on our members and friends to volunteer their boats and their time for daysails, and we try to assure that each boat has a capable skipper and first mate before they leave the dock.

Additionally, 2 CIWSA Skippers have reached out in search of crew for daysailing and potential cruising to the islands and beyond! We're also working on plans for an Adventure Sail Day, a community outreach program for underprivileged local young girls aged 9-14, in August.

- **2nd Thursday Keelboat Daysails:** Thursdays, May 12, June 9, July 14, and August 11, approximately 12:00pm - 4:00pm
 - **4th Sunday Keelboat Daysails:** Sundays, April 25, May 22, June 26, July 24, and August 28, approximately 12:00pm - 4:00pm
 - **Disabled Veterans Sail Day - SAVE THE DATE -** Sunday, June 12 - This event honors US veterans and offers them and their families an adventure on the water for a few hours on a local volunteer's power or sail boat.
 - **Baja HaHa 2022** - s/v TURTLE DOVE's (38' Hans Christian) owner and returning CIWSA member, Debbie O'Hare, will be back Channel Islands Harbor in June. She plans to sail her boat to Mexico in the 2022 Baja HaHa and may have room for more crew. Contact Debbie directly (pjodao@me.com) for more information.
 - **Cruising on a Catamaran** - New member Theresa Madden lives in Olympia, WA, but wants to visit Ventura County more often this year. She has a Leopard 40 catamaran, TEEKLA II, docked in Ventura Harbor! She'll likely skipper her boat for a CIWSA daysail or two and is looking for local crew to sail with her to the islands. If you're interested in sailing on TEEKLA II, you may send your sailing resume to Theresa directly at finetunehealth@yahoo.com.
 - **Saturday, August 13 - NWSA Adventure Sail Day** - In partnership with the National Women's Sailing Association (NWSA) we are making plans to host a group of local young girls (9-14yo) who would not otherwise have an opportunity to experience sailing. Stay tuned for further details as they develop!
 - **Shared Boats** - We share 2 Laser sailboats (13') and 3 J24s (24') with Channel Islands Yacht Club (CIYC). Contact me for more information about training, access, and usage.
 - **Sailing Lessons** - CIWSA Board member, Lauren Copus, is teaching adult sailing at Westlake Yacht Club (WYC) as well as developing a small boat sailing program with Fairwind Yacht Club (FYC) for CIWSA members. New students at WYC receive a 30-day trial membership when they sign up for lessons. Contact Lauren directly at lsmithcopus@hotmail.com or text 760-670-6762 for more information.
- **CIWSA BOOK CLUB** - Director Lauren Copus will lead the Book Club Discussions via Zoom (link above) in June and August. The following 2 nonfiction sailing stories have been selected for discussion:
 - **Tuesday, June 7, 6:30pm to 8:00pm: *A Sail of Two Idiots: 100+ Lessons and Laughs from a Non-Sailor Who Quit the Rat Race, Took the Helm, and Sailed to a New Life in the Caribbean.*** Written by Renee Petrillo. "It was the best of

dreams, it was the worst of dreams, it was an age of consulting the nautical experts, it was the age of landlubber foolishness, it was the epoch of determination, it was the epoch of despair, it was the season of hurricanes, it was a spring of beachcombing..." Renee and Michael had no boating experience when they started out on their cruising catamaran and learned everything the hard way. They managed to get from Miami to Grenada, eventually dropping anchor at the island of their dreams. To save future sailors from themselves, *A Sail of Two Idiots* includes lessons what and what not to do - a how-to guide wrapped in a funny story. [NOOK Book (eBook) | Barnes & Noble® Paperback, 2012 (<https://www.barnesandnoble.com/w/a-sail-of-two-idiots-renee-petrillo/1110867510>)]

- **Tuesday, August 9, 6:30pm - 8:00pm: Two Years Before The Mast, A Personal Narrative** Written by Richard H. Dana, Jr. This is Dana's memoir after a 2-year sea voyage from Boston to California on a merchant ship (1834-36). Living on the coast of California, this is especially a treat because he writes in great detail about the coastal cities of San Diego, Los Angeles (San Pedro), Capistrano Mission, (Dana Point), Santa Barbara, and San Francisco. [The Complete Two Years Before the Mast: Illustrated Classic Paperback - January 31, 2020. [Richard Henry Dana Jr. \(Author\), E. Boyd Smith \(Illustrator\)](#); Amazon (<https://www.worldcat.org/title/two-years-before-the-mast-a-personal-narrative/oclc/1243160630/editions?referer=di&editionsView=true>); Audible's version, read by Bernard Mayes, is highly recommended by Staff Commodore Sarah Freifeld]
- **SAILING-RELATED TRAINING VIDEOS/WEBINARS** - I plan to stream a variety of videos and webinars on the big screen, live at CIYC (no Zoom). There is no charge for CIYC and CIWSA members, but donations are welcome for CIWSA's Youth Sailing Scholarship Fund and/or the CIYC/CIWSA J24 & Laser Expense Fund. Refer to the current CIWSA calendar for Sunday and Thursday afternoon showings beginning in May. As more online courses become available, I will add them to the CIWSA Calendar.
 - **Marine Weather University: Fundamentals of Marine Weather & Wind Shifts - CIYC (Live Attendance Only)** - This 8-part online training program is presented by Chris Bedford, who is a meteorologist with over 35yrs experience, a pro sailor, and a marine weather consultant respected by the world's most accomplished sailors for his marine meteorology expertise. Be prepared for a college-level introductory meteorology course. Each lesson builds on the last, so it's important to see them in sequence and multiple times! Additionally, we will stream a 2-part webinar about **Wind Shifts** after completion of the first 3 sessions of the *Fundamentals* course.
 - **ASA Intro to Marine Diesel** - Each of the 2 parts is 2 hours long and covers the history, theory, and practical aspects of modern marine diesel engines.
- **COMMUNITY BOATING INFORMATION**
 - **USCG Channel Islands Safe Boating Open House** - Saturday, May 21, 10:00AM - 2:00PM, 4201 Victoria Ave, Oxnard (<https://safeboating.us>)
 - **Channel Islands Maritime Museum** - Thursday - Monday, 12:00PM - 4:00PM, 3900 Bluefin Circle, Oxnard (<https://cimmvc.org>) - Admission free with

CIWM [Membership](#), for children under 6, and on the 3rd Thursday of every month; otherwise, \$7 Adults, \$5 Seniors (62+), \$5 Active Military with ID, \$3 Youth (6-17).

Happy Sailing!

Jane Thomas

CIWSA Commodore

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Cell: 415.518.4046

PS: Want to join CIWSA, renew your membership, and/or pay your dues?

- **To Join:**
<https://docs.google.com/forms/d/e/1FAIpQLSfJ2HzTRxHdHYJVPDJcuIXPI6cPG4PCBiR4zvYHoUGSVRqPtA/viewform?vc=0&c=0&w=1&flr=0>
- **To Renew and Update your Personal Information:**
https://docs.google.com/forms/d/e/1FAIpQLScEIXadaP3dDPEgBtbC2F036xIw44GQsGL_PG-BTO02U_P0sg/viewform?vc=0&c=0&w=1&flr=0
- **To Pay your Dues:** Mail a Check to CIWSA, 3600 Harbor Blvd PMB 268, Oxnard, CA 93035, or pay with Zelle (sunlade@prodigy.net). Regular member dues are \$100/year. Associate/ Cruising member dues are \$50/year - for those who are 25 or younger or who live outside Ventura, Santa Barbara, or LA counties more than 6mos of the year.