



*Channel Islands
Women's Sailing Association*

June 2022

Ahoy CIWSA Members and Friends!

Welcome Back to members who recently renewed! Ev Anderson, Johanna Gabbard, Michelle Boroski, Cheryl McMichael, and Will Lang-Schroder!

Here's a summary of our plans for this summer and the rest of the year as well as a follow-up to my last report (late April)! Please share any ideas you may have for sailing-, nature-, and ocean-related speakers, events, and online resources that might be of interest for a CIWSA meeting, event, sailing adventure, field trip, or holiday party!

Feel free to forward this newsletter to your like-minded friends! Non-members are welcome to attend a daysail and 2 shoreside events to get to know us before joining. (See membership and renewal information at the end of this newsletter.)

Upcoming Activities On the Water

- **SAVE THE DATE: Saturday, August 13 - NWSA/CIWSA AdventureSail® Day -** We're excited to announce our inaugural AdventureSail® Day for underserved girls (9-14 years old), Saturday, August 13, as a new CIWSA community service event in partnership with Channel Islands Yacht Club (CIYC) and other local individuals and organizations. The National Women's Sailing Association (NWSA, <https://womensailing.org>) created AdventureSail® Day decades ago and published these goals:
 - ♥ To enrich the lives of America's young underserved girls through sailing, with an emphasis on diversity and inclusion
 - ♥ To open girls' eyes to a multitude of life's positive possibilities, and through continued participation in sailing:
 - Provide a positive activity that will encourage affirmative life choices
 - Develop self-confidence to overcome adverse living conditions
 - Introduce career paths and opportunities that involve the marine industry, marine related sciences and their local waters

Following the NWSA example, and with diversity in mind we hope to host approximately 25 young girls for an AdventureSail® Day in our local waters.

Watch your email for a SAVE THE DATE announcement. We will be looking for many volunteers to donate their time and/or resources to help us host a successful AdventureSail® Day and enrich the lives of young underserved girls in our community!

- **CIWSA DAYSAILS** - Our Keelboat Daysails are usually held the 2nd Thursday and 4th Sunday each month, weather-permitting, and sailors of all skills levels are welcome to attend. We appreciate our members and friends who volunteer their boats and their time to host our daysails! We try to assure that each boat has a capable skipper and first mate before they leave the dock and welcome everyone's candid feedback afterwards.
 - **2nd Thursday Keelboat Daysails:** Thursdays, June 9, July 14, and August 11, approximately 12:00pm - 4:00pm
 - **4th Sunday Keelboat Daysails:** Sundays, June 26, July 24, and August 28, approximately 12:00pm - 4:00pm
- **OTHER SAILING ADVENTURES**
 - **Disabled Veterans Sail Day** - Sunday, June 12 - This CIYC event honors US veterans and offers them and their families a few hours on the water on a local volunteer's power or sail boat. Contact me if you can help shoreside.
 - **Baja HaHa 2022** - Debbie O'Hare, is back in Channel Islands Harbor and is preparing to sail her boat, TURTLE DOVE (Hans Christian 38') to Mexico this fall in the 2022 Baja HaHa! If you might be interested in crewing for the trip, you can meet her in person at our June 9 meeting. You can also contact Debbie directly (pjodao@me.com) for more information.
 - **Cruising on a Catamaran** - Theresa Madden lives in Olympia, WA, but she visits Ventura Harbor often to spend time on her Leopard 40 catamaran, TEEKLA II! She is looking for local crew to sail with her to the islands. Theresa also plans to attend our June 9 meeting, or you may contact Theresa directly at finetunehealth@yahoo.com.
 - **Shared Boats** - We share 2 Laser sailboats (13') and 3 J24s (24') with Channel Islands Yacht Club (CIYC). Contact me for more information about access and usage and to volunteer to help with their ongoing maintenance.
 - **Sailing Lessons** - CIWSA Board member, Lauren Copus, is teaching adult sailing at Westlake Yacht Club (WYC). New students at WYC receive a 30-day trial membership when they sign up for lessons. Contact Lauren directly at lsmithcopus@hotmail.com or text 760-670-6762 for more information.
 - **Small Boats** - Through Fairwind Yacht Club (FYC) Lauren Copus and Michele Ackerman, CIWSA Treasurer, have teamed up to create a small boat sailing program for local youth as well as FYC and CIWSA members. Small boats are great for learning to sail. They are simple to manage and quick to rig and unrig for a daysail. Watch for another Small Boat Daysail soon!

It was a windy day for the first FYC/CIWSA Small Boat Daysail, Sunday, May 29. Skippers were Lauren Copus and Tina Todd; Lauren's crew included Carol Freeland and guests Emma Gourian and Ruth Darby; Tina's crew included Judy Kay, Patricia

Nazario, FYC Mdr, and guest Deb Coss. They sailed FYC Catalina 22s in the harbor at first and then ventured outside the breakwater. The sailing was exhilarating until the silting sand near Hollywood Beach grabbed onto SWEET DEAL's keel, and the rudder popped off. They were able to retrieve the rudder and keep the boat off the beach/rocks, but without a rudder the outboard motor took them in circles, so they contacted the Harbor Patrol for a tow. When they heard Tina hailing the Harbor Patrol, Lauren and crew headed back to the dock.


Though it wasn't the fun sail they had planned, those onboard through SWEET DEAL's ordeal reportedly remained calm, worked together to get back safely, shared the pride of effectively handling the emergency, and built their mutual trust in one another. After all that excitement, Tina, Lauren and 3 crew members enjoyed a nice lunch together at Chipotles.



L to R, Front Row: Tina Todd, Lauren Copus, Ruth Darby, Patricia Nazario; Back Row: Emma Gouiran, Judy Kay, Deb Coss, Carol Freeland.

Upcoming Activities Ashore

- **UPCOMING CIWSA MEETINGS** - We get together on the 2nd Thursday of most months (not July and August) and usually bring in a dinner option from a local restaurant.
 - **Thursday, June 9 - 6:30-8:30PM, CIYC Patio, Hybrid (Live + Zoom) - Fun with Knots and Sailing Stories** - Capt Dawn Brooks returns to CIWSA to share her fun tips for useful sailing knots as well as sailing stories from her recent

adventures and a fire drill! Bring a piece of scrap line about 3' in length (or ) and join the fun!

- **Thursday, September 8 - 6:30-8:30PM, CIYC Patio - Speaker TBD**
- **Thursday, October 13 - 6:30-8:30PM, CIYC Patio - Speaker Ethan McKinley, Channel Islands National Park Service**

○ **OTHER LAND-BASED EVENTS**

- **Sunday, July 10 OR August 28 - 3:00-6:00PM**, Camarillo - **Summer Splash Party & BBQ** - BYOB, a dish to share, and your PFD with a replacement cartridge! CIWSA will supply the BBQ, and Karen Branch will provide the pool and patio. *We heard that July 10 conflicts with an FYC island cruise, so we're offering August 28 as an alternate date. Respond to the upcoming Google Forms invitation to help choose which date!

- **Sailing-Related Webinars, Videos, and Movies** - We will stream a variety of video programs on the big screen at CIYC. We don't usually send reminders or invitations for video streaming, so no RSVP is necessary. Be sure to check the current schedule and what's playing on the CIWSA Google calendar:

<https://calendar.google.com/calendar/u/0?cid=Y2I3c2EubWVtYmVyc2hpcEBnbWFpbC5jb20>

- **Thursdays, 4:00-6:00PM** - June 16, 23, Jul 7, 21, Aug 4, 25, Sep 8, Oct 13, Nov 10

- **Sundays, 6:00-8:00PM** - June 19, 26, Jul 17, 24, Aug 28, Sep 11, Oct 2

- **Options for Video Streaming**

- **Marine Weather University: Fundamentals of Marine Weather & Wind Shifts** - Meteorologist, pro sailor, and America's Cup veteran, Chris Bedford, presents the 8-part "Fundamentals of Marine Weather," akin to a college-level, introductory meteorology course. Each lesson builds on the last, so it's helpful to see them in sequence and multiple times! Bedford's 2-part **Wind Shifts** will also be shared.
- **ASA Intro to Marine Diesel** - Each of the 2 parts is 2 hours long and covers the history, theory, and practical aspects of modern marine diesel engines.
- Additional webinars and movies may be added to the calendar or substituted at the request of attendees

- **CIWSA BOOK CLUB** - Lauren Copus will lead the Book Club Discussions via Zoom (link below) in June and August. The following 2 nonfiction sailing stories have been selected for discussion:

- **Tuesday, June 14, 6:30pm to 8:00pm: *A Sail of Two Idiots: 100+ Lessons and Laughs from a Non-Sailor Who Quit the Rat Race, Took the Helm, and Sailed to a New Life in the Caribbean.*** Written by Renee Petrillo. "It was the best of dreams, it was the worst of dreams, it was an age of consulting the nautical experts, it was the age of landlubber foolishness, it was the epoch of determination, it was the epoch of despair, it was the season of hurricanes, it was a spring of beachcombing..." Renee and Michael had no boating experience when they started out on their cruising catamaran and learned everything the hard way.

They managed to get from Miami to Grenada, eventually dropping anchor at the island of their dreams. To save future sailors from themselves, *A Sail of Two Idiots* includes lessons what and what not to do - a how-to guide wrapped in a funny story. [iNOOK Book (eBook) | Barnes & Noble® Paperback, 2012 (<https://www.barnesandnoble.com/w/a-sail-of-two-idiots-renee-petrillo/1110867510>)]

- **Tuesday, TBD (August-September), 6:30pm - 8:00pm: Two Years Before The Mast, A Personal Narrative** Written by Richard H. Dana, Jr. This is Dana's memoir after a 2-year sea voyage from Boston to California on a merchant ship (1834-36). Living on the coast of California, this is especially a treat because he writes in great detail about the coastal cities of San Diego, Los Angeles (San Pedro), Capistrano Mission, (Dana Point), Santa Barbara, and San Francisco. [The Complete Two Years Before the Mast: Illustrated Classic Paperback - January 31, 2020. [Richard Henry Dana Jr.](#) (Author), [E. Boyd Smith](#) (Illustrator); Amazon (<https://www.worldcat.org/title/two-years-before-the-mast-a-personal-narrative/oclc/1243160630/editions?referer=di&editionsView=true>); Audible's version, read by Bernard Mayes, is highly recommended by Staff Commodore Sarah Freifeld]

Past News

- **74th Newport to Ensenada (N2E) Race (April 22-23):** If you remember March and April, you'll remember having lots of days with small craft and gale force winds! About 10 days before the race I was nervously watching the forecast, re-considering the safety and comfort of my crew, dreading the beat uphill after the race, and seriously considering withdrawing WAILANI (33ft 7100lb) from the race. From a mutual friend I heard that half of the N2E crew on RASCAL (37ft, 14,400lb, Capt Kathy St Amant, SCCYC) had bailed out at the last minute and Kathy was going to withdraw. So we combined forces and raced with 4 crew from RASCAL (Kathy, Monica, Tim, and Jake) and 4 from WAILANI (Jane, Kelly, Alison, and Dawnita) on the bigger boat.

We saw 17-19kt winds at the start with 25kts through the afternoon and into the evening. Multiple boats shredded their spinnakers (eg, WAHOO, 5150, et al) or had other problems in the high winds, and we all had to work hard to control our boats in the high seas. It was a rhumbline, broad reach from the start to the outside the Coronado Islands, which we reached before dark, and the wind and waves subsided until the following morning.

Many of the maxis, multi-hulls, and ultra-lights went out a bit further for more wind and a better angle to Ensenada. They saw the biggest wind and waves and many made records for elapsed time! RIO 100 (StFYC) set a new N2E elapsed time record of 7:02:17 (7hrs 2min 17sec to sail 123nm!!), and 5 other maxis beat the previous 2016 record. WAHOO's (Bill Gibbs, PBYC and NOSA Staff Commodore, Shionning catamaran) elapsed time was only 9:23:19, which set multiple personal bests and swept the top 3 trophies for the 5th time. CHRONIC (Lonnie Jarvis, Farr 400M, CIYC) took 3rd in ULDB-class, and UHAMBO (David Chase/Carlos Brea, VYC) took 1st place in PHRF-A class.



LtoR: Jake Willett (s/v RASCAL); Kelly Sloan, Capt Jane Thomas, Alison Rowe, Dawnita Fendley (s/v WAILANI); Tim Doran, Monica Chaban, and Capt Kathy St Amant (s/v RASCAL)

Community Boating Information

- **Channel Islands Boating Center** has reopened this year after being closed in 2020-21 because of COVID. Check out their youth and adult sailing class schedules: <http://www.ciboating.org>
- **Channel Islands Maritime Museum** - Thursday - Monday, 12:00PM - 4:00PM, 3900 Bluefin Circle, Oxnard (<https://cimmvc.org>) - Admission free with CIWSA [Membership](#), for children under 6, and on the 3rd Thursday of every month; otherwise, \$7 Adults, \$5 Seniors (62+), \$5 Active Military with ID, \$3 Youth (6-17).

Happy Sailing!

Jane Thomas

CIWSA Commodore

Email: sunglade@prodigy.net or ciwsa.membership@gmail.com

Cell: 415.518.4046

*We use **GoogleForms** and email to sign up in advance for CIWSA meetings, daysails, events, food options, and field trips. If you're not getting our emails, please send your email address to me (sunglade@prodigy.net) and set your email preferences to accept emails from me and CIWSA (ciwsa.membership@gmail.com).*

CIWSA Google calendar:
<https://calendar.google.com/calendar/u/0?cid=Y2l3c2EubWVtYmVyc2hpcEBnbWFpbC5jb20>

Channel Islands Yacht Club (CIYC, 4100 Harbor Blvd, Oxnard) graciously allows us to hold many of our meetings and activities on the premises.

When at CIYC, we usually congregate on the downstairs covered patio, but we may move upstairs if the weather is inclement or the fireplace or dining room will be empty.

Link if Zoom attendance is planned:

<https://us02web.zoom.us/j/3996134278?pwd=YlVJeENmNDc4S1hYOVFVWm11MkZKQT09>, or go to www.zoom.us.com, select Join a Meeting, and enter Meeting ID: 399 613 4278 and Passcode: 9Lfakk

Want to join CIWSA, renew your membership, and/or pay your dues?

- **To Join:**

<https://docs.google.com/forms/d/e/1FAIpQLSfJ2HzTRxHdHYJVDPJcuIXPI6cPG4PCBiR4zvYHoUGSVRqPtA/viewform?vc=0&c=0&w=1&flr=0>

- **To Renew and Update your Personal Information:**

https://docs.google.com/forms/d/e/1FAIpQLScEIXadaP3dDPEgBtbC2F036xIw44GQsGL_PG-BTO02U_POsg/viewform?vc=0&c=0&w=1&flr=0

- **To Pay your Dues:** Mail a Check to CIWSA, 3600 Harbor Blvd PMB 268, Oxnard, CA 93035, or pay with Zelle (sunblade@prodigy.net). Regular member dues are \$100/year. Associate/Cruising member dues are \$50/year (25 or younger or live outside Ventura, Santa Barbara, or LA counties more than 6mos of the year).