



Adult Day Health Centers

## Participant Bill of Rights

The right to be treated as an adult, with consideration, respect, and dignity, including privacy in treatment and in care for personal needs, regardless of race, color, sex, or creed.

The right to be free from humiliation and/or embarrassment.

The right to participate in a program of services and activities designed to encourage independence, learning, growth, and awareness of constructive ways to develop one's interest and talents.

The right to participate in a program of services and activities which promote positive attitudes regarding one's usefulness and capabilities.

The right to informed consent, refusal or expression of choice and withdrawal of consent within the day care setting, including the opportunity to:

- participate in developing one's plan for services and any changes therein, including composition of the service delivery team and concurrent services.
- decide whether or not to participate in any given activity, including research projects.
- choose whether or not to perform services for the program.
- be involved to the extent possible in program planning and operation.
- refuse treatment and be informed of the consequences of such refusal.
- end participation in the center at any time.

The right to informed consent or refusal or expression of choice and withdrawal of consent regarding the release of information.

The right to be cared about in an atmosphere of sincere interest and concern in which needed support and services are provided.

The right to a safe, secure, and clean environment.

The right to confidentiality of information and the requirement for written consent for release of information to persons not authorized under law to receive it.

The right to voice grievances without discrimination or reprisal with respect to care or treatment that is (or is not) provided.

The right to be free from harm of any kind, including threatened or unnecessary physical or chemical restraint, isolation, and excessive medication.

The right to be free from physical, mental, sexual, and verbal abuse, neglect, financial or other exploitation and retaliation.

The right to be fully informed, at the time of acceptance into the program, of services and activities available and related charges.

The right to communicate with others and be understood by them to the extent of the participant's capabilities.

The right of each participant or participant's guardian or caregiver to contest the accuracy and completeness of the data maintained in one's personal record.

The right to maintain one's independence to the extent that conditions and circumstances permit and to be involved in a program of services designed to promote personal independence.

The right to have access to a telephone to make or receive calls unless necessary restrictions are indicated in the individual's care plan.

The right to be free of interference, coercion, discrimination, or reprisal.

The right to pertinent information in sufficient time to make their own decisions, including access to their own record(s).

The right to access or referral to legal entities for appropriate representation and self-help and advocacy support services.

The right to adherence to research guidelines and ethics if involved in a research project.

The right to investigation and resolution of alleged infringement of rights.

The right to a thorough initial assessment, development of an individualized plan of care, and a determination of the required level of care.

The right to receive nourishment and assistance with meals as necessary to maximize functional abilities and quality of life.

The right to be fully informed, as evidenced by the participant's written acknowledgement of these rights, of all rules and regulations regarding participant conduct and responsibilities.

The right to all other legal rights.