

SerahCare® of Belden Village

JUNE 2025

6199 Frank Ave. NW
North Canton, OH 44720
330 • 244 • 2599

Our Center Staff

Program Director:

Kari Staron

Activities Coordinator:

Amy Harlan

Nurse:

Amanda Smith

Administrative Assistant:

Amy Osteen

Help us keep the kitchen and our drivers running smoothly. If you will be off on a scheduled day, please call us by 8:30. And don't forget to schedule your make-up day!



WELCOME TO JUNE AT THE CENTER!

As the days grow longer and the sun shines brighter, we're stepping into a season full of energy, connection, and fun! June brings us opportunities to celebrate friendship, health, and the joy of community. Whether you're joining us for a morning coffee, a lively activity, or a peaceful walk in the sunshine, we're so glad to have you with us.

This month we'll be honoring Father's Day, welcoming summer with some exciting events, and continuing our favorite activities that bring us together each day. Let's make June a month of laughter, learning, and meaningful moments!

STRAWBERRY ICED TEA

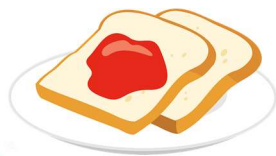
- 2 cups water
- 4 bags black tea
- 1 carton strawberries, sliced
- 1/2 cup white sugar
- 1 Tbsp. strawberry syrup
- 1 Tbsp. lemon juice
- 2 cups cold water



Bring water to a boil in a saucepan. Remove from heat and add tea bags. Let steep for 1 hour; remove tea bags.

Place strawberries in a large bowl and sprinkle with sugar. Let stand 10 minutes; stir. Stir in strawberry syrup and lemon juice. Mash strawberries to desired consistency.

Pour strawberry mixture, tea, and 2 cups cold water into a pitcher. Stir well. Chill until ready to use.



Berry Tasty Menu



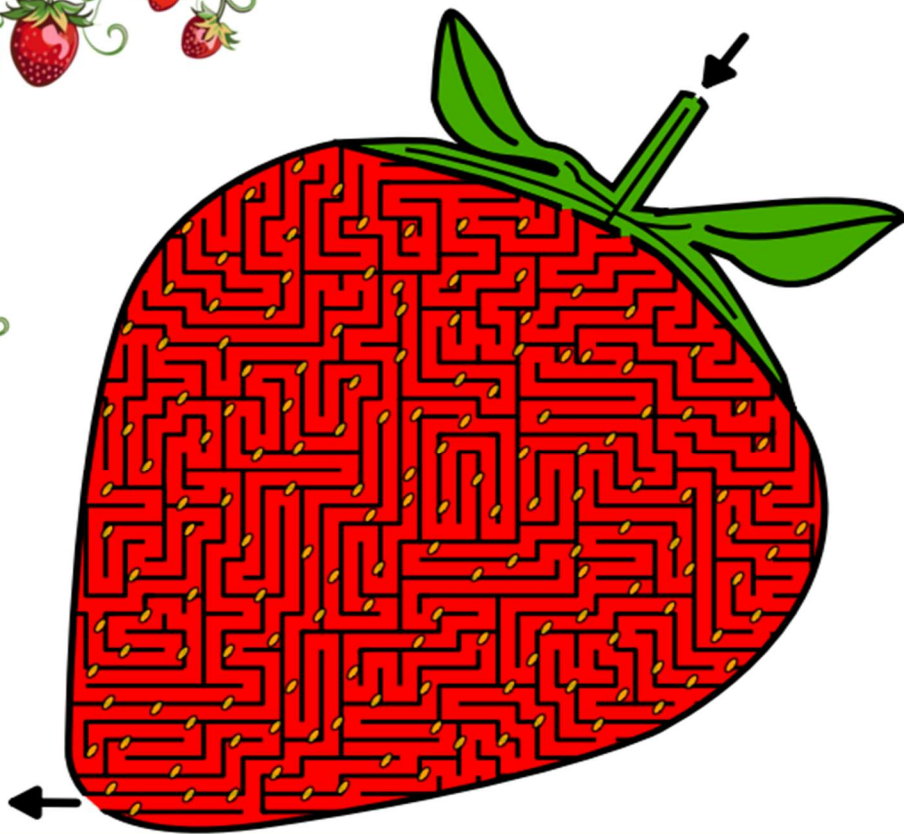
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Cinnamon raisin toast Lemon chicken, red skin potatoes, applesauce, pasta <i>Yogurt & animal crackers</i>	3 Blueberry muffin Ham & swiss sandwich, cumumber salad, peaches <i>Crackers w/ cheese cubes</i>	4 Egg & cheese muffin Taco salad w/ black beans & corn, melon, tortilla chips <i>Cottage cheese & diced peaches</i>	5 Pancakes Roast beef w/ gravy & vegetables, banana, dinner roll <i>Applesauce & mini pretzels</i>	6 Cheerios Macaroni & cheese, broccoli salad, apple slices <i>Mandarin oranges & Cheez-Its</i>
9 French toast sticks Broccoli cheese soup, tossed salad, melon, biscuit <i>Applesauce & cornbread</i>	10 Sausage & egg muffin Chicken salad croissant, broccoli salad, sliced peaches <i>Yogurt & graham crackers</i>	11 Banana nut muffin Meatloaf w/ gravy, mashed potatoes, applesauce, biscuit <i>String cheese & Chex Mix</i>	12 Oatmeal Lasagna, roasted green beans, banana, dinner roll <i>Cottage cheese & pineapple chunks</i>	13 English muffin Cream chicken & mixed vegetables over biscuit, apple slices <i>Cheese cubes & Goldfish crackers</i>
16 Cinnamon raisin toast Spaghetti & meatballs w/ marinara, tossed salad, berries <i>Yogurt & animal crackers</i>	17 Blueberry muffin Breakfast bake w/ cheese, hasbrowns, melon, biscuit <i>Crackers w/ cheese cubes</i>	18 Egg & cheese muffin Chef salad w/ turkey & ham, sliced pears, dinner roll <i>Cottage cheese & diced peaches</i>	19 Pancakes Chicken & veggie stir fry over rice, sliced peaches <i>Applesauce & mini pretzels</i>	20 Cheerios Turkey & provolone sandwich, potato salad, fruit salad <i>Mandarin oranges & Cheez-Its</i>
23 French toast sticks Chicken tenders, peas, oranges, mac & cheese <i>Applesauce & cornbread</i>	24 Sausage & egg muffin BBQ pulled pork, baked beans, coleslaw, melon <i>Yogurt & graham crackers</i>	25 Banana nut muffin Turkey w/ stuffing & mashed potatoes, applesauce <i>String cheese & Chex Mix</i>	26 Oatmeal Whole grain ham salad sandwich, coleslaw, fruit salad <i>Cottage cheese & pineapple chunks</i>	27 English muffin Southwest beef enchillada, cauliflower rice, pineapple <i>Cheese cubes & Goldfish crackers</i>
30 Cinnamon raisin toast Baked chicken w/ cheesy broccoli, apple slices, dinner roll <i>Yogurt & animal crackers</i>				



JAM PACKED JUNE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Daily Chronicles Move & Groove BINGO Men's Club Reflexology Mindful Meditation On the Move Patio Time	3 Morning Social Dancercise Brain Savers Card Club Art Therapy Armchair Travel Beachball Volley Vacation Memories Hawaiian Shirt Day	4 News & Views Work it Out BINGO Men's Club R.O.M.E.O Handcrafters Haven Team Trivia Afternoon Groove Afternoon Yard Games Bonding w/ Closers	5 Chit Chat Senior Bootcamp Brain Savers Card Club Beach Painting Writing Club Walking Warriors Truth or Crap Patio Time	6 Daily Views Creative Moves BINGO Men's Club Patio Party Old Time Radio Kickball Parachute Party
9 Coffeehouse Chat Morning Stretch BINGO Men's Club Crosswords Dirty Laundry Bowling Chuck a Duck *Bud Coutts sings*	10 What's Happening? Get Fit Brain Savers Card Club Camp Memories Make a List Weather Prediction Senior Social Iced Tea Day	11 Chit Chat Morning Stretch BINGO Men's Club R.O.M.E.O Bowling for Bucks Whack a Ball Putt Putt Patio Time Bonding w/ Closers	12 Tea & Talk Morning Moves Brain Savers Card Club Team Trivia Vacation Ideas Cornhole Social Hour	13 Coffeehouse Chat Move to Music BINGO Men's Club Best Dad Moments Name 5 Dad Memories Patio Party Father's Day Breakfast
16 Chit Chat Yoga Time BINGO Men's Club Mindful Meditation Breath Therapy Patio Party Kerplunk Ladies Lunch Bunch	17 Morning Social Creative Moves Brain Savers Card Club Summertime Memories Parachute Fun Dirty Laundry Storytelling *Hairdresser is in*	18 Talk it Out Get Movin' BINGO Men's Club R.O.M.E.O Handcrafters Haven Squirt Gun Painting Bubble Magic Getting to Know You Trivia	19 Conversations Dancercise Brain Savers Card Club History of Juneteenth Craft & Beading African American Dance Afternoon Discussion Juneteenth Celebration Wear Red	20 News & Views Senior Bootcamp BINGO Men's Club 3 Things On the Beach Toes in the Sand Beachball Toss Podiatrist in Gilligan's Island Day
23 Breakfast Club Get Fit BINGO Men's Club Making Lists Campfire Stories Favorite Place *Fanny May Chocolate Tour* Smores Day	24 Daily Views Morning Stretch Brain Savers Card Club Best Camping Spot Beach Camping Parachute Party *Jon King sings*	25 What's Happening? Work it Out BINGO Men's Club R.O.M.E.O Spooky Camp Stories Camp Games Bowling Putt Putt Tent Building Sunglasses Day	26 Talk it Out Move & Groove Brain Savers Card Club Let's Go Fishing Campfire Sing Along Armchair Travel Hot Dog Roasting Chocolate Pudding Day	27 Chit Chat Tone it Up BINGO Men's Club Tell Me a Story Dirty Laundry Campfire Building Ladies Lunch Bunch
30 Coffeehouse Chat Get Fit BINGO Men's Club Meditation Bocce Ball Patio Trivia *Dollar Tree Outing* PAC Meeting				





STRAWBERRY FUN FACTS

- ☼ Strawberries are the only fruit with seeds on the outside!!
- ☼ Newlyweds are served a soup made with strawberries on the morning of their wedding in French tradition!
- ☼ Each strawberry has about 200 seeds!
- ☼ Unlike many fruits, strawberries don't continue to ripen after picking.
- ☼ Strawberries are a member of the rose family, raspberries too!
- ☼ Ancient romans used strawberries to treat fever, sore throat, and depression among other things!

HAPPY BIRTHDAY TO YOU!!



How to Grow Strawberry Plants in Pots

