

COMPILED REPORTS ON EDUCATIONAL OUTREACH PROGRAMMES CONDUCTED BY LINCOLN UNIVERSITY COLLEGE MALAYSIA













































COMMUNITY HEALTH AWARENESS PROGRAMME

"Diabetic Care"



ORGANIZED BY LINCOLN UNIVERSITY COLLEGEMALAYSIA IN COLLABORATION WITH



dbc PHYSIOTHERAPY CENTRE

(MANAGED BY LIVFIT SDN BHD)

MALAYSIA

2023















DIABETIC CARE

Community Health Awarness Programme

Date

24th of June 2023

Mode of Delivery

Hybrid (Online & Physical)

Resourse Person

Mr. Saravanan Govindasamy
 Director / Chief Physiotherapist
 dbc Physiotherapy Centre, Malaysia

REPORT ON COMMUNITY HEALTH AWARENESS PROGRAMME

Programme : COMMUNITY HEALTH AWARENESS PROGRAMME

Topic : DIABETIC CARE

Date : 24th of June 2023

Resource Person : Mr. Saravanan Govindasamy

Director / Chief Physiotherapist dbc Physiotherapy Centre, Malaysia

Content : 1. Diabetic Complications

Methods to Control Diabetes
 Foot Care in Diabetic Patients
 Exercises for Diabetic Patients

No. of participants: 45

Mode of delivery: Hybrid (Online & Physical)

Attachment : Event Pictures

Prepared by
Secretary, Department of Physiotherapy
Lincoln University College, Malaysia







BUSINESS MANAGEMENT AND ENTREPRENEURSHIP

Skill Acquisition Training Programme

Date And Time

20th of May 2023 10.00am to 05.00pm

Mode of Delivery

Hybrid (Online & Physical)

Resourse Person

- Prof. Dr. Abhijit Ghosh
 Dean, Faculty of Business and Accountancy,
 Lincoln University College, Malaysia
- Mr. A. J. Farshath
 CEO, BIMT Campus, Sri Lanka

www.lincoln.edu.my

For Registration Contact: info@lincoln.edu.m

DETAILS OF EVENT

Programme : Skill Acquisition Training Programme

Topic : Business Management & Entrepreneurship

Date & Time : Saturday 20th of May 2023 - 10.00am to 05.00pm

Mode of Delivery : Hybrid (Online & Physical)

Resource Persons : Prof. Dr. Abhijit Ghosh

Dean, Faculty of Business and Accountancy, Lincoln

University College, Malaysia

Mr. A. J. Farshath

CEO, BIMT Campus, Sri Lanka

Number of Participants : 71

Training Objectives:

- 1. To Promote First Generation Businessman and Industrialists
- 2. To Create Awareness about Availability of Resources
- 3. To Promote Small, Cottage & Local Industries
- 4. To Encourage Self Employment Tendencies
- 5. To Provide Knowledge about Government Plans and Programmes
- 6. To Make a Successful Entrepreneur
- 7. To Provide Training to Operate Business
- 8. To Create Awareness about Marketing
- 9. To Develop Entrepreneurs in all Areas of the Country
- 10.To Remove Doubts of Entrepreneurs, Give Solutions and Suggest Remedies of Problems









LINCOLN UNIVERSITY COLLEGE MALAYSIA

REFERENCING 2023

INSTRUCTOR

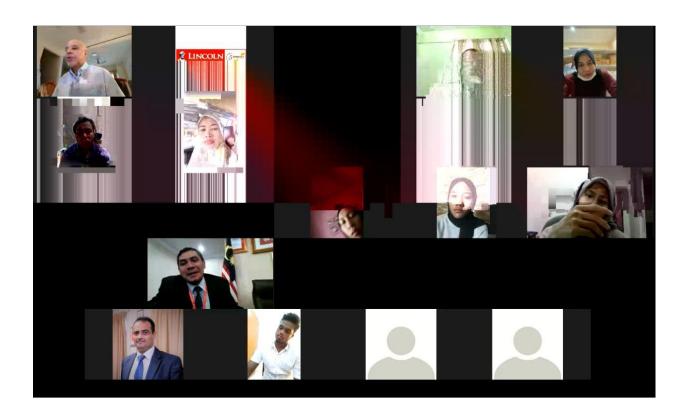
MS. FATIEN AZLIEA ASMADI

DATE: TUESDAY, 08TH AUGUST 2023

TIME: 09:00 A.M. – 11:30 A.M.

Lincoln University College (LUC) has organized a Massive Open Online Courses (MOOC) on Tuesday, 08th August 2023 from 09:00 a.m. to 11:30 a.m.. The title for this course is Referencing. This free online course is conducted through online via zoom portal. The instructor for these online courses is facilitated by Ms. Fatien Azliea Asmadi, chief librarian of Lincoln University College. Below attached is the zoom meeting photos taken during the online course.

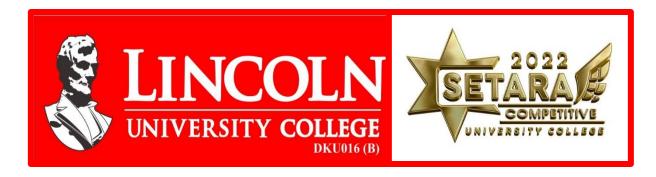
ATTACHMENT



Report Endorsed by:

Academic Affairs Department Lincoln University College, Malaysia 08th August 2023





COMMUNITY HEALTH AWARENESS PROGRAMME "Good Health For All"



ORGANIZED BY LINCOLN UNIVERSITY COLLEGEMALAYSIA IN
COLLABORATION WITH

GETWELL PHYSIOTHERAPY CENTRE

(MANAGED BY MAXURA HEALTHCARE SDN BHD)

MALAYSIA

2023

GetWell

















FREE OF COST

GOOD HEALTH FOR ALL

Community Health Awarness Programme

Date

10th of June 2023

Mode of Delivery

Hybrid (Online & Physical)

Resourse Person

Mr. Ravinkumar Katta
 HOD, Department of Physiotherapy
 Lincoln University College, Malaysia

www.lincoln.edu.my

For Registration Contact: info@lincoln.edu.my

REPORT ON HEALTH AWARENESS PROGRAMME

Name : COMMUNITY HEALTH AWARENESS PROGRAMME

Topic : GOOD HEALTH FOR ALL

Date : 10th of June 2023

Resource Person : Mr. Ravikumar Katta

HOD, Physiotherapy

Lincoln University College, Malaysia

Content : 1. Health Talk

Free Assessment on Back Pain
 Free Assessment on Neck Pain

4. Free Assessment on Knee Pain

5. Free Assessment on Shoulder Pain

No. of participants: 23

Mode of delivery : Hybrid (Online & Physical)

Attachment : Event pictures



Prepared by
Secretary, Department of Physiotherapy
Lincoln University College, Malaysia





LINCOLN UNIVERSITY COLLEGE MALAYSIA

RESEARCH METHODOLOGY: SAMPLE SIZE CALCULATION & SAMPLING TECHNIQUE &

INSRUMENT & DATA COLLECTION &

VALIDATION AND RELIABILITY

INSTRUCTOR

ASSOC. PROF. DR. NISHA NAMBIAR

DATE: MONDAY, 21ST AUGUST 2023 TIME: 11:30 A.M. – 04:30 P.M.

Lincoln University College (LUC) organized a Research Methodology class that was opened to the public on Monday, 21st August 2023 from 11:30 a.m. – 04:30 p.m. The class covers Sample Size Calculation, Sampling Technique, Instrument & Data Collection & Validation and Reliability. This free class conducted face to face. The instructor for this course is Assoc. Prof. Dr. Nisha Nambiar, the Dean of Faculty of Applied Science and a lecturer of Lincoln University College.

After two years fight with the pandemic of Covid-19, the government has finally lifted the Movement Control Order students and participants are able to have face to face classes.

During the Movement Control Order MCO) there are many courses that were conducted through online via zoom and participants are unable to attend face to face.

Below are the photos taken during the class.

ATTACHMENT



Report Endorsed by:

Academic Affairs Department Lincoln University College, Malaysia 21st August 2023





LINCOLN UNIVERSITY COLLEGE MALAYSIA

RESEARCH METHODOLOGY RESEARCH DESIGN: MIXED METHOD RESEARCH

INSTRUCTOR
PROF. SANTHNA LETCHMI

DATE: THURSDAY, 14 SEPTEMBER 2023 TIME: 02:30 P.M. – 04:30 P.M.

Lincoln University College (LUC) has organized a Massive Open Online Courses (MOOC) on Thursday, 14th September 2023 from 02:30 p.m. – 04:30 p.m.. The title for this course is Research Methodology on Research Design: Mixed Method Research. This free online course is conducted physically at Lincoln University College. The instructor for these online courses is facilitated by Prof. Dr. Santhna Letchmi, the Dean of Faculty of Nursing and lecturer of Lincoln University College.

After two years fight with the pandemic of Covid-19, the government has finally lifted the Movement Control Order students and participants are able to have face to face courses.

During the Movement Control Order MCO) there are many courses has been conducted through online via zoom and participants are unable to attend physically.

Below attached is the zoom meeting photos taken during the online course.

ATTACHMENT



Report Endorsed by:

Academic Affairs Department Lincoln University College, Malaysia 14th September 2023





HEALTH AWARENESS PROGRAMME

"FREE MEDICAL CAMP - PAIN MANAGEMENT"



ORGANIZED BY LINCOLN UNIVERSITY COLLEGEMALAYSIA IN COLLABORATION WITH

GETWELL PHYSIOTHERAPY CENTRE

(MANAGED BY MAXURA HEALTHCARE SDN BHD)

MALAYSIA

2023

GetWell

















FREE MEDICAL CAMP PAIN MANAGEMENT

Health Awarness Programme

Date

8th of July 2023

Mode of Delivery

Hybrid (Online & Physical)

Resourse Person

Mr. Selvaraj Antoniraj
 Lecturer, Department of Physiotherapy
 Lincoln University College, Malaysia

www.lincoln.edu.my

For Registration Contact: info@lincoln.edu.my

REPORT ON HEALTH AWARENESS PROGRAMME

Programme : HEALTH AWARENESS PROGRAMME

Topic : FREE MEDICAL CAMP - PAIN MANAGEMENT

Date : 8th of July 2023

Resource Person : Mr. Selvaraj Antoniraj

Lecturer, Department of Physiotherapy Lincoln University College, Malaysia

Content : 1. Health Talk

Free Pain Assessment
 Free Pain Treatment

4. Free Consultation on Pain Management5. Free Consultation on Pain Prevention

No. of participants: 87

Mode of delivery : Hybrid (Online & Physical)

Attachment : Event pictures

Prepared by Secretary, Department of Physiotherapy Lincoln University College, Malaysia







LINCOLN UNIVERSITY COLLEGE MALAYSIA

THEORETICAL AND CONCEPTUAL FRAMEWORK 2023

INSTRUCTOR PROF. DR. FARIDAH MOHD SAID

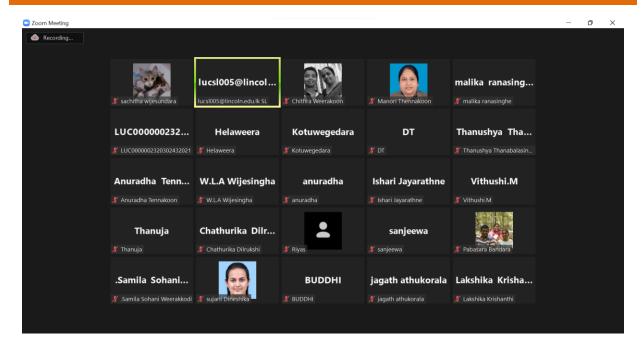
DATE: THURSDAY, 19TH JANUARY 2023

TIME: 09:00 A.M - 01:30 P.M

Massive Open Online Courses (MOOC) is a free online course that is available for anyone to enroll. MOOC's provide an affordable and flexible ways to learn new skills which can advance on a person's career and it will deliver quality educational experiences at scale.

Lincoln University College (LUC) has organized a Massive Open Online Courses (MOOC) on Thursday, 19th January 2023. The title for this course is Theoretical and Conceptual Framework. This free online course is conducted through online via zoom portal. The instructor for these online courses is facilitated by Prof. Dr. Faridah Mohd Said, a lecturer in Lincoln University College (LUC).

ATTACHMENT



Report Endorsed by:

Academic Affairs Department Lincoln University College, Malaysia 19th January 2023





LINCOLN UNIVERSITY COLLEGE MALAYSIA

POPULATION & SAMPLING METHODS 2023

INSTRUCTOR ASSOC. PROF. DR. NISHA NAMBIAR

DATE: WEDNESDAY, 25TH JANUARY 2023

TIME: 09:00 A.M – 01:30 P.M

Lincoln University College (LUC) has organized a Massive Open Online Courses (MOOC) on Wednesday, 25th January 2023 from 02:30 p.m. to 05:30 p.m. The title for this course is Population & Sampling Methods. This free online course is conducted through online via zoom portal. The instructor for these online courses is facilitated by Assoc. Prof. Dr. Nisha Nambiar, a lecturer in Lincoln University College (LUC) from Faculty of Applied Science.

Massive Open Online Courses (MOOC) is a free online course that is available for anyone to enroll. MOOC's provide an affordable and flexible ways to learn new skills which can advance on a person's career and it will deliver quality educational experiences at scale.

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Report Endorsed by:



Academic Affairs Department Lincoln University College, Malaysia 25th January 2023



LINCOLN UNIVERSITY COLLEGE MALAYSIA

LITERATURE REVIEW & ACADEMIC WRITING & SYSTEMATIC REVIEW 2023

INSTRUCTOR
DR. MUSHEER ABDULWAHID ABDO
ALJABER

DATE: TUESDAY, 07TH FEBRUARY 2023 TIME: 09:00 A.M – 01:30 P.M

Lincoln University College (LUC) has organized a Massive Open Online Courses (MOOC) on Tuesday, 07th February 2023 from 09:00 a.m. to 05:30 p.m.. The title for this course is Literature Review, Academic Writing and Systematic Review. This free online course is conducted through online via zoom portal. The instructor for these online courses is facilitated by Dr. Musheer Abdulwahid Abdo Aljaber, a lecturer in Lincoln University College (LUC). He is a very professional and experience lecturer.

Massive Open Online Courses (MOOC) is a free online course that is available for anyone to enroll. MOOC's provide an affordable and flexible ways to learn new skills which can advance on a person's career and it will deliver quality educational experiences at scale.

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Report Endorsed by:

Academic Affairs Department Lincoln University College, Malaysia 07th February 2023





LINCOLN UNIVERSITY COLLEGE MALAYSIA

RESEARCH DESIGN: QUANTITATIVE RESEARCH DESIGN 2023

INSTRUCTOR PROF. DR. FARIDAH

DATE: FRIDAY, 24TH FEBRUARY 2023

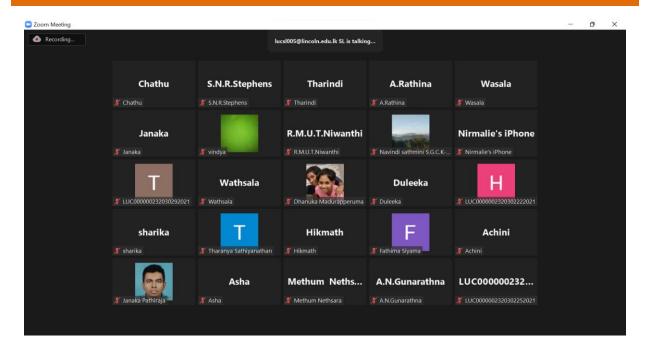
TIME: 09:00 A.M - 01:30 P.M

Lincoln University College (LUC) has organized a Massive Open Online Courses (MOOC) on Friday, 24th February 2023 from 09:00 a.m. to 11:00 a.m.. The title for this course is Research Design: Quantitative Research Design. This free online course is conducted through online via zoom portal. The instructor for these online courses is facilitated by Prof. Dr. Faridah a lecturer in Lincoln University College (LUC). She is a very professional and experience lecturer.

Massive Open Online Courses (MOOC) is a free online course that is available for anyone to enroll. MOOC's provide an affordable and flexible ways to learn new skills which can advance on a person's career and it will deliver quality educational experiences at scale.

Quantitative research design is aimed at discovering how many people think, act or feel in a specific way. Quantitative projects involve large sample sizes, concentrating on the quantity of responses, as opposed to gaining the more focused or emotional insight that is the aim of qualitative research.

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Report Endorsed by:







COMMUNITY OUTREACH PROGRAMME

"Yoga for Better Life"



ORGANIZED BY LINCOLN UNIVERSITY COLLEGE,
MALAYSIA

2023















FREE OF COST

YOGA FOR BETTER LIFE

Community Outreach Programme

Date

5th August 2023

Mode of Delivery

Hybrid (Online & Physical)

Resourse Person

Mr. Ravikumar Katta
 HOD, Physiotherapy
 Lincoln University College, Malaysia

www.lincoln.edu.my

For Registration Contact: info@lincoln.edu.my

REPORT OF OUTREACH ON COMMUNITY SERVICE

Programme : Community Outreach Programme

Topic : Yoga for better life

Date : 5th of August 2023

Organized by : Lincoln University College, Malaysia

Resource Person : Mr. Ravikumar Katta

HOD, Physiotherapy

Lincoln University College, Malaysia

Objective : 1. Benefits of Yoga

2. Simple Yoga Exercises

3. Simple Yoga Poses

4. Awareness on Yoga Activities

5. Precautions, Effects and Procedure with Yoga

No. of participants: 93 Participants

Mode of delivery : Hybrid (Online & Physical)

Attachment : Event Pictures

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393

Prepared by
Secretary, Department of Physiotherapy
Lincoln University College, Malaysia





STATISTICS: INTRODUCTION TO QUANTITATIVE ANALYSIS METHODS 2023

INSTRUCTOR DR. MUSHEER ABDULWAHID ABDO ALJABER

DATE: FRIDAY, 10TH MARCH 2023

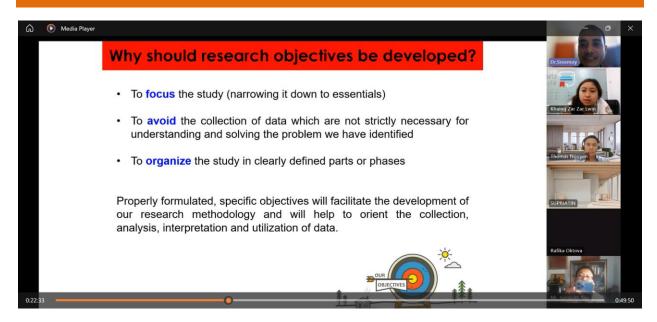
TIME: 11:30 A.M - 05:30 P.M

Lincoln University College (LUC) has organized a Massive Open Online Courses (MOOC) on Friday, 10th March 2023 from 11:30 a.m. to 05:30 p.m.. The title for this course is Statistics: Introduction to Quantitative Analysis Methods. This free online course is conducted through online via zoom portal. The instructor for these online courses is facilitated by Dr. Musheer Abdulwahid Abdo Aljaber who is a lecturer in Lincoln University College (LUC).

Massive Open Online Courses (MOOC) is a free online course that is available for anyone to enroll. MOOC's provide an affordable and flexible ways to learn new skills which can advance on a person's career and it will deliver quality educational experiences at scale.

Quantitative methods emphasize objective measurements and the statistical, mathematical, or numerical analysis of data collected through polls, questionnaires, and surveys, or by manipulating pre-existing statistical data using computational techniques

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Report Endorsed by:

Academic Affairs Department Lincoln University College, Malaysia 10th March 2023





RESEARCH PUBICATION 2023

INSTRUCTOR PROF. DR. SANDEEP PODDAR

DATE: MONDAY, 27TH MARCH 2023

TIME: 09:00 A.M – 11:30 A.M

Lincoln University College (LUC) has organized a Massive Open Online Courses (MOOC) on Monday, 27th March 2023 from 09:00 a.m. to 11:30 a.m.. The title for this course is Research Publications. This free online course is conducted through online via zoom portal. The instructor for these online courses is facilitated by Prof. Dr. Sandeep Poddar, Deputy Vice Chancellor of Research and Publications of Lincoln University College (LUC).

Publications make scientific information publically available, and allow the rest of the academic audience to evaluate the quality of the research. There are various types of publications like Scholarly Journals, Professional or Trade Publications, Popular and General Interest Magazines.

Massive Open Online Courses (MOOC) is a free online course that is available for anyone to enroll. MOOC's provide an affordable and flexible ways to learn new skills which can advance on a person's career and it will deliver quality educational experiences at scale.

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Report Endorsed by:

Academic Affairs Department Lincoln University College, Malaysia 27th March 2023





INTRODUCTION TO MEDICAL RESEARCH 2023

INSTRUCTOR ASSOC. PROF. DR. NISHA NAMBIAR

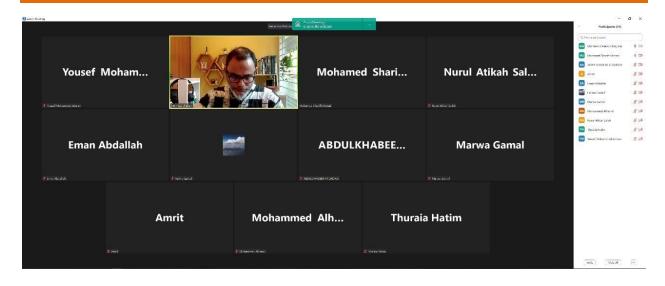
DATE: THURSDAY, 06TH APRIL 2023 TIME: 11:30 A.M. – 01: 30 P.M.

Lincoln University College (LUC) has organized a Massive Open Online Courses (MOOC) on Sunday, 21st March 2021 from 11:30 a.m. to 01:30 p.m.. The title for this course is Introduction to Medical Research. This free online course is conducted through online via zoom portal. The instructor for these online courses is facilitated by Assoc. Prof. Dr. Nisha Nambiar.

Massive Open Online Courses (MOOC) is a free online course that is available for anyone to enroll. MOOC's provide an affordable and flexible ways to learn new skills which can advance on a person's career and it will deliver quality educational experiences at scale.

A research is a systematic investigation, including research development, testing and evaluation, which designed to develop or contribute to generalizable knowledge. Besides that, participants can learn how to do start a research and carefully study into the specific problem.

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Report Endorsed by:

Academic Affairs Department Lincoln University College, Malaysia 06th April 2023





ACADEMIC REFERENCING STYLES 2023

INSTRUCTOR
MS. FATIEN AZLIEA ASMADI

DATE: THURSDAY, 25TH APRIL 2023

TIME: 02:30 P.M. – 05:30 P.M.

Lincoln University College (LUC) has organized a Massive Open Online Courses (MOOC) on Thursday, 25th April 2023 from 02:30 pm. to 05:30 pm. The title for this course is Academic Referencing Styles. This free online course is conducted through online via zoom portal. The instructor for these online courses is facilitated by Ms. Fatien Azliea Asmadi, librarian in Lincoln University College.

Massive Open Online Courses (MOOC) is a free online course that is available for anyone to enroll. MOOC's provide an affordable and flexible ways to learn new skills which can advance on a person's career and it will deliver quality educational experiences at scale.

This online course teaches participants on how to do referencing on assignments. Besides that, this also teaches on how referencing can help with individual researches.

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Report Endorsed by:

Academic Affairs Department Lincoln University College, Malaysia 25th April 2023





QUALITATIVE RESEARCH DESIGN & MIXED METHOD RESEARCH 2023

INSTRUCTOR PROF. DR. SANTHNA LETCHMI

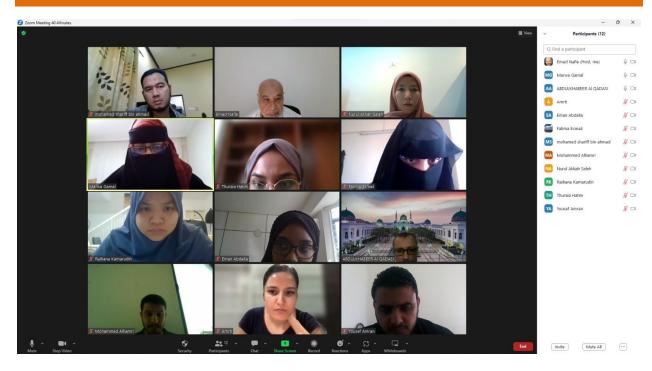
DATE: FRIDAY, 05TH MAY 2023

TIME: 11:30 A.M. – 05:30 P.M.

Lincoln University College (LUC) has organized a Massive Open Online Courses (MOOC) on Friday, 05th May 2023 from 11:30 a.m. to 05:30 p.m.. The title for this course is Qualitative Research Design & Mixed Method Research. This free online course is conducted through online via zoom portal. The instructor for these online courses is facilitated by Prof. Dr. Santhna Letchmi, lecturer of Lincoln University College.

Below attached is the zoom meeting photos taken during the online course

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Report Endorsed by:

Academic Affairs Department Lincoln University College, Malaysia 05th May 2023





INTRODUCTION TO QUALITATIVE ANALYSIS METHODS & INSTRUMENT & DATA COLLECTION 2023

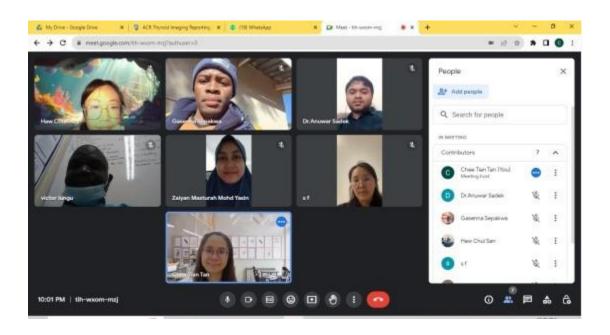
INSTRUCTOR
PROF. DR. SANTHNA LETCHMI
&
ASSOC. PROF. DR. NISHA NAMBIAR

DATE: WEDNESDAY, 14TH JUNE 2023 TIME: 09:30 A.M. – 05:30 P.M.

Lincoln University College (LUC) has organized a Massive Open Online Courses (MOOC) on Wednesday, 14th June 2023 from 09:30 a.m. to 05:30 p.m.. The title for this course is Introduction to Qualitative Analysis & Intrument & Data Collection. This free online course is conducted through online via zoom portal. The instructor for these online courses is facilitated by Prof. Dr. Santhna Letchmi and Assoc. Prof. Dr. Nisha Nambiar, the dean from Faculty of Nursing and Faculty of Applied Science of Lincoln University College.

Below attached is the zoom meeting photos taken during the online course.

ATTACHMENT



Report Endorsed by:

Academic Affairs Department Lincoln University College, Malaysia 14th June 2023





HEALTH AWARENESS PROGRAMME WORKSHOP ON INTEGRATED MEDICINE-TOWARDS BETTER HEALTHCARE



ORGANIZED BY LINCOLN UNIVERSITY COLLEGE MALAYSIA

2023



FREE OF COST

TOWARDS BETTER HEALTHCARE

Workshop On Integrated Medicine

Date

22nd July 2023

Mode of Delivery

Hybrid (Online & Physical)

Resourse Person

 Dr. Mohandas Krishna Sastry Chief Acupuncture Instructor ACU Paincare

www.lincoln.edu.my

For Registration Contact: info@lincoln.edu.my

REPORT ON HEALTH AWARENESS PROGRAMME

Programme : WORKSHOP ON INTEGRATED MEDICINE

Topic : TOWARDS BETTER HEALTHCARE

Date : 22nd of July 2023

Resource Person : Dr. Mohandas Krishna Sastry

Chief Acupuncture Instructor

ACU Paincare

Content : 1. Advanced Acupuncture Needling

2. How Acupuncture Works on Brain Map

3. Acupuncture and Muscle Energy Release

4. Needling on Muscle Paralysis

5. Needling on Muscle Stiffness

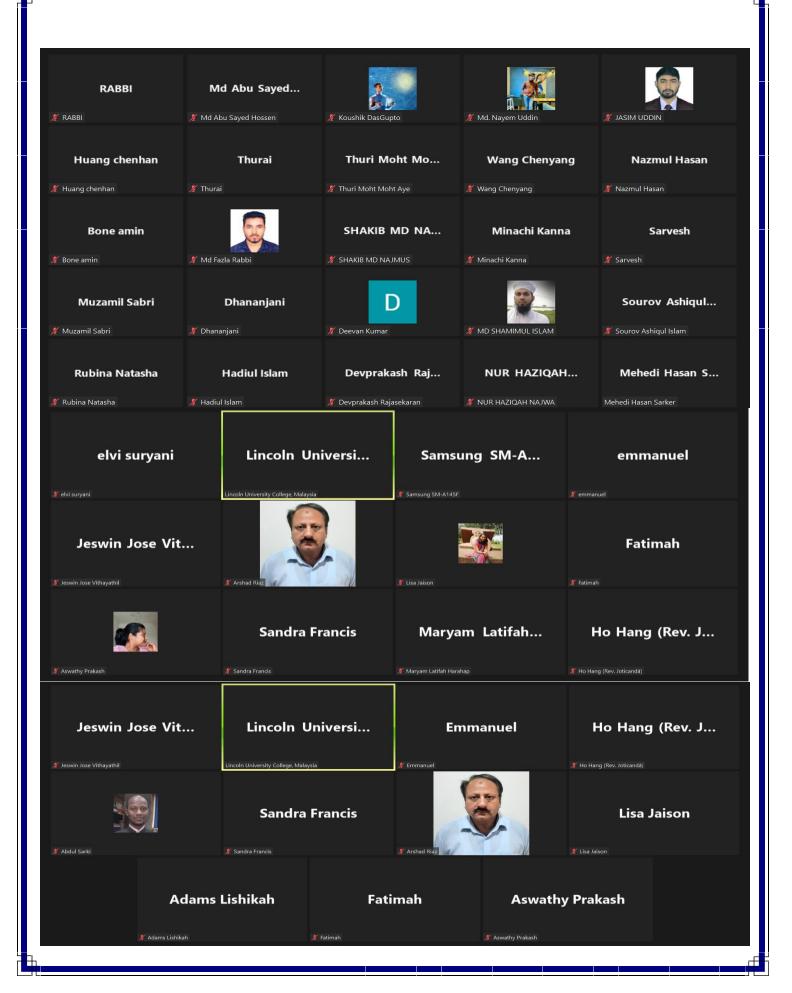
No. of participants: 73 Participants

Mode of delivery : Hybrid (Online & Physical)

Attachment : Event pictures

Prepared by Secretary, Department of Physiotherapy Lincoln University College, Malaysia







LITERATURE REVIEW: LITERATURE SEARCH & ACADEMIC WRITING AND LITERATURE REVIEW: SYSTEMATIC REVIEW I

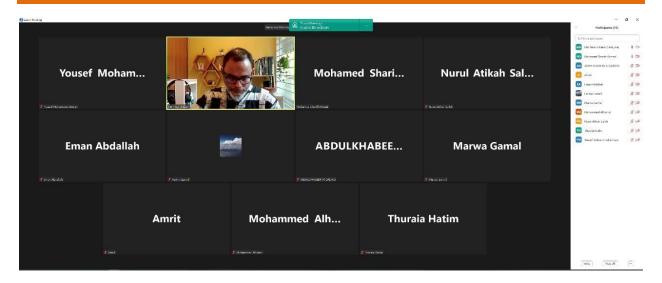
INSTRUCTOR

DR. MUSHEER ABDUL WAHID ABDO ALJABER

DATE: FRIDAY, 28TH JULY 2023 TIME: 09:00 A.M. – 04:30 P.M.

Lincoln University College (LUC) has organized a Massive Open Online Courses (MOOC) on Monday, 10th July 2023 from 09:00 a.m. to 04:30 p.m.. The title for this course is Literature Review: Literature Search & Academic Writing and Literature Review: Systematic Review I. This free online course is conducted through online via zoom portal. The instructor for these online courses is facilitated by Dr. MusheerAbdul Wahid Abdo Aljaber, lecturer of Lincoln University College. Below attached is the zoom meeting photos taken during the online course.

ATTACHMENT



Report Endorsed by:

Academic Affairs Department Lincoln University College, Malaysia 28th July 2023





OVERVIEW OF RESEARCH PROPOSAL RESEARCH PROPOSAL FORMAT PROPOSAL DEFENCE PROCESS SUPERVISOR ASSIGNMENT 2023

INSTRUCTOR PROF. DR. FARIDAH MOHD SAID

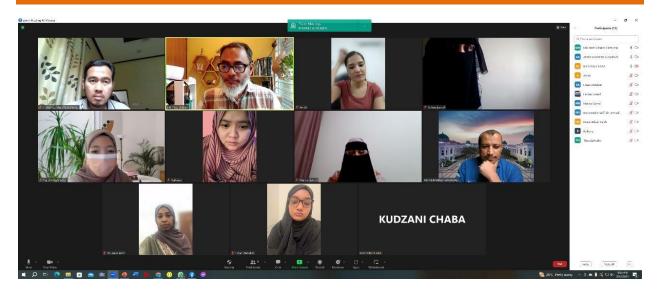
DATE: TUESDAY, 27TH JUNE 2023

TIME: 09:30 A.M. - 05:30 P.M.

Lincoln University College (LUC) has organized a Massive Open Online Courses (MOOC) on Tueday, 27th June 2023 from 09:30 a.m. to 05:30 p.m.. The title for this course is Overview of Research Proposal, Research Proposal Format, Proposal Defense Process and Supervisor Assignment. This free online course is conducted through online via zoom portal. The instructor for these online courses is facilitated by Prof. Dr. Faridah Mohd Said, lecturer of Lincoln University College.

Below attached is the zoom meeting photos taken during the online course.

ATTACHMENT



Report Endorsed by:

Academic Affairs Department Lincoln University College, Malaysia 27th June 2023





INTRODUCTION: BACKGROUND OF STUDY, PROBLEM STATEMENT, OBJECTIVE & RESEARCH QUESTIONS OPERATIONAL & CONCEPTUAL DEFINITIONS

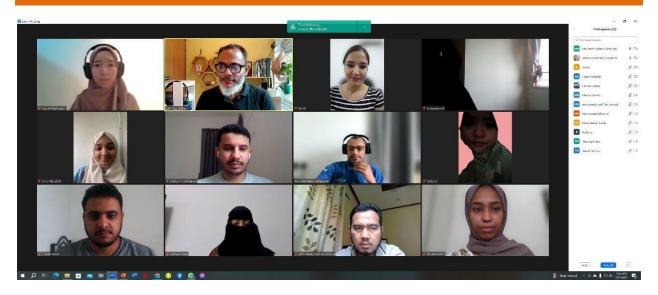
INSTRUCTOR PROF. DR. FARIDAH MOHD SAID

DATE: MONDAY, 10TH JULY 2023 TIME: 11:30 A.M. – 01:30 P.M.

Lincoln University College (LUC) has organized a Massive Open Online Courses (MOOC) on Monday, 10th July 2023 from 11:30 a.m. to 01:30 p.m.. The title for this course is Introduction: Background of Study, Problem Statement, Objective & Research Questions Operational & Conceptual Definitions. This free online course is conducted through online via zoom portal. The instructor for these online courses is facilitated by Prof. Dr. Faridah Mohd Said, lecturer of Lincoln University College.

Below attached is the zoom meeting photos taken during the online course.

ATTACHMENT



Report Endorsed by:

Academic Affairs Department Lincoln University College, Malaysia 10th July 2023





COMMUNITY WELLNESS PROGRAMME

"AWARENESS ON HEALTHCARE"



ORGANIZED BY LINCOLN UNIVERSITY COLLEGE, MALAYSIA

2023

















FREE OF COST

AWARNESS ON HEALTHCARE

Community Wellness Programme

Date

10th of January 2023

Mode of Delivery

Hybrid (Online & Physical)

Resourse Person

- Prof. Datin Dr. Hafizah Che Hassan DVC Academics Lincoln University College
- Dr. Sreemoy Kanti Das
 Deputy Dean, Faculty of Pharmacy
 Lincoln University College

www.lincoln.edu.my

For Registration Contact: info@lincoln.edu.my

REPORT ON OUTREACH COMMUNITY SERVICES

Programme : Community Wellness Programme

Topic : Awareness on Healthcare

Date : 10th of January 2023

Organized by : Lincoln University College, Malaysia

Resource Person : Prof. Datin Dr. Hafizah Che Hassan

DVC Academics, LUC

Dr. Sreemoy Kanti Das

Deputy Dean, Faculty of Pharmacy

Lincoln University College

Objective : 1. Health Screening

2. Health Talk

3. Question and Answer session on Health-Related Issues

4. Free Exercise Prescription for Non-Communicable

Diseases

No. of participants: 47

Mode of delivery : Hybrid (Online & Physical)

prepared by:

Secretary, Faculty of Pharmacy, Lincoln University College, Malaysia







REPORT ON OUTREACH EDUCATIONAL ACTIVITY 2022-2023

Prof. Dr. Sandeep Poddar, Deputy Vice Chancellor (Research & Innovation), Lincoln University College, Malaysia 27th World Education Summit 2023 Malaysia

Prof. Dr. Sandeep Poddar, Deputy Vice Chancellor (Research & Innovation), Lincoln University College, Malaysia, has been invited as panelist in the 27th World Education Summit in Malaysia on October 02-03, 2023, an inspiring B2B education conference where challenges and opportunities in advancing education were

opportunities in advancing education were explored.

Panel Discussion on "Smart Learning & Teaching: The Influence of Technology on Classroom Dynamics" Other Eminent Panelists:

Prof. Dr. Liew Teik Kooi (Andy), Vice-Chancellor, HELP University, Kuala Lumpur, Malaysia

YBhg Prof Dr. Ahmad Izanee Awang, President & Vice-Chancellor, Open University Malaysia, Selangor, Malaysia Prof. Ts. Dr. Nazri bin Ali, Chief Executive Officer (CEO), UTM – School of Professional and Continuing Education, Malaysia Professor Chai Lay Ching, Pro Vice-





Chancellor (Education), Sunway University, Subang Jaya Malaysia Dr. Anjali Hans, Faculty of Social Science Arts & Humanities, Lincoln University College (LUC), Malaysia, has also taken part in other panel discussion session.

International Webinar on 'Herbal Medicine' presented by Dr. Mohammad Gousuddin, Faculty of Pharmacy, Associate Professor, Lincoln University College, Malaysia

The International Webinar on 'Herbal Medicine' organized by the Faculty of Pharmacy, Tiara Bunda Polytechnic in West Java, Indonesia, held on August 26, 2023, was a significant gathering of knowledge and expertise in the field of herbal medicine.

The highlight of the webinar was the esteemed presence of Dr. Mohammad Gousuddin, Faculty of Pharmacy, Associate Professor, Lincoln University College, Malaysia, who graced the occasion as the guest keynote speaker. Dr. Gousuddin's presentation, titled "Herbal Medicine Current

Trends and Future Prospects", shed light on the evolving landscape of herbal medicine, emphasizing its current significance and the potential it holds for the future. His expertise and valuable insights undoubtedly left a lasting impression on all participants, contributing to the advancement of knowledge in this vital field of healthcare.

With a total of 106 bachelor and postgraduate pharmacy students in attendance, the event provided a unique platform for the exchange of ideas and insights into the world of natural remedies.



Strengthening Research Integrity in the Global Landscape through Trends and Innovation in the 21st Century

Dr. Nidhi Agarwal, Professor, Faculty of Social Science and Humanities and Program Coordinator, Master of Education, Lincoln University College, Malaysia delivered a Keynote Speech at an international conference on "Strengthening Research Integrity in the Global

Landscape through Trends and Innovation in the 21st Century" organized by LCUP and GE&RA in Philippines on July 28, 2023.

Dr. Agarwal participated in the country panel discussion with different enthusiasts and professors engaged in meaningful discussion.



Scientific Writing Workshop by DVC Research Lincoln University College at University of Indonesia.

Prof. Dr. Sandeep Poddar, Deputy Vice Chancellor (Research & Innovation), Lincoln University College, Malaysia paid a courtesy visit to the Faculty of Public Health, University of Indonesia.

Dr. Poddar also graced the Scientific Writing Workshop with his presence on July 27, 2023, along with Prof. Dewi, Dr. Ririn, Dr. Ema, Dr. Tris Eryando, Dr. AL Asyari, Miss Difra and the students of the Faculty of Public Health.



IKesT Muhammadiyah Palembang Conference (INHOSTECH)

Prof. Dr. Faridah Mohd Said, Post Graduate Coordinator, Faculty of Nursing and Prof. Dr. Sandeep Poddar, Deputy Vice Chancellor (Research & innovation), Lincoln University College, Malaysia were invited to deliver lecture at IKesT Muhammadiyah Palembang, Indonesia on July 26, 2023.

IKesT Muhammadiyah Palembang Conference (INHOSTECH) is an activity held as a forum for the younger generation, especially those who are studying bachelor's degree to channel and develop their ideas in scientific forums. INHOSTECH carries the theme "Strengthening Youth Potential for Sustainable Innovation", held in 4 Tracks namely Business Management and Accounting; Health and Nursing; Social Humanities; Religious Studies and Law; and Engineering and Technology.



IFPH Talks: "Brain Tumor and Management with Homeopathy"

Dr. Partha Chakraborty of Department of Homeopathy, Lincoln University College, Malaysia

delivered a series of lectures on "Brain Tumor and Management with Homeopathy". International Forum for Promoting Homoeopathy (IFPH) organises this daily webinar which is named IFPH Talks.

The discourses have been highly appreciated by the members and listeners. International Forum for Promoting Homoeopathy is an organisation formed with Homoeopathic lovers, students and Doctors all over the world. So far three sessions on this topic have been conducted.





Motivation and Academic Pathway Talk by Norin John

Ms. Norin John, Lecturer, Faculty of Nursing, Lincoln university College, Malaysia addressed the students of Sekolah Menengah Kebangsaan Gunsanad 1, Keningau, Malaysia on October 12, 2022. Her speech focused on motivation and academic pathway of the students.

She also promoted the Master of Education program to the teacher at Smk Gunsanad Keningau. Apart from that Ms. John did the promotion of Lincoln University College educational programmes to the nurses at KD Bulu Silou Keningau.



Dr. Amiya Bhaumik, President, LUC Visits Boya International College for Educational Exchange and Investigation towards quality education

Dr. Amiya Bhaumik, President, Lincoln University College, Malaysia, visited Boya International College and Liberal Arts International College on September 3, 2023. During his visit, he held talks and exchanges with several individuals, including Lu Wenwei, Vice President; Liu Yanling, Dean of the School of Medicine; Liu Huan, Vice Dean of Teaching; Zhang Li, Vice Dean of Academics; Xiong Yan, Executive Vice President of Boya International College; Cao Suirong, Vice President of Foreign Affairs; and other relevant personnel.

Dr. Bhaumik expressed his appreciation for the high-quality teaching resources of the School of Medicine and the modern teaching facilities of Boya International College. He highly appraised the efforts made in perspective and cross-cultural communication.

During the meeting, both sides introduced their colleges and programs, discussed medical training, teaching methods, clinical practice, and explored student exchanges,











research collaborations, and teacher visits, while offering constructive suggestions for future educational cooperation.

Following discussions, both sides reached a preliminary consensus on academic exchanges and cooperation projects. They agreed that collaboration would enhance teaching quality and student development by sharing resources.

Dr. Partha Chakraborty Delivers Speech at All India Homeopathic Practitioners' Researchers' Students' & Pharmaceuticals' Summit 2023

The All India Homeopathic Practitioners' Researchers' Students' & Pharmaceuticals' Summit 2023 was organised by the Homoeopathic Medical Association of India (HMAI), West Bengal State Branch on February 4-5, 2023.

Dr. Partha Chakraborty, Professor of Homeopathy, Lincoln University College, Malaysia delivered an invited speech on "Post COVID Complications and Management with Homoeopathy" in the conference held at Digha Unnayan Parishad Complex, New Digha, West Bengal, India.



The conference was attended by around 2500 delegates from all over India with 110 speakers. Dr. Chakraborty was the only one representing a Malaysian university at the event.

Invited Lecture by Prof Satheesh Lincoln university College at STIKES Bani Saleh, Indonesia

Dr. Satheesh Babu Natarajan, Faculty of Pharmacy, Lincoln University College (LUC), Malaysia has been invited as a speaker by College of Health Science, STIKES Bani Saleh, Indonesia for delivering speech on the topic of "Home Health Nursing and Pharmacy Care 2022" on December 5, 2022 through virtual mode.



Mrs. Norin John Visits various educational institute and delivered lectures on quality education from Sandakan to Tawau

Mrs. Norin John, Faculty of Nursing, Lincoln University College, Malaysia visited the Roadshow from Sandakan to Tawau organised on September 18-24, 2022. Her schedule was full of activities on all the days. Mrs. Norin visited many places during her visit and delivered lectures on early childhood education and promoting education for growth.















Aspirasi Kecemerlangan Keluarga Malaysia

Aspirasi Kecemerlangan Keluarga Malaysia (Malaysian Family Excellence Aspiration Program) was organised at the German-Malaysian Institute (GMI) on September 10, 2022. Dato (AMB)

Mohd Yusoff A. Bakar, Deputy Vice Chancellor (Student Affairs), Lincoln University College, Malaysia was present at the event.

The Prime Minister of Malaysia, Datuk Seri Ismail Sabri Yaakob graced the programme with his presence.



International Conference on Digital Technology, Pharmacy, Health and Social Sciences (2nd ICODIGIPHAS)

Prof. Dr. Faridah Mohd. Said, Faculty of Nursing, Lincoln University College, Malaysia was invited as the keynote speaker at the International Conference on Digital Technology, Pharmacy,

Health and Social Sciences (2nd ICODIGIPHAS) on August 23, 2022. Dr. Faridah delivered lecture on the topic of "Challenges and New Life of Health Education in Current Global Health System" via Zoom.

The focal theme of the conference was "Improvement Health Education Quality After Pandemic".



International Seminar on Sustainable Entrepreneurship: Opportunities and Challenges

The International Seminar on Sustainable Entrepreneurship: Opportunities and Challenges has been organised as a part of the First Phase of implementation of the MoU between West Bengal State University, India and Lincoln University College, Malaysia.

Dr. Sandeep Poddar, Deputy Vice Chancellor (Research & Innovation), Lincoln University College (LUC), Malaysia has delivered an invited keynote speech at the seminar at West Bengal

State University (WBSU), India on July 20, 2022. The event was organised by the Post-Graduate Department of Commerce & Post-Graduate Department of Management and Marketing, West Bengal State University (WBSU), India.

The international seminar was conducted and attended by Prof. Pranam Dhar, Head, Department of Commerce, WBSU, India, CMA Shubhro Michael Gomes,



Director (Studies), Institute of Cost Accountants of India, and Prof. Anirban Sarkar, Head, Department of Management and Marketing, WBSU, India. The Chief Patron of the event was Prof. Dr. Mahua Das, Vice Chancellor, WBSU, India.

Lincoln University college's Faculty of Pharmacy Visits International Youth Centre (IYC)

The staffs and students of faculty of pharmacy, lincoln university college, malaysia conducted a fun visit to international youth centre (iyc), kuala lumpur, malaysia on july 19, 2022. During the visit, they acknowledged the interesting facts about urban farming, along with modern techniques on farming. Other social activities were introduced to them. Students were encouraged to collaborate and join in their activities. Iyc authorities exhibited their interesting facilities to the students and encouraged them to visit and utilize their facilities anytime.



SAMSHODHAN 2022,

SAMSHODHAN 2022, an online research workshop was organised by the Department of Media Studies (PG), Kristu Jayanti College, Bengaluru, India on February 16, 2022. Dr. Manual Selvaraj Bexci, Associate Professor & Postgraduate Coordinator, Faculty of Social Science, Arts & Humanities, Lincoln University College, Malaysia graced the event as the main resource person. The topic was "Media and Public Health Research".



The Effective Publication Strategies at the International Reputable Scientific Journals

Prof. Dr. Sandeep Poddar, Deputy Vice Chancellor (Research & Innovation), Lincoln University College, Malaysia was invited and served as a resource person at the International Nursing

Virtual Webinar & Manuscript Preparation Advisory 'The Effective Publication Strategies at the International Reputable Scientific Journals' on August 27-28, 2021 organized by Faculty of Nursing and Health Sciences. Muhammadiyah University of Semarang, Indonesia. Prof. Poddar



delivered his lecture on 'Strategies: How to Prepare a Quantitative-Experiment Research Manuscript'. The event was attainted by more than 180 participants.



HEALTH AWARENESS PROGRAMME

"Awareness On Good Posture"



ORGANIZED BY LINCOLN UNIVERSITY COLLEGEMALAYSIA IN COLLABORATION WITH



dbc PHYSIOTHERAPY CENTRE
(MANAGED BY LIVFIT SDN BHD)
MALAYSIA





















FREE OF COST

AWARENESS ON GOOD POSTURE

Health Awarness Programme

Date

27th May 2023

Mode of Delivery

Hybrid (Online & Physical)

Resourse Person

Mr. Saravanan Govindasamy
 Director / Chief Physiotherapist
 DBC Physiotherapy Centre, Malaysia

www.lincoln.edu.my

REPORT ON HEALTH AWARENESS PROGRAMME

Name : HEALTH AWARENESS PROGRAMME

Topic : AWARENESS ON GOOD POSTURE

Date : 27th of May 2023

Resource Person : Mr. Saravanan Govindasamy

Director / Chief Physiotherapist dbc Physiotherapy Centre, Malaysia

Content : 1. Right and Wrong Posture

2. Good Posture for Healthy Life

3. Postural Awareness

4. Self-Postural Corrections

5. Postural Complications and Preventions

No. of participants: 125

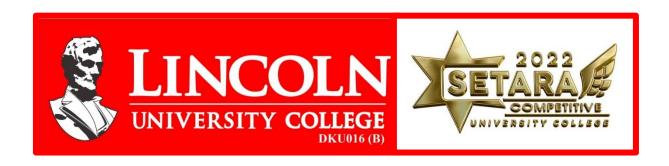
Mode of delivery : Hybrid (Online & Physical)

Attachment : Event pictures

Prepared by Secretary, Department of Physiotherapy Lincoln University College, Malaysia







OUTREACH ON HEALTH AND WELLBEING "PROMOTING SOCIAL WELLBEING"



ORGANIZED BY LINCOLN UNIVERSITY COLLEGE, MALAYSIA



















KNOWLEDGE ENRICHMENT
FREE OF COST

PROMOTING SOCIAL WELLBEING

Outreach On Health And Wellbeing

Date

26th January 2023

Mode of Delivery

Hybrid (Online & Physical)

Resourse Person

Dr. Sreemoy Kanti Das
 Deputy Dean, Faculty of Pharmacy
 Lincoln University College, Malaysia

www.lincoln.edu.my

REPORT OF OUTREACH ON HEALTH AND WELLBEING

Programme : OUTREACH ON HEALTH AND WELLBEING

Topic : PROMOTING SOCIAL WELLBEING

Date : 26th of January 2023

Resource Person : Dr. Sreemoy Kanti Das

Deputy Dean, Faculty of Pharmacy Lincoln University College, Malaysia

Content : 1. Social norms and values

2. Layers of society

3. Importance of social health

4. Impact of social health on physical, mental and

economical health

5. How to improve social health status

No. of participants: 83

Mode of delivery : Hybrid (Online & Physical)

Attachment : Event Pictures



Prepared by
Secretary, Faculty of Pharmacy
Lincoln University College, Malaysia





HEALTH AWARENESS PROGRAMME "STROKE REHABILITATION - COMMUNITY FOCUS"



ORGANIZED BY LINCOLN UNIVERSITY COLLEGEMALAYSIA IN COLLABORATION WITH



dbc PHYSIOTHERAPY CENTRE
(MANAGED BY LIVFIT SDN BHD)

MALAYSIA

















STROKE REHABILITATION-COMMUNITY FOCUS

Health Awarness Programme

Date

29th January 2023

Mode of Delivery

Hybrid (Online & Physical)

Resourse Person

Mr. Saravanan Govindasamy
 Director / Chief Physiotherapist
 dbc Physiotherapy Centre, Malaysia

www.lincoln.edu.my

REPORT ON HEALTH AWARENESS PROGRAMME

Programme : HEALTH AWARENESS PROGRAMME

Topic : STROKE REHABILITATION - COMMUNITY FOCUS

Date : 29th of January 2023

Resource Person : Mr. Saravanan Govindasamy

Director / Chief Physiotherapist dbc Physiotherapy Centre, Malaysia

Content : 1. What happens in stroke

2. Physical and emotional impacts of stroke

3. Stroke treatments and procedure

4. Family support for better stroke outcome 5. Life style modifications to prevent stroke

6. Physical Exercises

No. of participants: 135

Mode of delivery : Hybrid (Online & Physical)

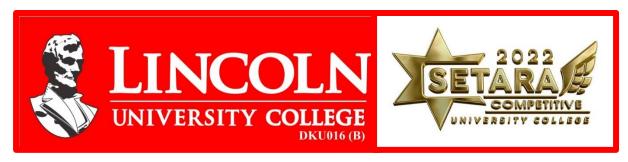
Attachment : Event Pictures

prepared by:









HEALTH AWARENESS PROGRAMME

"PROMOTING SOCIAL WELLBEING"



ORGANIZED BY LINCOLN UNIVERSITY COLLEGEMALAYSIA IN COLLABORATION WITH



GETWELL PHYSIOTHERAPY CENTRE

(MANAGED BY MAXURA HEALTHCARE SDN BHD)

MALAYSIA

















PROMOTING SOCIAL WELLBEING

Health Awarness Programme

Date

4th February 2023

Mode of Delivery

Hybrid (Online & Physical)

Resourse Person

Mr. Ravinkumar Katta
 HOD, Department of Physiotherapy
 Lincoln University College, Malaysia

www.lincoln.edu.my

REPORT ON HEALTH AWARENESS PROGRAMME

Programme : HEALTH AWARENESS PROGRAMME

Topic : PROMOTING SOCIAL WELLBEING

Date : 4th of February 2023

Resource Person : Mr. Ravinkumar Katta

HOD, Department of Physiotherapy Lincoln University College, Malaysia

Content : 1. What are non-communicable diseases

2. Life style modifications

3. Simple exercises for better healthcare

4. Physical and mental health for better life

5. Family health tips for healthy society

No. of participants: 122

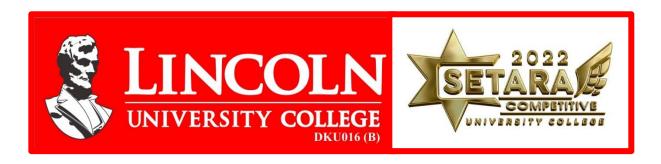
Mode of delivery : Hybrid (Online & Physical)

Attachment : Event pictures



Prepared by Secretary, Department of Physiotherapy Lincoln University College, Malaysia





OUTREACH ON HEALTH AND WELLBEING "REGULAR EXERCISE AND FITNESS FOR ALL"



ORGANIZED BY LINCOLN UNIVERSITY COLLEGE, MALAYSIA IN COLLABORATION WITH



BRITISH INSITUTE OF MANAGEMENT AND INFORMATION, SRI LANKA

















REGULAR EXERCISE AND FITNESS FOR ALL

Outreach On Health And Wellbeing

Date

18th February 2023

Mode of Delivery

Hybrid (Online & Physical)

Resourse Person

Mr. Ravinkumar Katta
 HOD, Department of Physiotherapy
 Lincoln University College, Malaysia

www.lincoln.edu.my

REPORT OF OUTREACH ON HEALTH AND WELLBEING

Programme : OUTREACH ON HEALTH AND WELLBEING

Topic : REGULAR EXERCISE AND FITNESS FOR ALL

Date : 18th of February 2023

Resource Person : Mr. Ravinkumar Katta

HOD, Department of Physiotherapy Lincoln University College, Malaysia

Content : 1. Normal Physiology and Health Status

2. Importance of Fitness

3. How to Maintain Optimal Fitness

4. Physical, Mental, Social, and Economical Impact

of Fitness

5. Basic Fitness Exercises at Home.

No. of participants: 35

Mode of delivery : Hybrid (Online & Physical)

Attachment : Event pictures



Prepared by Secretary, Department of Physiotherapy Lincoln University College, Malaysia





HEALTH AWARENESS PROGRAMME

"FREE HEALTH CAMP - PREVENTION OF INJURIES"



ORGANISED BY LINCOLN UNIVERSITY COLLEGEMALAYSIA IN COLLABORATION WITH



dbc PHYSIOTHERAPY CENTRE
(MANAGED BY LIVFIT SDN BHD)

MALAYSIA













dbc PHYSIOTHERAPY



FREE OF COST

FREE HEALTH CAMP - PREVENTION OF INJURIES

Health Awarness Programme

Date

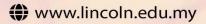
4th March 2023

Mode of Delivery

Hybrid (Online & Physical)

Resourse Person

Mr. Saravanan Govindasamy
 Director / Chief Physiotherapist
 DBC Physiotherapy Centre, Malaysia



REPORT ON HEALTH AWARENESS PROGRAMME

Programme : HEALTH AWARENESS PROGRAMME

Topic : FREE HEALTH CAMP - PREVENTION OF INJURIES

Date : 4th of March 2023

Resource Person : Mr. Saravanan Govindasamy

Director / Chief Physiotherapist dbc Physiotherapy Centre, Malaysia

Content : 1. Fall Injuries

2. Cause of Common Injuries

3. Preventive Factors

4. First-aid in Injury Management

No. of participants: 47

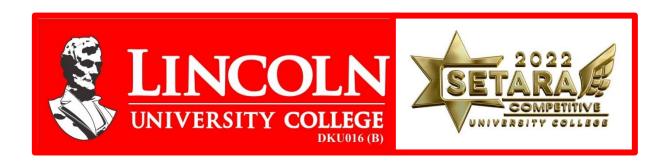
Mode of delivery : Hybrid (Online & Physical)

Attachment : Event Pictures



Prepared by Secretary, Department of Physiotherapy Lincoln University College, Malaysi





HEALTH AWARENESS PROGRAMME "REHABILITATION ASPECTS OF ELDERLY CARE"



ORGANIZED BY LINCOLN UNIVERSITY COLLEGEMALAYSIA IN
COLLABORATION WITH

GETWELL PHYSIOTHERAPY CENTRE

(MANAGED BY MAXURA HEALTHCARE SDN BHD)

MALAYSIA

2023

GetWell

















FREE OF COST

REHABILITATION ASPECTS OF ELDERLY CAR

Health Awarness Programme

Date

25th March 2023

Mode of Delivery

Hybrid (Online & Physical)

Resourse Person

 Mr. Ravinkumar Katta HOD, Department of Physiotherapy Lincoln University College, Malaysia

www.lincoln.edu.my

REPORT ON HEALTH AWARENESS PROGRAMME

Programme : HEALTH AWARENESS PROGRAMME

Topic : REHABILITATION ASPECTS OF ELDERLY CARE

Date : 25th of March 2023

Resource Person : Mr. Ravinkumar Katta

HOD, Department of Physiotherapy, Lincoln University College, Malaysia

Content : 1. Changes related to aging

2. Physical and emotional challenges

3. Fall prevention

4. Pain management

5. Exercises for elderly care

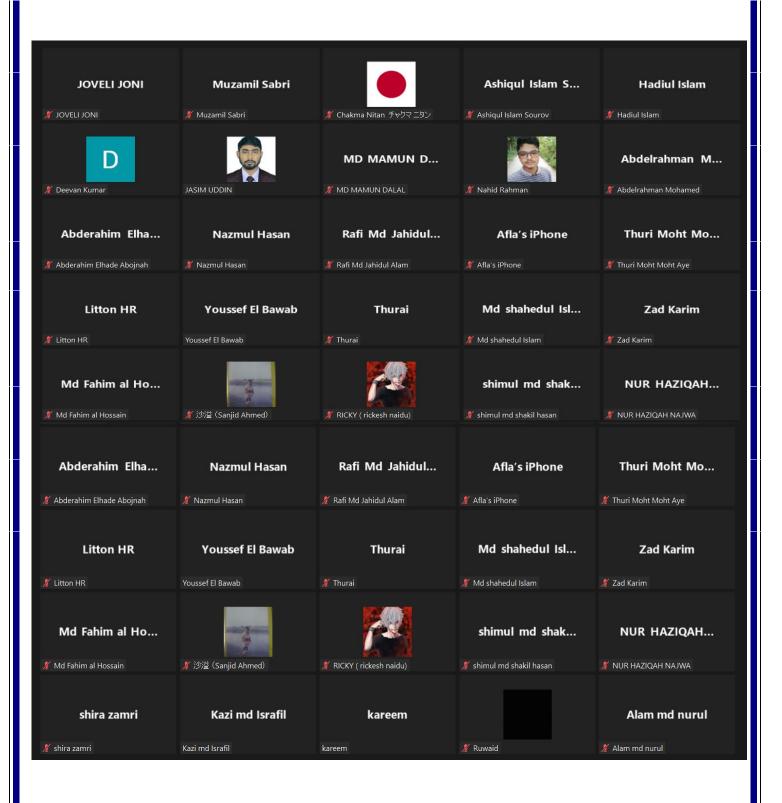
No. of participants: 43

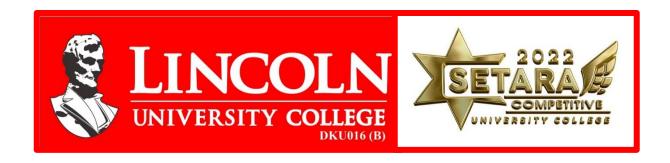
Mode of delivery : Hybrid (Online & Physical)

Attachment : Event Pictures



Prepared by Secretary, Department of Physiotherapy Lincoln University College, Malaysia





OUTREACH ON HEALTH AND WELLBEING "ALCOHOLISM AND PHYSICAL IMPACT"



ORGANIZED BY LINCOLN UNIVERSITY COLLEGE, MALAYSIA IN COLLABORATION WITH



BRITISH INSITUTE OF MANAGEMENT AND INFORMATION, SRI LANKA

2023



ALCOHOLISM AND PHYSICAL IMPACT

Outreach on Health And Wellbeing

Date

8th April 2023

Mode of Delivery

Hybrid (Online & Physical)

Resourse Person

Dr. Sreemoy Kanti Das
 Deputy Dean, Faculty of Pharmacy
 Lincoln University College, Malaysia

www.lincoln.edu.my

For Registration Contact: info@lincoln.edu.my

REPORT OF OUTREACH ON HEALTH AND WELLBEING

Programme : OUTREACH ON HEALTH AND WELLBEING

Topic : ALCOHOLISM AND PHYSICAL IMPACT

Date : 8th of April 2023

Resource Person : Dr. Sreemoy Kanti Das

Deputy Dean, Faculty of Pharmacy Lincoln University College, Malaysia

Content : 1. Alcoholism - a Social Stigma

2. Alcoholism and Physical Changes

3. Alcoholism and Psychological Changes

4. Management of Physical Impact of Alcoholism

5. Social Awareness on Alcoholism

No. of participants: 44

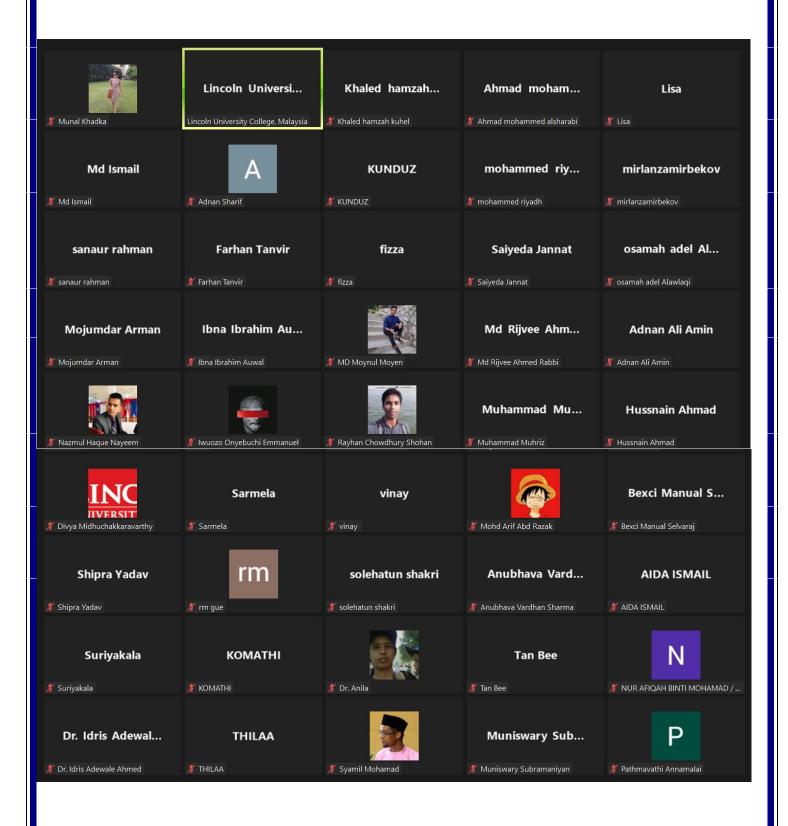
Mode of delivery : Hybrid (Online & Physical)

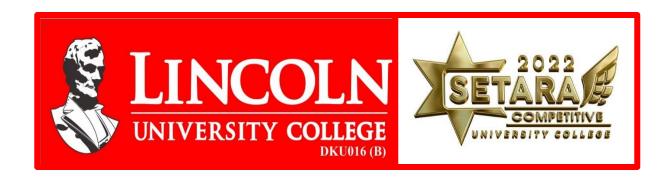
Attachment : Event Pictures



prepared by:

Secretary, Faculty of Pharmacy, Lincoln University College, Malaysia





HEALTH AWARENESS PROGRAMME "PREVENTION OF INJURIES TRAINING"



ORGANIZED BY LINCOLN UNIVERSITY COLLEGEMALAYSIA IN COLLABORATION WITH



dbc PHYSIOTHERAPY CENTRE
(MANAGED BY LIVFIT SDN BHD)

MALAYSIA

2023















FREE OF COST

FREE HEALTH CAMP - PREVENTION OF INJURIES

Health Awarness Programme

Date

29th April 2023

Mode of Delivery

Hybrid (Online & Physical)

Resourse Person

Mr. Saravanan Govindasamy
 Director / Chief Physiotherapist
 DBC Physiotherapy Centre, Malaysia



For Registration Contact: info@lincoln.edu.my

REPORT ON HEALTH AWARENESS PROGRAMME

Programme : HEALTH AWARENESS PROGRAMME

Topic : FREE HEALTH CAMP - PREVENTION OF INJURIES

Date : 29th of April 2023

Resource Person : Mr. Saravanan Govindasamy

Director / Chief Physiotherapist dbc Physiotherapy Centre, Malaysia

Content : 1. Back Pain Causes & Myths

2. Back Pain Management

3. Back Pain Prevention and Precautions

4. Aids to Support Back Pain

No. of participants: 83

Mode of delivery : Hybrid (Online & Physical)

Attachment : Event Pictures

Prepared by Secretary, Department of Physiotherapy Lincoln University College, Malaysia







HEALTH AWARENESS PROGRAMME "FITNESS AND NUTRITION"



ORGANIZED BY LINCOLN UNIVERSITY COLLEGEMALAYSIA IN
COLLABORATION WITH

GETWELL PHYSIOTHERAPY CENTRE

(MANAGED BY MAXURA HEALTHCARE SDN BHD)

MALAYSIA

2023

GetWell















GetWell



FREE OF COST

FITNESS AND NUTRITION

Health Awarness Programme

Date

13th May 2023

Mode of Delivery

Hybrid (Online & Physical)

Resourse Person

Mr. Ravinkumar Katta
 HOD, Department of Physiotherapy
 Lincoln University College, Malaysia

www.lincoln.edu.my

For Registration Contact: info@lincoln.edu.my

REPORT ON HEALTH AWARENESS PROGRAMME

Programme : HEALTH AWARENESS PROGRAMME

Topic : FITNESS AND NUTRITION

Date : 13th of May 2023

Resource Person : Mr. Ravinkumar Katta

HOD, Department of Physiotherapy Lincoln University College, Malaysia

Content : 1. Fitness for All

Better Nutrition Better Life
 Basic Nutritional Recipes
 Fitness Exercises for All

5. Fitness Cautions and Injury Preventions

No. of participants: 74

Mode of delivery : Hybrid (Online & Physical)

Attachment : Event pictures

Prepared by
Secretary, Department of Physiotherapy
Lincoln University College, Malaysia



