



PROFILE

My mission is to help strengthen people physically, emotionally, mentally, and spiritually. With many years of personal training and wellness experience, I aid people by helping them to grow and achieve balance in every step of their life journey towards complete wellness. Passion is the Light Force of my work and I have dedicated my life to learning and practicing methods of holistic healing to achieve total body and spiritual wellness. All of my therapies are connected, as an integrative approach with each encountered person to achieve oneness through wellness of the body, mind, and spirit.

CONTACT

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BRENT MUSSELMAN

Spiritual Wellness Coach \ Communicator
Owner, Practitioner | Tranzzen Dimensions Of Wellness

EDUCATION

Attended Pittsburgh \ West Chest University | 1991-1993

Studied Health & Physical Education

Key Classes: Anatomy \ Physiology, Dimensions of Wellness, and Exercise, Play, & Development Studies

Attended Shippensburg University | 1990-1991

Studied Criminal Justice \ Health & Physical Education

Key Classes: Psychology, Sociology, and Theories of Practices and Conditioning, and Training

Attended Drexel University | 1989-1990

Studied Computer Science \ Computer Information Technology

Key Classes: Computer Programming and Biomedical Engineering

North Penn High School Graduate | 1989

Helped teach Communication Class for Special Needs; Assisted in Special Olympics Program; Graduated High Honors (Top 5%)

CERTIFICATIONS

Life Wellness/Holistic Health Coach Certification

AAAI \ ISMA

Stress Reduction, Relaxation, & Meditation Instructor Certification

AAAI \ ISMA

Master Personal Fitness Trainer (Phase I & II) Certification

AAAI \ ISMA

Homeo-Therapeutic Coach Certification (currently obtaining)

White Dove Healing Arts

Quantum Biofeedback Certification

The Quantum Result Institute

Animal Communication Certification

Animal Telepathy (Debbie McGillivray)

Polarity Therapy Certification

Sage Day Spa & Wellness Center (Tracy Kramer)



TRANZZEN



Reiki Certification

Usui System of Natural Healing; Usui Shiki Ryoho
(Reverend Lorie Danzenbaker)

ACCOMPLISHMENTS & LIFE EXPERIENCES

Equine Science & Spirit Apprenticeship | 2018-2022

The Secret Ranch, LLC

Spiritual Energy & Healing Apprenticeship | 2006-Present

The Illuminated Way, LLC with Reverend Lorie Danzenbaker

Chestnut Hill Church U.C.C. Council President | 2016-2018

Location Coopersburg, PA

Edgar Cayce's A.R.E Member | 2016-Present

Location Virginia Beach, VA

Lehigh Valley Magazine Award Best of the Valley Personal Trainer | 2010 & 2013

Location Lehigh Valley, PA

Retail Sales Experiences | 1987-1989

Worked at Electronics Boutique, Best Products, Chess King Retail Stores Including Montgomery Mall Security. Performed sales, managerial, and security duties.

North Penn Reporter Newspaper Carrier Route | 1984-1988

Location Lansdale, PA

Managed and delivered newspapers; Award Star Newspaper Carrier and appeared in newspaper advertisements.

WORK EXPERIENCE

White Dove Global | Support Specialist www.whitedoveglobal.com 2024 – Present

Customer Support: Assisting clients with inquiries, troubleshooting issues, and ensuring they have a positive experience with White Dove Global's products and services.

Holistic Healing: Utilizing and promoting holistic healing methods and technologies to help clients achieve optimal wellness.

Research and Learning: Continuously researching and learning about new holistic healing practices and technologies to stay updated and provide the best support.

Technical Maintenance: Maintaining and supporting client computers and biofeedback software to ensure they function smoothly.

Tranzzen Dimensions of Wellness | Owner, Spiritual Wellness Specialist & Energy Healing Practitioner

2018 - Present

Wellness coach for healthy lifestyle changes integrating body, mind, spirit through wellness to oneness. Incorporating Spiritual Communication Counseling, Energy Polarity Work, Exercise & Healthy Eating Protocols, and Stress Management Biofeedback Sessions. Additional services include Bio-density and Strength Training Sessions.

Tigers for Tomorrow Exotic Animal Preserve | Animal Keeper 2023 - 2023

Assisted with grounds work, animal communication, and caring for exotic and farm animals including Equine



**The Secret Ranch | Owner, Business Manager, Grounds Keeper
2018 - 2022**

Business Management and planning of Horse Ranch Operations including Grounds Keeper. Incorporating Healing with Horses through Energy Polarity Work, Animal Communication, and Biofeedback Sessions.

**East Penn Chiropractic & Healing Arts Center | Owner, Operations\IT Manager
2011 - 2017**

Business Startup\Planning Management including computer operations.

**Inform Fitness Studios | Partner, Manager, Strength Instructor
2006 - 2018**

Management of Pennsylvania Studio Branch of Manhattan, New York base company personal training studio specializing in Slow Motion Resistance Training. Incorporated Energy\Healing work and Spiritual Communication along with overall wellness.

**Musselman's Personal Training | Owner, Personal Trainer
2001-2006**

Specialize in Strength Training along with Health Lifestyle Coaching. Continued to grow client base, educate in the health and fitness industry. Started research, development, and education into holistic approach to wellness, along with incorporating alternative healing modalities to strengthen body, mind, and spirit.

**Musselman's Health & Fitness | Owner, Manager, Personal Trainer
1994-2001**

Responsible for health club facility management, client\member growth and retention, customer service, Personal Training Development\Management. Remained active in coaching at Quakertown High School, Community Activities, and Events.

**LaCrest Health Club | Operations Supervisor & Personal Trainer
1988-1994**

Started at cleaning\maintenance position. Graduated to Fitness Instructor, Supervisor of Maintenance\Operations and then additionally to Head Personal Training Position.

EXPERTISE

- 35 years of Health & Fitness Personal Training Experience
- 18 years of Spiritual Energy Healing Work
- Assisting with post-rehab, seniors, and special needs clients
- Overall Wellness Coach incorporating Body, Mind, and Spirit
- Slow Motion Strength & Functional Training Specialist
- Spiritual & Animal Communication Skills
- Continuing Life Research on Spiritual, Holistic, Energy, Alternative Healing and Wellness Modalities
- Social Networking and Advanced Communication Skills
- Visionary Business and Integrated Technology Management

REFERENCES

Available upon request.

