



TRANZEN

SOC INDEX

Name (Full):

Birthday\Time\Location:

Address (Street, City, State Zip Code):

SOC Index (*Suppression and Obstruction to Cure*), a lifestyle questionnaire guide, where we record the answers to the 20 questions related to the client's lifestyle. The answers are rated as numbers from 1 to 10. Here you can already identify some of the key factors that suppress or are obstructions to cure. This offers you a perfect opportunity to increase the awareness.

Suppression and Obstruction to Cure	Client Perception	Suppression and Obstruction to Cure	Client Perception
Rate your happiness (1-10)		Potential overweight status (kg.)	
No. of organs removed		% of whole plant/green foods, vegetables in diet, ideal 7 and above	
No. of synthetic drugs used currently		Personal stress 0-10 (10 max.)	
No. of times you smoke/day no. of cigarettes, cigars etc.		No. of sugar type products/day include soft drinks, ice cream, etc.	
No. of steroid type drugs used in the last year		No. of exercise sessions/week 20 mins + (excludes work)	
No. of metal amalgam fillings current or present during last year		No. of alcoholic drinks/day on average	
Street drug intake/mon.		No. of cups of coffee, tea/day or any caffeine product	
No. of all known allergies		No. of extreme toxic exposures/yr. radiation, insecticide, chemicals	
No. of unresolved mental factors		No. of major injuries in past	
I am responsible for my body (0 - 10)		No. of major infections past and present	
% of dietary fat (as percent/10) include processed foods		No. of glasses of water or natural fruit juice/day	