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	Eyebrows	Lips	Eye Liner
SWELLING	Slight with varying degrees of redness.	 Moderate swelling. An ice pack can be applied for the first few hours and next morning. Be sure to apply Balm and then a tissue/cloth to prevent condensation from the pack of ice touching the tattooed area. 	 Moderate to severe swelling, depending on how you respond to crying. If you swell after crying, expect some swelling following the procedure, generally for the first few mornings. Sleep propped up on your back to reduce swelling. A sealed ice bag wrapped in cloth can be lightly applied for the first 2 days. DO NOT PRESS ICE BAG AGAINST EYES!
MOISTURE	Apply small amount of given ointment 2-3X daily for a minimum of 7 -10 days. Do not swipe across brow, but rather, blot or push down ointment to the skin to avoid pulling off scabs/flakes. Color will fade 30-40% after initial session. Follow up appointment (4-6 weeks later) will re-establish shape and color density. Additional sessions may be required to reach client's desired result. There are no guarantees in permanent cosmetics.	 Lips tend to be very dry. Keep them moist with balm using Q-tip/clean finger for 10 days. Peeling will occur. DO NOT PEEL OFF! Lips tend to fade 60% after initial session and color can hide for a 4 week period before resurfacing. Very moist lipstick/lip gloss may be worn over a coat of lip balm / ointment 	Going forward, avoid contact with water for 5-7 days. Apply a tiny amount of ointment with microfiber brush provided 3X daily for 7 days. Try to keep the liner from drying out too much, while allowing the skin to breathe enough to heal properly. Blot any excess ointment, gently. If you can see it, you have applied too much!
AVOID UNTIL HEALED	Avoid getting eyebrows wet, all moisturizers, active skin creams, Retin-A, soaps, facial cleansers, and water on pigmented area. Wash around eyebrow with a makeup wipe or wash cloth. TIP: apply ointment before showering to protect from water. Blot area after shower to remove excess ointment.	 Avoid soaps, facial cleansers, and water on pigmented area. Wash around lips. Avoid Extended wear lipsticks or plumping gloss. Avoid Teeth Bleaching for a minimum of 3 weeks. For 1 week, just pat your lips lightly with a napkin while eating. Drink through a straw, even hot coffee or tea. 	 Avoid makeup, mascara, eye creams, night creams, moisturizers, Retin-A, lash tinting, lash extensions, false lashes, and lash growth serums. Avoid getting ointment in your eye as this can invite an infection.

TAKE NOTICE

- Light redness is normal but if a red ring appears around the area, seek medical attention then contact your technician.
- If you have a history of sores or fever blisters on the lip, chin, or nose, you will require a prescription of 500 mg Valtrex. Take 2X a day, 2 days before tattoo and 4 days after or as otherwise prescribed.
- Eyelid may have a slight pink or redness above eyeliner immediately following the procedure.
- EYEBALLS SHOULD NOT BE RED! You must seek medical attention immediately if you see signs of bloodshot eyes or puss in the corners of your eye. This may be an infection, requiring a physician and prescribed medication.

FOLLOW FOR ALL INITIAL PROCEDURES: A touch-up procedure is required.

- Avoid makeup, skincare, Retin-A & Glycolic acids on pigmented areas while healing.
- Avoid touching with fingers, sunscreens, direct sun, tanning beds, & self-tanners on pigmented areas.
- Avoid swimming pools, oceans, hot tubs, saunas and hot steamy showers. Shower with your back to the shower head to avoid water, shampoo/conditioner from getting into pigmented area.
- Avoid dirt (as in gardening) & extreme perspiration for the first week to prevent possible infection
- If a slight crust appears on pigmented area, do not force removal by picking, scratching, or washing. Procedures are not considered healed until all crusting has exfoliated.
- Don't be alarmed if pigment comes off onto Q-tip/finger when applying aftercare ointments.
- Don't be alarmed by fading after first application. This is normal. Final color cannot be judged until 3 weeks post procedure.
- Never use topical antibiotics unless given to you at time of your procedure, with specific instructions.
- Use a good sunscreen daily, once healed.
- If planning a chemical peel, MRI or other medical procedure, please notify them you have an iron-oxide cosmetic tattoo.
- If planning to have laser hair removal on upper lip or a Photo Facial using IPL, notify laser specialist of cosmetic tattoo so this area may be avoided by the laser. Both ablative and non-ablative lasers may cause pigment to turn black.
- If you donate blood, it's a Red Cross policy to wait one year after any tattooing procedure.

At first sign of infection, we advise you to consult your physician

By initialing, I state that I've received verbal and written post-procedure instructions from the technician. I understand them and agree to call with any questions or concerns. 215-256-1191

Client Initials	Date
Practitioner	