



Providing Evidence-Based support to our community

Our Programs Targets:

- Behavioral (4yr old to Adulthood)
 - Social-Emotional Learning
 - Maladaptive Behaviors
 - Individuals with disorders outlined in the DSM-5
 - At-Risk children & Adolescent
 - Veterans & their Family
- Academic
 - Horse Powered Reading
 - Individualized Tutoring
- Camps
 - Youth – Horsemanship – Leadership Development

Our Partners

We are currently working with local and state agencies providing services aimed at improving their clients' quality of life:

- Tropical Texas Behavioral Health
- Texas Health and Human Services



Contact Us

A Stable Learning, LLC
30559 FM 509
San Benito TX 78586

956-341-3436
raul@astablelearning.com

Visit us on the Web:
www.astablelearning.com





Why Us?

As educational and mental health institutions are aware, before the COVID-19 pandemic, the mental health of the school-aged population was in a precarious place. Since then, it is reported to be approaching critical levels. Reports of maladaptive, emotional, confrontational, and depressive behaviors have been on the increase and are not only affecting the home environment but also the classrooms.

A Stable Learning, LLC, is a company that is part of the community support system, that offers animal-assisted interventions targeting individuals with behavioral and academic challenges who have been diagnosed with, or do not meet the DSM-V diagnosis criteria for, mood and behavioral disorders, and those at risk of academic underperformance and maladaptive behaviors.

Our Approach

Equine-assisted activities, such as equine facilitated learning (EFL) and therapeutic riding (TR) utilize the horse's instincts to promote behavioral change. These activities take an experiential approach that has therapeutic effects and promotes the development of life skills for educational, professional, and personal growth.

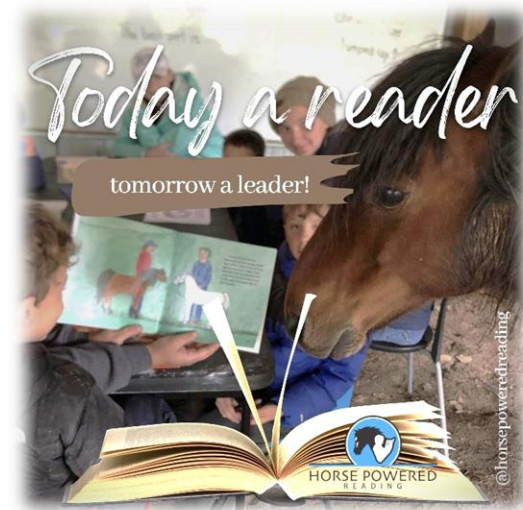
Growing evidence tells us that equine-assisted activities have contributed to improved motor functioning, social communication, adaptive behaviors, and reduction in systemic behaviors in individuals, including children and adolescents, diagnosed with Autism Syndrome Disorder.

Interventions

Our interventions are not clinical in nature and are not intended to take the place of clinical treatment. These experiential interventions follow applied behavior principles to address the target behavior.



Academic Support



Horse Powered Reading is a form of equine facilitated learning that focuses on the learning process of the individual. Here the students see and experience reading with their entire mind, body, and emotions through metaphors. During the sessions, through these metaphors, issues affecting learning are made visible by identifying obstacles that get in the way of understanding. These barriers or challenges impeding academic and social emotional growth are addressed by our expert team in the moment, affording students a chance to reflect on what they are experiencing, thus providing an opportunity to create new patterns of learning in a supported environment.