myasthenia gravis association
MGA
of the heartland

STRENGTH AND HOPE THROUGH CONNECTIONS

VOL. 65 ISSUE 4

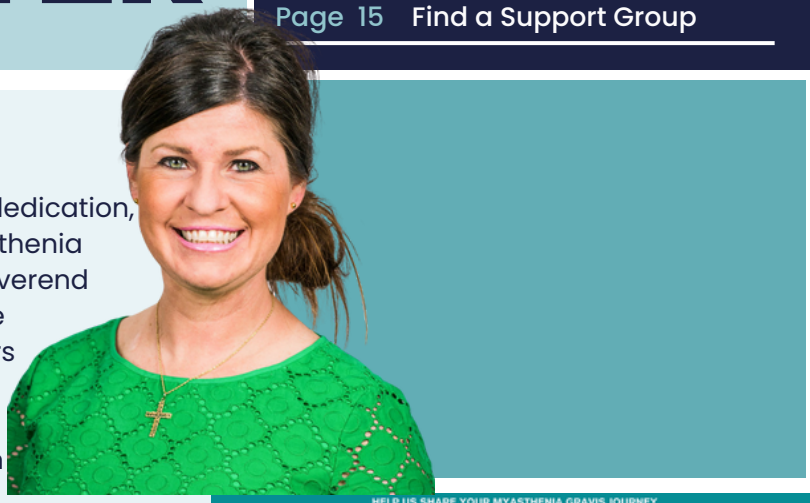
MYASTHENIA GRAVIS ASSOCIATION NEWSLETTER

INSIDE THIS ISSUE

Congratulations!

2025 Stackhouse Award Winner: Kristine Henson

The Stackhouse Award honors outstanding leadership, dedication, and commitment to supporting those affected by myasthenia gravis, reflecting the spirit of MGA founders Joan and Reverend William Stackhouse. This year, we are proud to recognize Kristine Henson for her tireless work over the past 13 years with the MGA Triple Crown Showdown, our annual 5K event. From managing supplies, t-shirts, volunteers, and race routes to coordinating support, Kristine has led with selflessness and unmatched dedication. Even after moving from Kansas City to Iowa, she continued to serve as Race Director, traveling for the event to ensure everything runs smoothly. Kristine's leadership has profoundly impacted the MGA community, and we are thrilled to celebrate her as the 2025 Stackhouse Award recipient.



Volunteer of the Year: Raymond Clayton

At the Myasthenia Gravis Association, we rely on volunteers to help with everything, often in ways we don't even realize we need. In 2023, Raymond Clayton stepped forward to lighten our load by enhancing our website, social media, and logo for the MGA 5K. Despite battling myasthenia gravis and other health challenges, Raymond generously dedicates his time and expertise to help improve our visibility and outreach. His contributions have made a lasting impact on the MGA community. We are proud to honor Raymond as our Volunteer of the Year and thank him for his dedication and generosity.

HELP US SHARE YOUR MYASTHENIA GRAVIS JOURNEY

SHARE YOUR STORY

SUBMISSIONS

Want to share your MG story or have a topic you would like to see covered? We have multiple ways for you to connect with the MG community! Email Kathryn at kathrynclemens@mgakc.org

FOLLOW US

Follow us: @mgassociation
Instagram | Facebook | YouTube

A MESSAGE FROM ALLISON

Building the Community
Our Founders Envisioned

Over the past week we held three key events. Our first ever in person Corporate Advisory Council meeting, our Support Group Leader gathering and our 65th Annual Meeting & Educational Seminar. It was a whirlwind of a three days but as I drove to our Lake of the Ozarks clinic on Monday, I couldn't help but still have a huge smile across my face.

When I met our founders, Reverend William and Joan Stackhouse in the spring of 2022, Joan shared with me that her decision to create the Myasthenia Gravis Association was based on the desire and need to have a community where others could gather, swap stories, not only learn from each other but learn from the professionals.

I'm confident that is just what we are doing at the Myasthenia Gravis Association; building community. Closing the gaps and bridging the connections to one another. If you haven't tuned into a webinar or come to a group for a while, we would love to see you. If you are feeling scared or alone with your diagnosis, please reach out, we are always happy to lend an ear and brainstorm on ways to get you plugged in and feeling supported on your rare disease journey. The holidays can be an especially isolating time when you battle chronic illness and we have lots of opportunities for connection within a meaningful space.

I would be remiss if I didn't say thank you all of our board members and our team at the MGA for their support and help in pulling off our events last week and their continued efforts to build a community!

With appreciation,

Allison K. Foss

Allison K. Foss | Executive Director | allisonfoss@mgakc.org

myasthenia gravis association
MGA
of the heartland

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Allison Foss

Community Program Coordinators
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McKenna Fulton

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MGA ANNUAL MEETING and Educational Seminar

Reflections from MGA's 65th Annual Meeting

Connection, Knowledge, and Hope

The Myasthenia Gravis Association celebrated its 65th Annual Meeting this November with an inspiring day of education, connection, and encouragement for the MG community. This year's event brought together 125 in-person attendees in Kansas City and an additional 119 participants joining live online. The program also provided continuing education opportunities for 20 nurses participating virtually and in person. In total, the event reached 446 registrants representing 45 states and 23 countries, a testament to MGA's growing impact and the global reach of our mission.

Keynote Highlights

Counting Spoons, Choosing Joy – Dr. Liz Plowman

Physical therapist and MG advocate Dr. Liz Plowman, known as The Myasthenic PT, kicked off the meeting with her engaging talk, "Counting Spoons, Choosing Joy: An Energy Guide for the Myasthenic Journey." Living with MG herself, Dr. Plowman combined personal experience with clinical expertise to teach attendees how to manage energy more effectively.

Through her "spoon budgeting" approach, comparing daily energy to a financial budget or cell phone battery, she encouraged participants to plan, pace, and prioritize what truly matters. Dr. Plowman shared practical "life hacks" for conserving energy, from using adaptive tools at home to planning tasks around medication timing and peak energy hours. Her message to "know your why" resonated deeply, reminding everyone to focus on joy and purpose, not just limitations. Attendees praised her session as "insightful, relatable, and full of takeaways I can use tomorrow."

Meeting the Challenge of Rare Disease in the Family – Dr. Al Freedman

Psychologist and rare disease parent Dr. Al Freedman followed with a moving keynote titled "Meeting the Challenge of Rare Disease in the Family: 30 Years of Lessons Learned." Drawing on decades of professional practice and personal experience, he described the emotional impact of a rare disease diagnosis as a form of trauma and highlighted the importance of acknowledging the uncertainty it brings.

Dr. Freedman's heartfelt message centered on hope, connection, and mental health. Reminding attendees that "there is no health without mental health." He emphasized the vital role of family, friends, and community in sustaining resilience, and encouraged everyone to see that a rare disease journey, while difficult, can also reveal "rare gifts" such as creativity, compassion, and love. Many participants shared that Dr. Freedman's talk was "incredibly validating" and gave them "a renewed sense of purpose and peace."

MGA
ANNUAL MEETING
and Educational Seminar

Reflections from MGA's 65th Annual Meeting
Connection, Knowledge, and Hope (Continued)

Looking Ahead
The success of this year's Annual Meeting reminds us that while myasthenia gravis presents unique challenges, the strength of this community lies in connection, education, and shared understanding. As one attendee summed it up, "This event gave me confidence, hope, and the sense that I'm not alone."

We extend heartfelt thanks to our speakers, volunteers, sponsors, and every participant who made this gathering possible. Together, we continue to count our spoons—and choose joy—on the journey ahead.

Did You Miss the Annual Meeting?
Not to worry! Watch everything you missed on our YouTube Channel.

www.youtube.com/@mgassociation

Thank you to our sponsors!

ALEXION AstraZeneca Rare Disease · argenx · UCB · AMGEN · EMD SERONO · IMMUNOVANT · Cartesian THERAPEUTICS · kyverna · Johnson&Johnson · REGENERON SCIENCE TO MEDICINE · COUR

BRIDGING THE GAP:
EXPANDING ACCESS TO THE CARE YOU NEED

UCB MYASTHENIA GRAVIS SCHOLARSHIP™

UCB Myasthenia Gravis Scholarship Application

The UCB Myasthenia Gravis Scholarship™ program helps people living with myasthenia gravis (MG) or their immediate family members to pursue further education. Whether you're continuing your education or exploring a new career, you can apply to receive $10,000 to help cover educational expenses.

Learn more or apply at ucbmgscholarship.com.

REGENERON
SCIENCE TO MEDICINE®

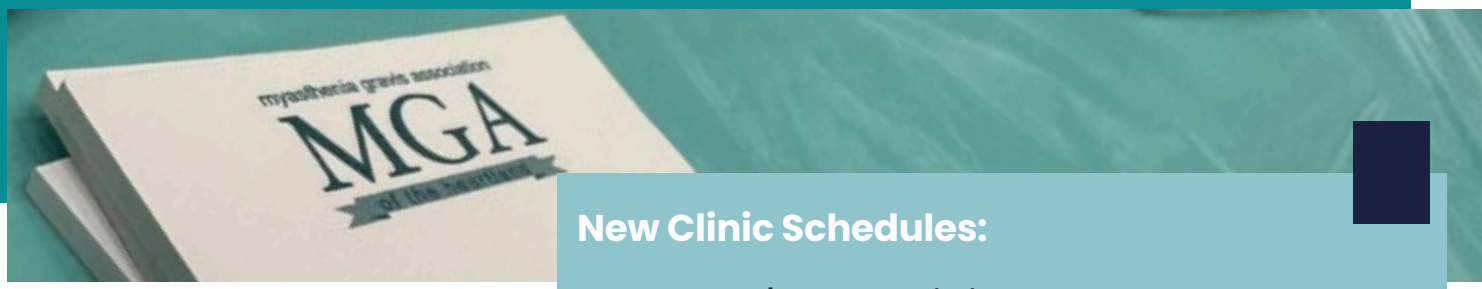
Share Your Voice: Help Regeneron Understand and Address the Needs of the MG Community

No two people experience myasthenia gravis (MG) the same way, and that's why understanding real-world patient and caregiver perspectives is so important. Regeneron is launching a short Treatment Decisions in MG Care Survey to further explore how patients and caregivers experience conversations about treatment choices in real life.

Topics include how involved patients feel in decisions, communication quality, and what resources would help make care discussions more meaningful. Adults living with MG and adult caregivers are encouraged to participate. The survey is short, confidential, and designed to help create tools that can support more informed, two-way communication with healthcare providers. We deeply appreciate your partnership in helping us better understand the needs of the MG community and work toward improving care experiences together.

WHAT'S NEW AT THE MGA?

A GROWING COMMUNITY



There's a lot happening at the Myasthenia Gravis Association (MGA) as we continue to grow and expand our reach to better serve the MG community!

New Clinic Schedules:

AdventHealth | Shawnee Mission
Established in 2025 in partnership with Dr. John D. Eatman
Clinic Schedule: Every 1st Tuesday of the month in the afternoon
Community Program Coordinator: McKenna Fulton

SSM Health | St. Clare Hospital
Established in 2025 in partnership with Dr. Bassam Malo
Clinic Schedule: Every 3rd Monday of the month
Community Program Coordinator: Kathryn Clemens

New MG Clinics Opening This Fall

We are thrilled to announce the addition of two new MGA clinic partnerships, one in the Kansas City area and one in St. Louis, expanding access to expert care and support for those living with Myasthenia Gravis.

AdventHealth | Shawnee Mission
Dr. John D. Eatman, MD, is a board-certified neurologist with AdventHealth Medical Group. He provides a broad spectrum of neurology care, with clinical interests including myasthenia gravis. Dr. Eatman earned his medical degree from the University of Texas Medical School at Houston and completed his neurology residency and neuromuscular fellowship at Houston Methodist Hospital.

SSM Health | St. Clare Hospital
Dr. Bassam Malo, MD, is board-certified in neurology, electrodiagnostic medicine, neuromuscular medicine, and neuromuscular pathology. He specializes in performing nerve conduction studies and managing nerve and muscle diseases, including myasthenia gravis. Dr. Malo earned his medical degree from the University of Aleppo in Syria and completed his neurology residency at Saint Louis University School of Medicine, where he served as chief resident. He went on to complete a fellowship in neuromuscular medicine at Washington University in St. Louis.

With these two new clinics, the MGA now supports a broader network of patients across Missouri and Kansas, helping ensure that expert care and community support are never far away.

Patient Focused
MG
Alliance
Proud Member

Introducing the MG Alliance

The Myasthenia Gravis Association is also proud to announce our participation in the MG Alliance, a national coalition of organizations dedicated to raising awareness and advancing advocacy for those affected by Myasthenia Gravis.

The MG Alliance unites nonprofit, mission-driven advocacy groups across the United States with a shared goal: to empower the MG community through collaboration. Together, participating organizations are expanding outreach, developing resources, and amplifying the patient voice through joint initiatives, educational programs, and specialized focus groups.

To learn more about the MG Alliance and its efforts, visit themgalliance.org.

Two targeted treatments for adults with **generalized myasthenia gravis (gMG)**

UCB is committed to making a difference for people living with gMG by providing two treatment options

Is it time to rethink your current gMG therapy?

For people with gMG, symptoms present themselves differently in each diagnosed individual. While most people have fluctuating muscle weakness and fatigue, these symptoms vary from person to person and can range from mild to severe.

UCB offers two treatments that target different aspects of immune function related to gMG and have different methods of administration.

Scan to explore two distinct treatments that allow you and your doctor to choose the gMG treatment that fits your needs.

UCB OFFERS TWO TREATMENTS THAT TARGET gMG DIFFERENTLY:

An FcRn blocker

Harmful antibodies that cause gMG may stay in your body longer because of FcRn (neonatal Fc receptor).

A C5 inhibitor

Harmful anti-AChR antibodies activate part of your immune system called "complement," which works to attack your muscle cells.

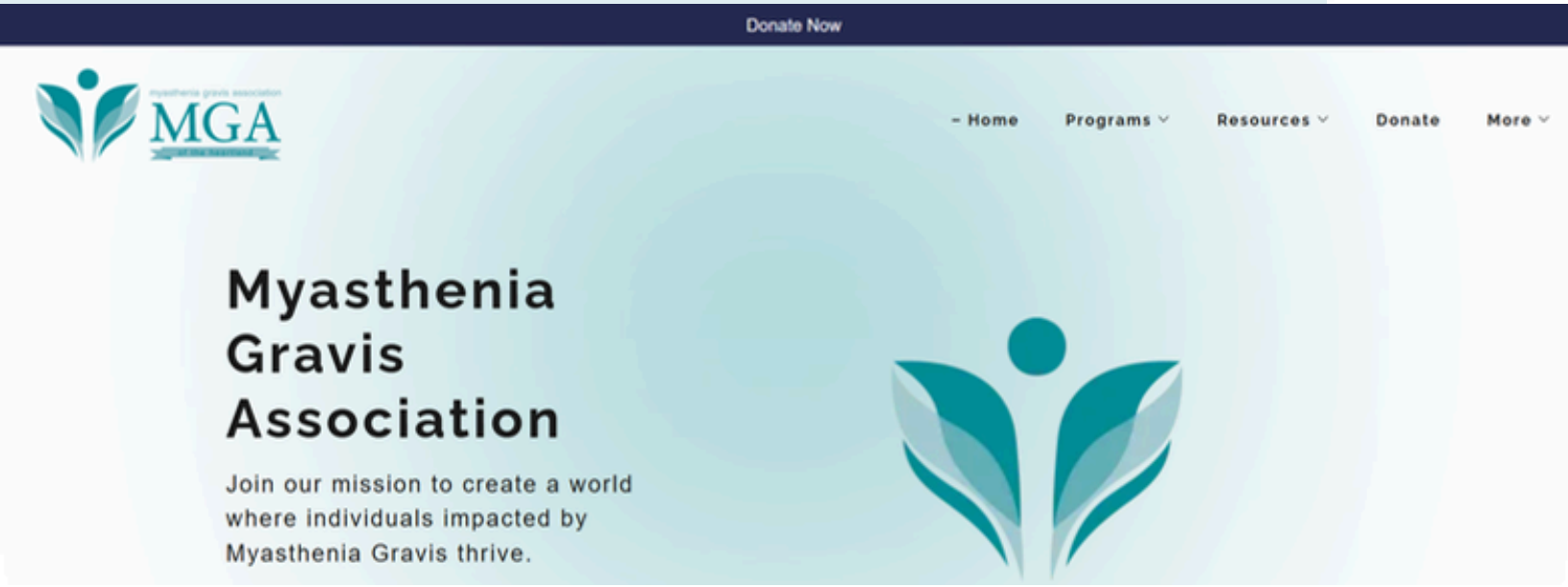
Targeted treatments. More options.

Ask your doctor how a targeted therapy may help you meet your gMG treatment goals.

Learn more at **UCBforGMG.com**

Inspired by **patients.**
Driven by **science.**

A FRESH LOOK FOR A GROWING COMMUNITY



New Updated Website

We're excited to announce the launch of our updated website — www.mgassociation.org!

This redesign reflects not only a cleaner, more accessible layout but also how far we've come as an organization. What began as a small local nonprofit serving the Kansas City area has grown into a regional community reaching individuals and families across multiple states and different counties. Our mission remains the same, to support, educate, and connect those living with Myasthenia Gravis, but our reach and resources have expanded.

The new website was designed to be easy to navigate, mobile-friendly, and more accessible for all visitors. You'll find clear pathways to learn about MG, access resources, connect with support groups, explore upcoming events, and view our educational webinars.

We've also streamlined our social media handles. You can now find us on Facebook, Instagram, and YouTube @mgassociation for the latest news, community stories, and educational content.

We invite you to take a look around, explore what's new, and see how we're continuing to grow alongside our community.

Visit us at www.mgassociation.org

MG CLINICAL TRIAL UPDATES

University of Kansas Medical Center

Janssen PI: Dr. Farmakidis
ClinicalTrials.gov Identifier: NCT05265273
An Open-Label Uncontrolled Multicenter Study to Evaluate the Pharmacokinetics, Pharmacodynamics, Safety and Activity of Nipocalimab in Children aged 2 to Less than 18 Years with Generalized Myasthenia Gravis

For more information contact: Samantha Colgan, scolgan@kumc.edu

DAS-MG PI: Dr. Dimachkie ClinicalTrials.gov Identifier: NCT04226170
A Phase II, Study to Evaluate the Safety and Tolerability of Pyridostigmine When Given with Ondansetron to Subjects with anti-AchR positive Myasthenia Gravis

For more information contact: Nora Khalifa, nkhalifa@kumc.edu

RemeMG PI: Dr. Pasnoor ClinicalTrials.gov Identifier: NCT06456580
A Phase 3, Randomized, Double-Blind, Placebo-Controlled Study with an Open-label Extension Period to Evaluate the Efficacy and Safety of Telitacicept in Patients with Generalized Myasthenia Gravis

For more information: Courtney Richardson, c969r831@kumc.edu

KATALYST MG PI: Dr. Pasnoor ClinicalTrials.gov Identifier: NCT06064695
Effects of Whole-body Electrical Muscle Stimulation Exercise on Adults With Myasthenia Gravis

For more information for the KU trial location contact: Abby Davis, adavis54@kumc.edu

ARGX-113-2315 PI: Dr. Pasnoor ClinicalTrials.gov Identifier: NCT06298565
A non-interventional, post-authorisation safety study of patients treated with efgartigimod alfa

For more information contact: Lilli Saavedra, lsaavedra2@kumc.edu

Cabaletta Bio PI: Dr. Dimachkie ClinicalTrials.gov Identifier: NCT06359041
A Phase 1/2, Open-Label Study to Evaluate the Safety and Efficacy of Autologous CD19-specific Chimeric Antigen Receptor T Cells (CABA-201) in Participants with Generalized Myasthenia Gravis

For more information: Lillian Saavedra, lsaavedra2@kumc.edu

Cabaletta Bio PI: Dr. Dimachkie Clinicaltrials.gov identifier: NCT05451212
A Phase 1, Open-label, Safety and Dose-finding Study of Autologous Muscle-specific Tyrosine Kinase Chimeric Autoantibody Receptor T Cells (MuSK-CAART) in Subjects with Anti-MuSK-antibody-positive Myasthenia Gravis.

For more information contact: Andrew Heim, aheim2@kumc.edu

MG CLINICAL TRIAL UPDATES

University of Kansas Medical Center

COUR Pharma – MG PI: Dr. Dimachkie
ClinicalTrials.gov Identifier: NCT06106672
A Phase 1b/2a Double Blind, Randomized, Placebo Controlled Study to Evaluate the Safety, Tolerability, Pharmacodynamics, and Efficacy of CNP–106 in Subjects Ages 18–75 with Generalized Myasthenia Gravis
Experimental: ALXN1720

For more information contact: Abby Davis, adavis54@kumc.edu

Cartesian MG-001 PI: Dr. Pasnoor ClinicalTrials.gov Identifier: NCT04146051
Autologous T-Cells Expressing A Chimeric Antigen Receptor Directed To B-Cell Maturation Antigen (BCMA) In Patients With Generalized Myasthenia Gravis (MG).
Experimental: Decartes-08

For more information contact: Ali Russo, aciersdorff@kumc.edu

MOM-M281-011 PI: Dr. Farmakidis ClinicalTrials.gov Identifier: NCT04951622
Phase 3, Multicenter, Randomized, Double-Blind, Placebo-Controlled Study to Evaluate the Efficacy, Safety, Pharmacokinetics, and Pharmacodynamics of Nipocalimab Administered to Adults with Generalized Myasthenia Gravis.
Experimental: Nipocalimab

For more information contact: Ali Russo, aciersdorff@kumc.edu

University of Missouri

NMD Pharma PI: University of Missouri- Columbia ClinicalTrials.gov Identifier: NCT06414954
This Phase 2 proof-of-concept, dose range finding study aims to evaluate the safety and efficacy of 3 dose levels of NMD670 vs placebo in adult patients with MG with antibodies against AChR or MuSK, administered twice a day (BID) for 21 days.

For more information contact: Neetha Gali, ngdcd@health.missouri.edu

COUR Pharma - MG PI: University of Missouri- Columbia ClinicalTrials.gov Identifier: NCT06106672
A Phase 1b/2a Double Blind, Randomized, Placebo Controlled Study to Evaluate the Safety, Tolerability, Pharmacodynamics, and Efficacy of CNP–106 in Subjects Ages 18–75 with Generalized Myasthenia Gravis
Experimental: ALXN1720

For more information contact: Neetha Gali, ngdcd@health.missouri.edu

WHERE IN THE WORLD IS THE MGA?

UCB Rare Disease Connect in Neurology Initiative
In October, Allison was in Barcelona, Spain attending UCB's Rare Disease Connect in Neurology Initiative. This was her 4th time having the opportunity to attend RDCN and like before, she walked away inspired and with momentum to continue to dig in deep and do the work in the MG community. Over 20 patient organizations from around the globe attended.

Volunteer Management Institute
This fall, Halle Walker, our event coordinator took part in the Volunteer Management Institute at Nonprofit Connect! It was a great opportunity to sharpen our skills for working with volunteers.

Late Onset Neurological Disease Consortium & AANEM
In October Allison attended the LONDC meeting (Late Onset Neurological Disease Consortium) ahead of AANEM in San Franciso.

Advocacy Summit
We are grateful to our friends at Amgen for the opportunity for Allison to attend the Advocacy Summit in Thousand Oaks, CA. A powerful keynote given by Suneel Gupta refreshing our insights on the energy we give and life itself.

Patient 360 Summit
Kathryn had the pleasure of attending EMD Serono's Patient 360 Summit in Boston, MA! She even got to meet Charlotte, who represented the UK's MG organization, Myaware. We're so grateful for the opportunity to share insights from the MG community and work together toward improving patient outcomes worldwide!

EXPLORE THE POSSIBILITIES

Ask your doctor about VYVGART Hytrulo (efgartigamod alfa and hyaluronidase-qvfc) and VYVGART (efgartigamod alfa-fcab)

VYVGART® Hytrulo
(efgartigimod alfa and hyaluronidase-qvfc)
Subcutaneous Injection
180 mg/mL and 2000 U/mL vial

VYVGART®
(efgartigimod alfa-fcab)
Injection for Intravenous Use
400 mg/20 mL vial

Scan the QR code or visit VYVGART.com to learn more

Questions? Call 1-833-VYVGART (1-833-898-4278)

argenx

See You There

UPCOMING EVENTS

At the MGA

5K RUN/WALK & TOT TROT

Date: May 3, 2026
Time: 8:00am
Location: Town Center Plaza, Leawood, KS

Stay up to date!

Website: www.mga5k.com
Facebook: @mga5k
Instagram: @mga5k

SAVE THE DATE

CROWN TOWN TRIVIA NIGHT

Date: July 31, 2026
Time: TBA
Location: Children's Mercy Park, Sporting KC | 1 Sporting Way, Kansas City, KS

For the first time ever, the FIFA World Cup is being held in Kansas City! To celebrate, we are excited to switch up our location for our annual Trivia Night.

For the last eight years, the Iowa State Alumni of Kansas City has partnered with the MGA to present the annual Crown Town Trivia Night! One of our most popular events.

Join us for a night like no other and discover opportunities on how to get involved! We are excited to switch up our location, bringing you a once in a lifetime experience following the FIFA World Cup in Kansas City!

More details coming soon via email!
Stay informed: www.mgassociation.org

Snowflake Saturday

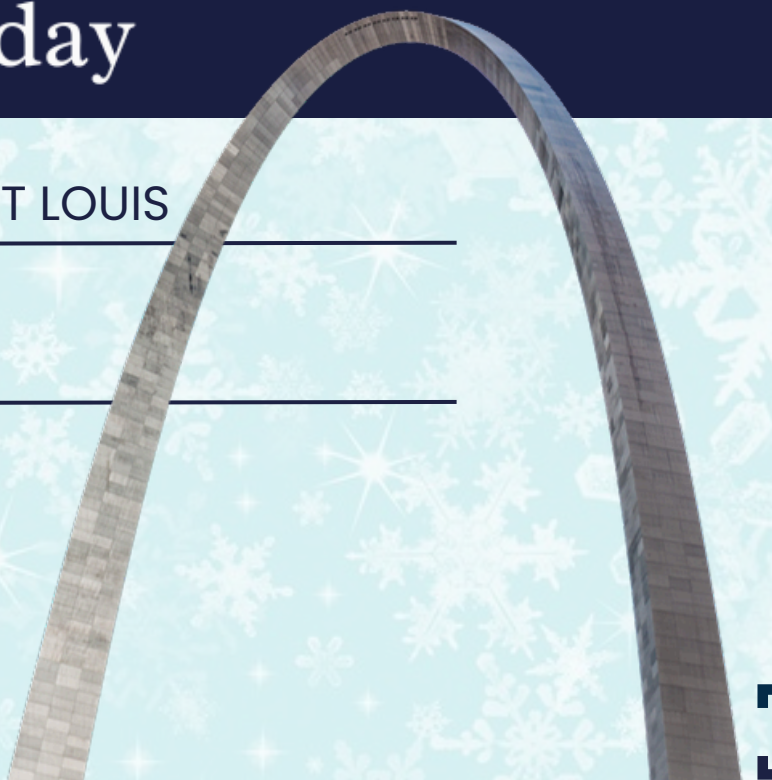
RARE DISEASE DAY EVENT | SAINT LOUIS

Date: February 28, 2026
Time: 10:00am - 1:00pm
Location: Center of Clayton, Clayton, MO

Stay up to date!

More details coming soon via email!

Stay informed: www.mgassociation.org



Membership Donations

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In Memory of Gordon Nave

Theresa Gore
Earl Breech
Jade Herbst
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Jackie Marsh
Robert and Lois Moss
Martha Ward

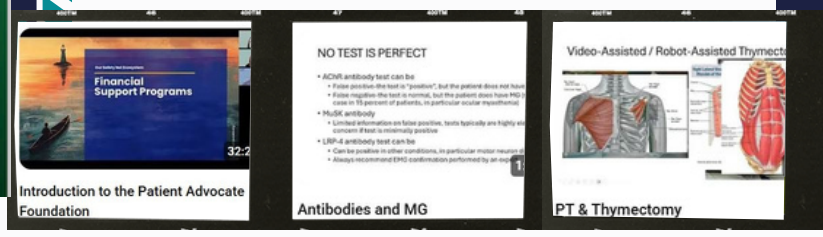
Did you know we have a YouTube Channel?

Have you visited MGA's YouTube channel lately?

It's packed with educational webinars, personal stories from the MG community, and updates on treatment options and advocacy efforts. Whether you're newly diagnosed or a long-time advocate, our video library is a great way to stay informed and connected. Don't forget to subscribe and share with others who may benefit!

SUBSCRIBE

https://www.youtube.com/@mgassociation



SUPPORT FOR MYASTHENIA GRAVIS (MG)

Find what makes you More Than MG

Join the community of patients, caregivers, and other advocates

Whether you're looking to hear more about MG, find a friend with the same diagnosis, or receive some motivation, there's a place for you in the More Than MG community.

Visit More Than MG to explore:

- Patient stories shared through social media
- Tips for living life beyond an MG diagnosis
- Encouraging reminders and motivation
- Resources for you and your loved ones

MoreThanMG.com

Follow @MoreThanMG

Use our More Than MG Instagram filter
to help spark awareness about vision impairment.

GO TO @MoreThanMG ON INSTAGRAM TAP THE SPARKLES ICON

SELECT THE "SEE MG" FILTER

ALEXION AstraZeneca Rare Disease

Find A SUPPORT GROUP Near you

Missouri

Eastsiders Lunch Bunch - Blue Springs
1st Wednesday of the month | 11:30 AM - 1:00 PM |
312 SW 19th Terrace Street, Blue Springs, MO
Light lunch provided | Open to individuals, caregivers & providers
Hosted by Carol Hunt & Raymond Hankins, Volunteer Support Group Leaders
Next Meetings - March 4, 2026 | April 1, 2026
RSVP to mckennafulton@mgakc.org

Kansas City Coffee Club
1st Thursday of the month | 9:30 AM - 10:30 AM |
Urban Egg, 4921 W 119th St, Overland Park, KS 66209
Coffee is Dutch treat | Open to individuals, caregivers & providers
Next Meetings - December 4, 2025 | February 5, 2026 | March 5, 2026
RSVP: info@mgakc.org

Greater Kansas City Support Group
Quarterly on a Saturday | 10:00 AM - 11:30 AM |
St. Joseph Medical Center, Kansas City, MO
Light brunch is provided | Open to individuals, caregivers & providers
Next Meeting — December 13, 2025 (Holiday BINGO!)
RSVP: mckennafulton@mgakc.org

Kansas City Northland Support Group
January-September, bi-monthly on a Thursday
12:00 PM - 1:30 PM | Primrose Retirement Community, 8559 N. Line Creek Road, Kansas City, MO
Light lunch is provided | Open to individuals, caregivers & providers.
Hosted by Sandy Gardner, Volunteer Support Group Leader
Next Meetings – January 8, 2026 | March 12, 2026
RSVP: mckennafulton@mgakc.org

Find A SUPPORT GROUP Near you

Missouri

St. Joseph Support Group
Quarterly | 1:30 PM - 3:00 PM | Hazel's Coffee Roasting Company, 3829 Frederick Ave, St Joseph, MO 64506
Open to individuals, caregivers & providers | Coffee is Dutch treat
Hosted by Donna Whittaker, Volunteer Support Group Leader
Next Meeting - February 5, 2026
RSVP: info@mgakc.org

Springfield Support Group
Quarterly on a Thursday | 5:30 PM - 7:00 PM | East Sunshine Church of Christ, 3721 E. Sunshine St, Springfield, MO
Open to individuals, caregivers & providers
Next Meeting – January 29, 2026
RSVP: info@mgakc.org

Mid-Missouri Group
Quarterly on a Thursday | 5:30 PM - 7:00 PM | Shakespeare's Pizza - South, 3911 Peachtree Dr, Columbia, MO 65203
Open to individuals, caregivers & providers
Hosted by Jonni Sutton, Volunteer Support Group Leader
Next Meeting – February 12, 2026
RSVP: kathrynclemens@mgakc.org

St. Louis Coffee Club
4th Thursday of the month | 10:30-11:30 AM | St. Louis Bread Company, 10221 Manchester Rd, Kirkwood, MO
Coffee is Dutch treat | Open to individuals, caregivers & providers
Next Meeting – November 19, 2025 | December 18, 2025 | January 22, 2026
RSVP: kathrynclemens@mgakc.org

St. Louis Support Group
Quarterly on a Saturday | 10:00 AM - 11:30 AM | Center of Clayton, Clayton, MO (Snowflake Saturday Event)
Light brunch provided | Open to individuals, caregivers & providers
Next Meeting – February 28, 2026
RSVP: kathrynclemens@mgakc.org

Find A SUPPORT GROUP Near you

Iowa

Iowa Support Group
Bi-Monthly on the 2nd Wednesday | 7:00 PM - 8:00 PM | Kirkendall Public Library, 1250 SW District Dr, Ankeny IA
Open to individuals, caregivers & providers
Next Meeting – December 10, 2025
RSVP: info@mgakc.org

Kansas

Kansas City Coffee Club
1st Thursday of the month | 9:30 AM - 10:30 AM | Urban Egg, 4921 W 119th St, Overland Park, KS 66209
Coffee is Dutch treat | Open to individuals, caregivers & providers
Next Meetings - December 4, 2025 | February 5, 2026 | March 5, 2026
RSVP: info@mgakc.org

Lawrence Support Group
Quarterly on a Thursday | 5:30 PM - 7:00 PM | Lawrence Public Library, 707 Vermont Street, Lawrence, KS
Open to individuals, caregivers & providers
Next Meeting – November 20, 2025 | February 25, 2026
RSVP: mckennafulton@mgakc.org

Wichita Support Group
Quarterly on a Saturday | 11:00 AM - 1:00 PM | Evergreen Community Center & Library, 2601 N Arkansas Ave, Wichita, KS 67204
Open to individuals, caregivers & providers
Hosted by Dana Paxson, Volunteer Support Group Leaders
Next Meeting – December 6, 2025 (Holiday Bingo)
RSVP: info@mgakc.org

Arkansas

NW Arkansas Support Group
Quarterly Saturday | 10:00 AM - 11:30 AM| Springdale Public Library, 405 S. Pleasant St. Springdale, AR 72764
Open to individuals, caregivers & providers
Next Meeting – November 22, 2025
RSVP: kathrynclemens@mgakc.org

Find A SUPPORT GROUP Near you

Virtual

Muscle Makers
3rd Wednesday of the month | 2:00 PM - 3:00 PM | Via Zoom
A virtual community for individuals with MG to bring your hobbies to life. Bring your craft and creativity to your screen while connect with others.
Next Meeting – November 19, 2025
Register at mgassociation.org

Virtual Monthly Meetup
4th Monday of the month |
6:30 PM - 7:30 PM | Via Zoom
Open to individuals, caregivers & providers
Next Meeting – November 24, 2025
Register at mgassociation.org

MG Pride Group
Bi– Monthly on a Tuesday |
6:00 PM - 7:00 PM | Via Zoom
Open to individuals who identify as LGTBQ+ with MG, their allies and care partners
Hosted by Bryan Bosch, Volunteer Support Group Leader
Next Meeting – December 9, 2025
RSVP: info@mgakc.org

Young Friends of the MGA– Virtual Support Group
Bi-Monthly via zoom|
5:30 PM - 6:30 PM | Via Zoom
Open to individuals who are generally in their 20s, 30s and 40s
Next Meeting – January 6, 2026
RSVP: info@mgakc.org

Become a 2025 Member of the MYASTHENIA GRAVIS ASSOCIATION

Cut and enclose in envelope. Mail to MGA address below:

I want to support the MGA by becoming a 2025

- ☐ $25.00 Basic Member
- ☐ $64.00 65th Anniversary Member
- ☐ $100.00 Sustaining Member
- ☐ $500.00 Patron Member
- ☐ $1,000.00 Lifetime Member

$_____In memory of: _____

$_____In honor of: _____

Name :_____

Address: _____

City, State, Zip:_____

Phone:_____

Email: _____

I am a: ☐ MG PATIENT ☐ RELATIVE ☐ FRIEND ☐ OTHER

MGA
2340 E. Meyer Blvd., Bld. 1, Suite 300A
Kansas City, MO, 64132

-Contributions may be tax deductible
-Make checks payable to:
Myasthenia Gravis Association

Myasthenia Gravis Association
2340 E. Meyer Blvd. Building 1, Suite 300A Kansas City, MO 64132
Phone: (816) 256-4100
Email: info@mgakc.org
www.mgassociation.org