



# Welcome to Kids History Camp

## CAMPER HANDBOOK

### MISSION

The Kids History Camp mission is to connect youth with pioneer life and Minnesota heritage. Camp will provide opportunities to learn about all aspects of life through authentic hands-on activities and educational lessons from experts.

### WHAT CAMPERS EXPECT AT KIDS HISTORY CAMP

- A full day (9:00 am-4:00 pm) of scheduled activities in small groups
- Six activity stations at two locations - Museum and Farm & Woods
- Transportation to/from the Museum and Farm & Woods
- Adult leaders for each activity station
- Time for lunch with all campers
- Water stations
- Snack time
- Kids History Camp tee shirt

### HOW CAMPERS ARE EXPECTED TO ENJOY KIDS HISTORY CAMP

- Always be safe.
- Be respectful of yourself, your adult leaders, and your fellow campers.
- Stay with your adult leaders and always listen to them. (Remember: your leaders' #1 goal is to keep you safe).
- Tell your adult leaders right away if you are upset about something or if you need help.
- Be patient, tolerant, and considerate of all group members.
- Treat others with kindness, just as you would like to be treated.
- Keep your lunch food to yourself (no sharing or swapping with others).
- Be willing to try new things, and give every activity your best effort.
- Be ready to hike through woods and up and down hills.
- Keep track of your belongings.
- HAVE FUN!

## INFORMATION FOR KIDS HISTORY CAMP

### CAMP DAY CONTACT INFORMATION:

**Camp Coordinator: Emily @ 320-333-5095 (phone or text)**

Paynesville Historical Museum  
251 Ampe Drive  
PO Box 313  
Paynesville MN 56362  
320-243-7547  
[paynesvillehistoricalsociety@gmail.com](mailto:paynesvillehistoricalsociety@gmail.com)

#### ARRIVAL

Location: Paynesville Historical Museum

Time: 8:45 - 9:00 am

Check in: All campers must be accompanied by an adult at check in.

Parking: Upon arrival at the Museum, there will be signs and parking attendants to direct you to the camper check in parking location.

#### DEPARTURE

Location: Paynesville Historical Museum

Time: 4:00 - 4:15 pm

Check out: All campers must be accompanied by an adult at check out.

Parking: Upon arrival at the Museum, there will be signs and parking attendants to direct you to the camper check out parking location.

#### WHAT CAMPERS SHOULD WEAR TO KIDS HISTORY CAMP

- Closed toe shoes (for example sneakers, boots, etc.) and socks
- Comfortable shorts and tee shirt

#### WHAT CAMPERS SHOULD BRING TO KIDS HISTORY CAMP

- Bag/backpack
- Refillable water bottle
- Brown (paper) bag lunch
- Bug spray
- Sunscreen
- Long sleeve shirt
- Long pants

## WHAT CAMPERS SHOULD NOT BRING TO KIDS HISTORY CAMP

- Cell phones
- Electronics (smart watch, music device, headphones, etc)
- Non-disposable lunch boxes
- Loose/dangling jewelry
- Valuables (wallets, valuable personal items, etc)

## ADDITIONAL INFORMATION FOR CAMPERS AND PARENTS/GUARDIANS

### Lunch

Lunch time for the entire Kids History Camp group is picnic style at the Museum. Campers are required to bring their own brown/paper bag lunch that is labeled with their first and last names. Brown bag lunches will remain in the Museum (which has AC) until lunch, however please note there is NOT an option to refrigerate lunches. Please pack lunches that do not require to be refrigerated. Also, the lunch bags must be disposable paper bags.

### Snack

Campers are provided an afternoon snack. Please indicate on your registration if your child has food allergies, or email us prior to camp.

### Water

There are “watering holes” at each activity station. Campers are encouraged to bring their own refillable water bottles. In addition, bottled water is available as needed.

### Cell phones/electronic devices

Cell phones and electronic devices are not allowed at Kids History Camp.

### What to wear

Campers should wear comfortable, casual clothes appropriate for the weather (typically shorts and a tee shirt). Campers should wear closed toe shoes, such as sneakers, for comfort and protection at the outdoor activity stations. Campers are encouraged to bring a long sleeved shirt and long pants to put over clothes for the time in the woods to help prevent ticks and bites.

### Sunscreen & bug spray

Campers are encouraged to bring sunscreen and insect repellent (in the original containers and labeled with their name) to apply themselves with help from adult leaders (Adult leaders are not permitted to apply sunscreen, insect repellent, or lotion directly to campers). Be sure to apply sunscreen and insect repellent to your child before arriving at camp.

### Bumps & bruises

For minor injuries, adult leaders will provide first aid to include washing out the wound with water and/or applying ice packs and adhesive bandages as needed. The camper’s parent/guardian will be informed of the injury and treatment at pickup. For more serious injuries, the camper’s parent/guardian will be contacted immediately.

## **Emergency weather plan**

In the event of a weather emergency, each activity station has a designated shelter for campers and adult leaders. We have also notified the City of Paynesville, Paynesville Police, Fire Department and Emergency Services of camp days and times for emergency planning and preparation.

## **Camper's belongings**

All camper's belongings must be labeled with their first and last names. Campers are encouraged to keep their belongings in a bag or backpack. The Paynesville Historical Museum is not responsible for lost/stolen items.

## **Promotional photos/videos**

Campers participating in Kids History Camp may be photographed or videotaped during camp by adult leaders for promotional purposes, unless requested otherwise on the camper's registration.

## **Campers with special needs**

A caregiver must attend with a camper if the camper has unique needs that require one on one guidance or care, is unable to be transported with accommodations, or needs assistance performing activities.

## **Restroom expectations & accidents**

Campers must be capable of using the restroom independently. We will have portable restrooms available at each location, along with handwashing stations. We understand accidents may occur if your child tends to wait or hold off on using the restroom until the last minute. We recommend including a change of clothes. We understand accidents happen and will assist the child while wearing gloves as needed.

## **Camper's behavior**

Things that are never okay: bullying or harassment (saying mean things or hurting others), lying or not telling the truth, stealing, or taking things without asking, hitting, shoving, pushing, or being mean, destroying property, or treating other campers or staff disrespectfully.

## **Behavior & consequences**

We expect that participants will demonstrate care, respect, and responsibility always while with us. We also expect participants to exhibit self-control, be nice to others, and follow simple instructions. If you do not follow the rules above or have difficulty with any part of these expectations, you will be asked to take responsibility for your actions and staff will make an effort to match the consequences to the action. A staff member will provide guidance on behavior that does not match the expectation or puts others at a safety risk by verbal correction and direction. If the behavior continues without improvement or poses harm to others a caregiver will be contacted for immediate pick up.

## **CAMP ACTIVITY STATION OVERVIEW**

Campers are assigned to a small group for the day. Each group will have one adult group leader and possibly an assistant group leader. The groups will rotate through six different activity stations:

Located at the Museum: Home Life, School Life, Games & Crafts

Located at the Farm and Woods: Animal Care, Outdoor Skills, and Minnesota History.

Minnesota History: Campers make a craft and learn through storytelling by the Mille Lacs Band of Ojibwe on the historical significance of each activity.

Animal Care: Campers receive instruction from Reflections Farms experts on tending to animals, caring for animals and the use of animals before automobiles.

Outdoor Skills: Campers learn how to build shelters, fire safety and skills, and outdoor survival/safety pre-automotive life.

Home Life: Campers engage in home life chores such as: fetching water, hauling firewood, hand washing laundry, and gardening.

School Life: Campers attend a one-room schoolhouse lesson.

Games & Crafts: Campers participate in games typical of rural country children.

**CAMP SCHEDULES**

<b>Start</b>	<b>End</b>	<b>Activity</b>
<b>8:45</b>	<b>9:00</b>	<b>Check - In</b>
<b>9:00</b>	<b>9:10</b>	<b>Group Assignments</b>
<b>9:10</b>	<b>9:25</b>	<b>Opening</b>
<b>9:25</b>	<b>9:30</b>	<b>Transition</b>
<b>9:30</b>	<b>10:15</b>	<b>Activity Station 1</b>
<b>10:15</b>	<b>10:20</b>	<b>Transition</b>
<b>10:20</b>	<b>11:25</b>	<b>Activity Station 2</b>
<b>11:25</b>	<b>11:30</b>	<b>Transition</b>
<b>11:30</b>	<b>12:15</b>	<b>Activity Station 3</b>
<b>12:15</b>	<b>12:55</b>	<b>Lunch</b>
<b>12:55</b>	<b>1:00</b>	<b>Transition</b>
<b>1:00</b>	<b>1:45</b>	<b>Activity Station 4</b>
<b>1:45</b>	<b>1:50</b>	<b>Transition</b>
<b>1:50</b>	<b>2:35</b>	<b>Activity Station 5</b>
<b>2:35</b>	<b>2:40</b>	<b>Transition</b>
<b>2:40</b>	<b>3:25</b>	<b>Activity Station 6</b>
<b>3:35</b>	<b>3:55</b>	<b>Transition, snack, closing</b>
<b>3:55</b>	<b>4:00</b>	<b>Gather belongings/Check out</b>

Morning Schedule

Activity Station	Red Group	Blue Group	Orange Group
1	Home Life	School Life	Games & Crafts
2	School Life	Games & Crafts	Home Life
3	Games & Crafts	Home Life	School Life

Activity Station	Green Group	Yellow Group	Purple Group
1	Animal Care	Outdoor Skills	History
2	History	Animal Care	Outdoor Skills
3	Outdoor Skills	History	Animal Care

Afternoon Schedule

Activity Station	Green Group	Yellow Group	Purple Group
4	Home Life	School Life	Games & Crafts
5	School Life	Games & Crafts	Home Life
6	Games & Crafts	Home Life	School Life

Activity Station	Red Group	Blue Group	Orange Group
4	Animal Care	Outdoor Skills	History
5	History	Animal Care	Outdoor Skills
6	Outdoor Skills	History	Animal Care