

## **Microneedling Post Treatment Instructions**

Today, you've had a treatment with the Eclipse Micropen device and Vivier professional products.

Immediately following the procedure, your skin will feel tight, dry and sensitive to touch. It will look and feel sunburned. Sensitivity and redness will decrease within 24-48 hours.

You may also experience flaking and/or scabbing of the skin. This will last 2-7 days. It is advised that the skin not be picked at and that it is left to flake off naturally.

Please consider the following for after your treatment:

1. No makeup for 12-24 hours.
2. Avoid sun exposure 7-10 days post treatment.
3. Avoid tanning beds and direct sunlight.
4. Always use SPF 30 sunscreen during the day.
5. Avoid hot showers, saunas, steam baths and swimming pools as well as vigorous exercise and sweating for 48 hours post treatment.
6. Resume regular skin care regime 24 hours after treatment avoiding cosmetics containing oils or alcohol-based toners. Oils include-mineral oil, Vaseline and lanolin.
7. Avoid retinol products and coarse exfoliation for 48 hours after treatment.

For skin rejuvenation, 3-6 treatments total, with each treatment booked 2-4 weeks apart is recommended. When this series is completed then the treatment should be repeated every 6-12 months for optimal results and longevity.